



# JEWISH WOMEN'S GETAWAY AT RAMAH DAROM

**Celebrating 13 years of community,  
creativity, inspiration, and fun!**





Welcome to Jewish Women's Getaway (JWG) 2025!

We are thrilled to gather with you on our beautiful North Georgia mountain campus for our 13th annual retreat! Whether this is your first time joining us or you've been part of the journey for years, we're grateful you're here.

Each year, JWG offers a unique opportunity to step away from everyday life and make space for reflection, renewal, creativity, and connection. But this year feels especially meaningful as we mark a milestone together—and that's exactly our theme for 2025: **Milestones**.

Milestones shape our lives. Some are celebrated with ritual, ceremony, or tradition. Others are quiet, internal moments of growth or transformation. This year, we'll explore the wide spectrum of life's milestones – from the personal to the communal, from spiritual markers to creative breakthroughs. In Jewish life, our journeys are punctuated by meaningful waypoints: from b'not mitzvah to life-cycle events, holidays, and personal achievements. These milestones help us reflect on where we've been and envision where we're going.

We also recognize that every woman comes to JWG at a different stage of life, bringing with her a unique story, set of experiences, and vision for what's next. This theme gives us space to honor that – to look back with gratitude, celebrate the present, and imagine the future.

Throughout the retreat, you'll dive into your track with incredible leaders and fellow participants, using expressive, creative modalities to explore what milestones mean to you. You'll also have plenty of time to choose from a wide range of offerings – whether it's a nighttime hike, a soulful class, a late-night conversation, or simply relaxing in an Adirondack chair by the lake.

We hope you find inspiration, joy, and a deep sense of community in the experiences you create this week – and that this retreat becomes a milestone of its own in your journey.

B'Shalom,

Eliana, Rachel, Andrea + The Ramah Darom Team

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Lucie Diego Cancino



# TOP 10 THINGS TO KNOW!

**1. Daily Sessions:** We encourage you to join in as much as you are able, but particularly to be present for all community learning sessions and tracks. We have four distinct types of sessions that you will experience throughout the retreat:

- **Maslulim (Immersive Tracks):** Immersive experiences led by professional artists and educators to help us explore our theme.
- **Chugim (Electives):** Outdoor adventures, fitness, arts and crafts, discussion opportunities and participant-led sessions.
- **Limmud (Community Learning):** Meaningful sessions that dig deeper into this year's theme: Milestones.
- **Social & Fun Time:** Meals, afternoon experiences, and evening activities provide an opportunity for YOU time. Connect with friends new and old, take a walk, or just relax on the porch and take in the beautiful fall weather.

**2. Driving & Parking:** The speed limit on campus is 5mph. Please only park in the approved parking locations near your accommodation and leave your vehicle parked for the duration of the retreat. Guests are not permitted to drive through campus during the retreat. There are two EV charging stations in the parking lot on the upper level of the Mountainside Hotel. These level two charging stations operate on the FLO network.

**3. Emergencies:** Call 911 from your mobile device or any phone on campus. Be prepared to state the nature of the problem and your location (70 Darom Lane, Clayton, GA, 30525). Also, please notify a staff member of the situation by calling 706.782.9300. There are landlines in the Welcome Center office, at the pool, in the kitchen and in all living spaces. Note that a medical professional will be onsite during the retreat for emergency needs. *For more details, see "Safety & Security" on page 11.*

**4. Fitness Center:** Ramah Darom's Fitness Center is located on the lower level of the Program Center and is open to all participants at all times. Please do not remove equipment from the Fitness Center.

**5. Maintenance Requests:** Please report maintenance requests to [RamahDarom.org/Maintenance](https://RamahDarom.org/Maintenance). Facility staff are always on call. Please avoid submitting requests before 7:30am or after 9:00pm unless it is an emergency.

**6. Meals, Snacks & Beverages:** Ramah Darom is a kosher facility and all meals, snacks, and beverages are provided. Please help us maintain our kashrut by not bringing outside food onto our campus or taking tableware or glassware outside the Chadar Ochel (Dining Hall).

- At lunch and dinner, please wait until we have said a communal blessing before entering the buffet line. Meals will conclude with announcements and blessings.
- All special dietary food needs will be served from just inside the prep area of the kitchen.

**7. Nosh Nook & Hospitality Room:** The Mercaz Aryeh (Library) will serve as our Nosh Nook & Hospitality Room. Stop by at any time for cold drinks and snacks. There will also be games, coloring, and more to provide a space to unwind. On Monday and Tuesday, a freshly prepared snack will be delivered to the Nosh Nook at 4:00pm.

**8. Smoking, Illegal Substances & Firearms:** Smoking is not allowed inside any building. There is a designated smoking area outside on the back porch of the Chadar Ochel (Dining Hall) and in the Welcome Center parking lot. A fee will be assessed for rooms or areas showing evidence of smoking or smoke damage. Firearms, illegal substances and related paraphernalia are not permitted on campus.

**9. Valuables & Room Keys:** Ramah Darom is not responsible for any missing or lost items. Hotel room keys are available upon request, although most guests choose to leave their rooms unlocked. Keys must be returned to a Ramah Darom staff member before checkout or a charge of \$50 will be assessed. Please note that we only have one key available per room.

**10. WiFi & Phones:** Wireless internet service is available throughout campus via "Ramah Darom WiFi" (no password). If you have any issues connecting to the internet, try turning your device's WiFi off and back on, then try reconnecting. If you still have connectivity issues, contact the Bridge Communications Help Desk: 866-632-2717, hit 1 (for after-hours emergency support, hit 5), email [support@bridge-comm.net](mailto:support@bridge-comm.net), or inform a member of the Ramah Darom staff. Cell phone signals can be spotty. We suggest enabling WiFi calling.



# DAILY SCHEDULE

## Sunday, November 2, 2025

TIME	ACTIVITY	LOCATION
3:00-5:00pm	<b>Check-In:</b> After you check-in, visit the Nosh Nook in the Mercaz Aryeh (Library) for snacks and then go to the Chadar Ochel (Dining Hall) to sign up for various activities with limited space.	<b>Welcome Center</b>
3:30-5:00pm	<b>Glue Therapy AKA Collaging with McKenzie Wren:</b> The term “glue therapy” was affectionately coined by JWG participants in 2022 and references the calming and restorative benefits of collage-making as you dive into the process of cutting, pasting and layering, allowing your creativity to flow freely. Stop by to create a true masterpiece on canvas, paper, journals, boxes, frames and more!	<b>Mountainside Chadar Ochel</b> (Dining Hall)
	<b>Puzzles, Games &amp; Mandala Coloring:</b> Relax, schmooze, puzzle, and play!	<b>Mercaz Aryeh</b> (Library)
3:45-4:00pm	<b>I'm New! What Should I Know?:</b> A quick welcome and intro before the tour to anyone who is trying to figure out how this all works.	<b>Welcome Center</b>
4:00-4:45pm	<b>Walking Tour of Ramah Darom</b>	<b>Meet at Welcome Center</b>
5:00-6:30pm	<b>Welcome &amp; Opening Mixers</b>	<b>Lakeside Chadar Ochel</b> (Dining Hall)
6:30-7:30pm	<b>Aruchat Erev (Dinner)</b>	<b>Chadar Ochel</b> (Dining Hall)
7:45-9:00pm	<b>Maslulim (Immersive Tracks)</b>	
	<b>Art I: Multimedia Project with Judy Robkin</b>	<b>Omanut</b> (Art Building)
	<b>Art II: Bookbinding with Jennifer Kaplan</b>	
	<b>Body &amp; Soul Fitness with Rabbi Jaymee Alpert</b>	<b>Yoga &amp; Dance Studio</b>
	<b>Homesteading with Amy Price &amp; McKenzie Wren</b>	<b>Mountainside Chadar Ochel</b> (Dining Hall)
	<b>Mah Jongg for Beginners with Laurie Reiskind</b>	<b>Mercaz Aryeh</b> (Library)
	<b>Writing with Heart with Sarah Klegman</b>	<b>Program Center Lounge</b> (Lower Level)
9:15-10:00pm	<b>Night Hike with Amy Price:</b> Put your walking shoes on, grab a flashlight, and enjoy a nighttime adventure.	<b>Meet at Pizza Patio</b>
9:15-10:30pm	<b>Peulat Erev (Evening Activity)–Campfire &amp; S'mores:</b> It has been a long day of travel and settling in! Find delight by the warmth of the fire. Enjoy beverages, board games, music, and schmoozing.	<b>Tent &amp; Pizza Patio</b>

# Monday, November 3, 2025

TIME	ACTIVITY	LOCATION
8:00-8:45am	<b>Morning Spiritual Space led by Rabbi Avi Killip:</b> Join us for the first guided journaling practice, with questions drawn from the Jewish Morning Liturgy. It is an opportunity to become more familiar with the traditional prayers, to get in touch with your inner thoughts, set an intention for the day, and breathe in the fresh morning mountain air. Today will focus on the preliminary prayers, the second morning will focus on the Shema and the blessings before the Shema, and the third morning will focus on the Amidah (the core Jewish prayer). Come to any or all of them. All are welcome, whether you have never journaled or prayed, or do both every single morning!	<b>Beit Kneset</b> (Synagogue)
8:30-9:30am	<b>Aruchat Boker (Breakfast)</b>	<b>Chadar Ochel</b> (Dining Hall)
9:45-11:45am	<b>Maslulim (Immersive Tracks)</b>	
	<b>Art I: Multimedia Project with Judy Robkin</b>	<b>Omanut</b> (Art Building)
	<b>Art II: Bookbinding with Jennifer Kaplan</b>	
	<b>Body &amp; Soul Fitness with Rabbi Jaymee Alpert</b>	<b>Yoga &amp; Dance Studio</b>
	<b>Homesteading with Amy Price &amp; McKenzie Wren</b>	<b>Mountainside Chadar Ochel</b> (Dining Hall)
	<b>Mah Jongg for Beginners with Laurie Reiskind</b>	<b>Mercaz Aryeh</b> (Library)
	<b>Writing with Heart with Sarah Klegman</b>	<b>Program Center Lounge</b> (Lower Level)
12:00-12:45pm	<b>You Time:</b> Explore our campus, schmooze with others, finish up a project in your track, or sit by the lake!	
	<b>*Climbing:</b> Sign up to climb the Alpine Tower. Closed-toe shoes required.	<b>Alpine Tower</b>
	<b>Puzzles, Games &amp; Mandala Coloring:</b> Relax and unwind while doing a puzzle, catching a Mah Jongg pick-up game, or aimlessly coloring.	<b>Mercaz Aryeh</b> (Library)
	<b>Tour Ramah Darom:</b> Couldn't make yesterday's tour? Still trying to learn the lay of the land? Join us for a walk around campus.	<b>Meet at Pizza Patio</b>
1:00-1:45pm	<b>Aruchat Tzoharaim (Lunch)</b>	<b>Chadar Ochel</b> (Dining Hall)
2:00-2:50pm	<b>Limmud (Community Learning) with Rabbi Avi Killip—And The Seasons They Go Round &amp; Round—How Milestones Give Our Lives Meaning:</b> What are the stages of a meaningful Jewish life? Where are you in this journey of a full life? In this session we will explore several ancient frameworks for thinking about the map of a meaningful life, and see what each can teach us about our own lives today.	<b>Lakeside Chadar Ochel</b> (Dining Hall)
2:50-7:00pm	<b>You Time:</b> Take the afternoon to rest in your room, sit by the lake, or choose from a plethora of activities. This is your time!	
3:00-4:15pm	<b>Boating Available (Weather Permitting):</b> Stop by at any time!	<b>Agam</b> (Lake)
	<b>*Odyssey Course:</b> Sign up for the high ropes course to test your limits and enjoy some teamwork in the sky! Closed-toe shoes required.	<b>Odyssey Course</b>
	<b>The Art of Sacred Conversation—From Text to T.A.L.K. with Nancy Gorod:</b> This session will explore how Jewish wisdom and modern social science can help us have more meaningful conversations. We will use a short Jewish text as a springboard for discussion and then apply the T.A.L.K. framework—Topics, Asking, Levity, and Kindness—developed by the behavioral research scientist, Allison Wood Brooks, to practice the skills of truly connecting with one another. We'll discover that Jewish tradition provides the "why" for good conversation, while the T.A.L.K. framework gives us the "how."	<b>Program Center Lounge</b> (Lower Level)
	<b>Wood Burning Designs:</b> Stop by to create something special for you. Design and experiment with wood burning using stencils, special paste, and heat guns.	<b>Omanut</b> (Art Building)

**\*Indicates advance sign-up required. Sign up in the Chadar Ochel (Dining Hall).**

# Monday, November 3, 2025

TIME	ACTIVITY	LOCATION
3:00-4:00pm	<b>Jam &amp; Butter with Amy Price:</b> Stop by to make your own jam and butter using tips and tricks of a homesteading expert.	<b>Levine Center Portico</b>
	<b>*Resin Mezuzot &amp; Jewelry with Jennifer Kaplan:</b> Experiment with UV resin and create your own mezuzah or a beautiful piece of jewelry. We'll get creative and use a variety of "mix-ins" and the end product will be a one-of-a-kind piece.	<b>Omanut</b> (Art Building)
4:00-4:30pm	<b>Nosh Time:</b> Replenish your energy by stopping by the Nosh Nook for an extra special snack.	<b>Mercaz Aryeh</b> (Library)
4:30-6:30pm	<b>*Watercolor Workshop with Judy Robkin:</b> Unlock the magic of color and line in this bold and joyful watercolor class inspired by stained glass and abstract nature forms. In this session, you'll learn how to paint a radiant, branching tree bursting with color using watercolor techniques that emphasize transparency, control, and contrast.	<b>Omanut</b> (Art Building)
4:30-5:45pm	<b>*Odyssey Course:</b> Sign up for the high ropes course to test your limits and enjoy some teamwork in the sky! Closed-toe shoes required.	<b>Odyssey Course</b>
4:30-5:30pm	<b>*Archery with Eliana Leader</b>	<b>Archery Range</b>
	<b>Bootcamp with Rabbi Jaymee Alpert:</b> A dynamic workout designed to enhance your strength, endurance and flexibility! This high-energy class combines elements of cardio, strength training, and functional movement.	<b>Yoga &amp; Dance Studio</b>
	<b>Challah Braiding with Sarah Klegman:</b> Learn to knead and braid your own challah! Come along on a not-so-traditional challah adventure with challah maven and shameless carb-lover, @SarahKleg. There will be gluten.	<b>Mountainside Chadar Ochel</b> (Dining Hall)
5:45-6:45pm	<b>Letters to Our Past, Hopes for Our Future—Navigating a Parent's Dementia with Sarah Koren:</b> Join a warm, honest space to reflect, write, and connect with others walking the path of a parent's dementia or Alzheimer's. Through letter writing, shared stories, and even a little laughter, we'll honor the moments we miss—and the ones that still make us smile. Bring a funny memory, raise a glass, and toast to the parents who shaped us. This session may serve as a first step toward forming an ongoing support group for those seeking connection, comfort, and community.	<b>Beit Kneset</b> (Synagogue)
	<b>*Resin Mezuzot &amp; Jewelry with Jennifer Kaplan:</b> Experiment with UV resin and create your own mezuzah or a beautiful piece of jewelry. We'll get creative and use a variety of "mix-ins" and the end product will be a one-of-a-kind piece.	<b>Omanut</b> (Art Building)
	<b>A "Florcuterie" Workshop with Andrea Slomka &amp; Deanne Brown:</b> Experiment with a unique approach to foral design. "Florcuterie" is the art of curating, arranging, and presenting a smorgasbord of seasonal blooms. Learn the technique of arranging in layers and creating dimension reminiscent of a charcuterie board.	<b>Tent</b>
	<b>Meditative Yoga with Rachel Herman:</b> A calming blend of gentle movement and mindfulness, this session focuses on breath awareness, deep stretching, and inner stillness. Perfect for reducing stress and cultivating a peaceful mind. For the majority of the class you will be lying down on your mat! Suitable for all levels. Mats provided.	<b>Yoga &amp; Dance Studio</b>
7:00-8:00pm	<b>Aruchat Erev (Dinner):</b> Dessert will be served at the evening activity.	<b>Chadar Ochel</b> (Dining Hall)
8:30-10:00pm	<b>Peulat Erev (Evening Activity)—Celebrity Game Night:</b> Enjoy a night of friendly competition. Think Taboo, but way more fun. Get ready to join one of three teams. We promise, your teammates will become like family!	<b>Lakeside Chadar Ochel</b> (Dining Hall)

**\*Indicates advance sign-up required. Sign up in the Chadar Ochel (Dining Hall).**



## Tuesday, November 4, 2025

TIME	ACTIVITY	LOCATION
8:00-8:45am	<b>Morning Spiritual Journaling led by Rabbi Avi Killip:</b> Join us for the second guided journaling practice, with questions drawn from the Jewish Morning Liturgy. It is an opportunity to become more familiar with the traditional prayers, to get in touch with your inner thoughts, set an intention for the day, and breathe in the fresh morning mountain air. Today will focus on the Shema and the blessings before the Shema, and tomorrow morning will focus on the Amidah (the core Jewish prayer).	<b>Beit Knesset</b> (Synagogue)
8:30-9:30am	<b>Aruchat Boker (Breakfast)</b>	<b>Chadar Ochel</b> (Dining Hall)
9:45-11:45am	<b>Maslulim (Immersive Tracks)</b>	
	<b>Art I: Multimedia Project with Judy Robkin</b>	<b>Omanut</b> (Art Building)
	<b>Art II: Bookbinding with Jennifer Kaplan</b>	
	<b>Body &amp; Soul Fitness with Rabbi Jaymee Alpert</b>	<b>Yoga &amp; Dance Studio</b>
	<b>Homesteading with Amy Price &amp; McKenzie Wren</b>	<b>Mountainside Chadar Ochel</b> (Dining Hall)
	<b>Mah Jongg for Beginners with Laurie Reiskind</b>	<b>Mercaz Aryeh</b> (Library)
	<b>Writing with Heart with Sarah Klegman</b>	<b>Program Center Lounge</b> (Lower Level)
12:00-12:45pm	<b>You Time:</b> Explore our campus, schmooze with others, finish up a project in your track, or sit by the lake!	
	<b>*Climbing:</b> Sign-up to climb the Alpine Tower. Closed-toe shoes required.	<b>Alpine Tower</b>
	<b>Deep Stretch Yoga with Rachel Herman:</b> A slow-paced practice designed to release tension, improve flexibility, and target deep muscle tissues. Mats provided.	<b>Yoga &amp; Dance Studio</b>
	<b>Hike to the Waterfall with Andrea Slomka:</b> Enjoy a rejuvenating stroll to Ramah Darom's very own waterfall. This hike is not too challenging, but the ground is bumpy and there is an incline.	<b>Meet at Pizza Patio</b>
	<b>Puzzles, Games &amp; Mandala Coloring:</b> Relax and unwind while doing a puzzle, catching a Mah Jongg pick-up game, or aimlessly coloring.	<b>Mercaz Aryeh</b> (Library)
1:00-1:45pm	<b>Aruchat Tzoharaim (Lunch)</b>	<b>Chadar Ochel</b> (Dining Hall)
1:45-2:00pm	<b>JWG Group Photograph:</b> Wear your JWG T-shirt!	<b>Kikar</b> (Activity Field)
2:00-2:50pm	<b>Limmud (Community Learning) with Rabbi Avi Killip—We Can't Return, We Can Only Look Behind—Celebrating Our Unique Lives by Learning from Our Ancestors:</b> Each person's life is unique, and yet we have so much to learn from those who came before. In this session we will explore lesser discussed milestones, and even life markers that are completely singular. How do we mark these off-the-beaten-trail moments? And what can our Jewish ancestors teach us about this holy reflective work?	<b>Lakeside Chadar Ochel</b> (Dining Hall)
3:00-6:30pm	<b>*Climbing &amp; Giant Swing:</b> Sign up to climb the Alpine Tower or feel the adrenaline as you swing high up in the air. Closed-toe shoes required.	<b>Alpine Tower</b>
3:00-6:00pm	<b>*Tie-Dye Palooza with Elana Yoels:</b> Sign up for 30-minute time blocks. Learn from the best and create colorful works of art with awesome designs (spirals, hearts, and more!). Bring anything white that is 50-100% cotton!	<b>Picnic Benches Under Chadar Ochel Porch</b>
3:00-4:15pm	<b>Boating Available (Weather Permitting)</b>	<b>Agam</b> (Lake)
	<b>Papercutting with Jennifer Kaplan:</b> Experiment with the slow and meditative art of papercutting. Work from a template to cut and collage a beautiful piece of art that will be ready for framing. No experience is necessary; just come with an open mind and a little bit of patience.	<b>Mountainside Chadar Ochel</b> (Dining Hall)

**\*Indicates advance sign-up required. Sign up in the Chadar Ochel (Dining Hall).**

## Tuesday, November 4, 2025

TIME	ACTIVITY	LOCATION
3:00-4:00pm	<b>*Archery with Eliana Leader</b>	Archery Range
	<b>A Survivor's Story Through His Daughter's Eyes with Judy Robkin:</b> Judy Robkin brings to life the extraordinary journey of her father—a German Holocaust survivor sent to safety on the Kindertransport, who later returned to Europe as an American soldier. Now, through the voice of his daughter, his incredible journey is revealed in a breathtaking new form: a wordless, interactive book where each page stuns with its power to tell a story without a single line of text. Discover how this one-of-a-kind project came to be, and then experience the story for yourself, page by unforgettable page.	Program Center Lounge (Lower Level)
	<b>Mat Pilates with Renee Haire:</b> Join student-instructor Renee for a low-impact, full-body workout that focuses on core strength, flexibility, and posture. Using controlled movements and breath, this session builds stability and balance—all on the mat with no equipment needed. Suitable for all levels. Mats provided.	Yoga & Dance Studio
4:00-4:30pm	<b>Nosh Time:</b> Replenish your energy by stopping by the "Nosh Nook" for an extra special snack.	Mercaz Aryeh (Library)
4:30-6:30pm	<b>Wood Burning Designs:</b> Stop by to create something special for you. Design and experiment with wood burning using stencils, special paste, and heat guns.	Omanut (Art Building)
4:30-5:30pm	<b>Chair Based NBS Fitness with Rabbi Jaymee Alpert:</b> Chair-Based NBS Fitness with Rabbi Jaymee Alpert: Enjoy an intro to NBS strength fitness sitting down! Looking for a different approach to fitness? Try this Chair-Based NBS class. NBS stands for "Neshama Body and Soul," Rabbi Jaymee's creation that offers a full-body workout and an opportunity for spiritual awakening combining exercise, Jewish prayer and wisdom, and self-reflection to help you connect with you. This isn't yoga, this is holy-grounded strength training. (Great for people with limited mobility, modifications will be offered.) Mats provided.	Yoga & Dance Studio
	<b>Unlocking Your Imagination to Meet the Moment—A Creative Approach for the Times We Live In with McKenzie Wren:</b> We're living through turbulent times. The challenges we face can't be solved with old tools or linear thinking. They call for imagination, for our capacity to see beyond what is, and to envision what could be. This session draws on creative process—not for the sake of making art, but as a way of engaging the imagination. Inspired by the Jewish Studio Project and creativity research, we'll explore how to unlock your imagination and help it become a tool for resilience and innovation.	Mountainside Chadar Ochel (Dining Hall)
	<b>Israel &amp; Us with Rachel Herman:</b> Together we will hold space for reflecting on the two years that have passed.	Program Center Lounge (Lower Level)
5:45-6:45pm	<b>Book Club led by Elisa Hirschfield:</b> Join a chat about "Florence Adler Swims Forever" by Rachel Beanland. Whether you loved it, found it thought-provoking, or had mixed feelings, your insights are welcome! Join us even if it made your DNF (did not finish) list.	Beit Knesset (Synagogue)
	<b>Crochet 101 with Eliana Leader:</b> Learn the basic stitches of double and single crochet to start the initial stitches for a kippah, hat, or blanket. Participants will be welcome to take their needle and yarn with them to keep practicing!	Mercaz Aryeh (Library)

**\*Indicates advance sign-up required. Sign-up in the Chadar Ochel (Dining Hall).**



## Tuesday, November 4, 2025

TIME	ACTIVITY	LOCATION
5:45-6:45pm	<b>Mah Jongg Pick-Up Game:</b> Find your fellow Mah Jongg players and enjoy a few rounds.	<b>Mercaz Aryeh</b> (Library)
	<b>*Resin Mezuzot &amp; Jewelry with Jennifer Kaplan:</b> Experiment with UV resin and create your own mezuzah or a beautiful piece of jewelry. We'll get creative and use a variety of "mix-ins" and the end product will be a one-of-a-kind piece.	<b>Omanut</b> (Art Building)
6:30-7:30pm	<b>Pajama Party Prep:</b> Take some down time and change for the evening into your party pajamas!	<b>Accommodations</b>
7:30-8:30pm	<b>Aruchat Erev (Dinner):</b> Dessert will be served at the evening activity.	<b>Chadar Ochel</b> (Dining Hall)
8:30-10:00pm	<b>Peulat Erev (Evening Activity)–Silent Disco Pajama Party:</b> Let's celebrate our 13th year in our PJs. Enjoy a night of fun with a silent disco, themed craft projects, and nosh.	<b>Lakeside Dining Hall</b>

## Wednesday November 5, 2025

TIME	ACTIVITY	LOCATION
8:00-8:45am	<b>Morning Spiritual Journaling led by Rabbi Avi Killip:</b> Join us for the third guided journaling practice, with questions drawn from the Jewish Morning Liturgy. It is an opportunity to become more familiar with the traditional prayers, to get in touch with your inner thoughts, set an intention for the day, and breathe in the fresh morning mountain air. Today will focus on the Amidah (the core Jewish prayer).	<b>Beit Knesset</b> (Synagogue)
8:30-9:30am	<b>Aruchat Boker (Breakfast)</b>	<b>Chadar Ochel</b> (Dining Hall)
9:45-10:15am	<b>Immersive Tracks–Final Gathering</b>	
	<b>Art I: Multimedia Project with Judy Robkin</b>	<b>Omanut</b> (Art Building)
	<b>Art II: Bookbinding with Jennifer Kaplan</b>	
	<b>Body &amp; Soul Fitness with Rabbi Jaymee Alpert</b>	<b>Yoga &amp; Dance Studio</b>
	<b>Homesteading with Amy Price &amp; McKenzie Wren</b>	<b>Mountainside Chadar Ochel</b> (Dining Hall)
	<b>Mah Jongg for Beginners with Laurie Reiskind</b>	<b>Mercaz Aryeh</b> (Library)
	<b>Writing with Heart with Sarah Klegman</b>	<b>Beit Knesset</b> (Synagogue)
10:30-11:30am	<b>Track Presentations &amp; Closing Circle</b>	<b>Lakeside Dining Hall</b>
11:30am	<b>L'hitraot (Goodbye)–See You Next Year!</b> Make sure to grab packout lunch for the road.	

# THANK YOU!

Thank you to our facilitators and photographer (listed below) and participants who volunteered to lead a session.  
And, thank you to you, our JWGs, for joining at Ramah Darom.

## **Rabbi Jaymee Alpert – Fitness Track Leader**

Jaymee is passionate about the connection between spirituality and physical activity. She created Neshama Body and Soul, a practice that integrates exercise with Jewish prayer and wisdom. With more than 20 years as a congregational rabbi, she has served synagogues in the Bay Area, Westchester, NY, and Princeton, NJ. Ordained by the Jewish Theological Seminary, she also holds master's degrees in Jewish Education and Jewish Women's Studies. Jaymee currently serves on the boards of Lilith Magazine and RUACH (a Jewish movement and meditation studio) and is a certified life coach and fitness trainer.

## **Jennifer Kaplan – Art II: Bookbinding Track Leader**

Jennifer has been creating art for as long as she can remember, working in metal, clay, fiber, glass, acrylic, gouache, ink, and paper. Inspired by Hebrew letter forms, sacred texts, and Hiddur Mitzvah—the beautification of mitzvot—she strives to bring ancient traditions to life through calligraphy, color, and papercuts. Jennifer studied Art, Art History, and Jewish & Islamic Studies at Washington University in St. Louis and completed graduate work in Ancient Near Eastern Cultures at UCLA. She lives in Cleveland, OH, with her husband Dave, daughters Jillian and Lydia, and dog, Watson.

## **Rabbi Avi Killip – Rabbi-in-Residence**

Avi is Executive Vice President at Hadar, where she also teaches and hosts the podcasts Responsa Radio and Ta Shma. A native of Atlanta and former Ramah Darom camper, Avi was ordained by Hebrew College and holds both bachelor's and master's degrees from Brandeis University. She is a Wexner Graduate Fellow and a Schusterman Fellow. Avi lives in Riverdale, NY, with her husband and three children.

## **Sarah Klegman – Writing Track Leader**

Sarah is a writer, speaker, and facilitator who helps people and organizations define and share their stories with clarity, creativity, and heart. She co-founded the viral challah company Challah Hub, wrote for the Jewish women's wellness organization At The Well, and is thrilled to return for her fourth year as a JWG track leader. Sarah has hosted podcasts, toured internationally, and served as Chief Happiness Officer at a rapidly scaling tech startup, where she built culture and connection across a 300+ person global team. Her humor and eclectic background guide her work helping others express themselves fully and find joy in storytelling.

## **Amy Price – Homesteading Track Co-Leader**

Amy lives in Chamblee, GA, with her husband, son, and a growing flock of chickens and beehives. Professionally, she helps people find meaningful employment opportunities and dream big for their futures. Amy works with Adamah Atl supporting environmental programming and previously worked for the Teva Learning Center at Isabella Freedman and on a youth village farm in Rwanda. Passionate about the outdoors, she's turned her home into a thriving homestead and garden oasis.

## **Laurie Reiskind – Mah Jongg 101 Track Leader**

Laurie is thrilled to be a first-time track leader sharing her love of Mah Jongg with others. Professionally trained as an Occupational Therapist specializing in spinal cord injury rehab, she has also devoted many years to Jewish community leadership. Laurie serves on the Hadassah board, is a past synagogue president, and has held various volunteer roles at Ramah Darom. Her family's connection began at Family Camp, where her husband volunteered as camp doctor and their two children spent summers as campers and staff. Laurie is excited to give back to the community that has given her so much.

## **Judy Robkin – Art I: Multimedia Track Leader**

An Atlanta native, Judy is a professional studio potter whose work is featured in juried shows and galleries across the region. She also teaches pottery to adults at the John C. Campbell Folk School in Murphy, NC, and loves sharing her passion for art with others. At Ramah Darom, Judy teaches drawing, painting, clay, and fabric arts, encouraging creativity and individuality among both beginners and seasoned artists. Her work can be found on her website and on Instagram.

## **McKenzie Wren – Homesteading Track Co-Leader**

McKenzie (she/her) is a facilitator who works across multiple arenas to foster connection, inclusion, and belonging. Through Wren Consulting, she supports organizations in creating inclusive cultures, and through Ma'ayan Spiritual Arts, she weaves art, ritual, and Earth-based Jewish practice centered on the Divine Feminine. Believing deeply in the power of relationship, community, and connection to nature, McKenzie creates spaces where each person feels seen, heard, and valued.

## **Shani Rotkovitz – Photographer**

Shani is a Los Angeles-based photographer and producer whose work blends observation, intuition, and authenticity. Favoring candid over posed moments, she captures people as they truly are—at concerts, on film sets, at protests, or in quiet exchanges—revealing the emotion and connection that often go unnoticed. A Baltimore native with a film degree from Emerson College and an M.F.A. in Producing from AFI, Shani has led creative and production work for major entertainment projects, including Apple campaigns. A proud member of the ROI Community and B'nai David-Judea, she is a passionate advocate for inclusion, storytelling, and creative empowerment.





# SAFETY & SECURITY

Ramah Darom has developed comprehensive safety and security protocols in consultation with the the Security Committee of our Board of Directors, the Secure Community Network and the Rabun County Sheriff's department. Highlighted below are key elements of our protocols. Please review this document with your family at the beginning of your stay.

Every building has an emergency exit plan posted and is equipped with fire extinguishers.  
PLEASE MAKE NOTE OF EMERGENCY EXITS WHENEVER YOU ENTER A BUILDING.

The Sheriff's department has an on-site officer guarding our Clayton campus 24 hours/day throughout this retreat.

## MEDICAL EMERGENCY

First aid kits are available at the Welcome Center reception desk, Marcus Lodge community room (ground floor), Mountainside Hotel kitchenette (lower level), Lakeside Hotel sitting room (bottom floor) and in the Main Dining Hall. AEDs are located at the Main Dining Hall, Welcome Center (on bottom floor by room 102), pool and boathouse.

### In the Event of a Medical Emergency:

- IMMEDIATELY DIAL 911. Give location, gender and approximate age of victim and if possible, the type of emergency. Then dial 706.782.9300 from your cell phone or any campus phone and follow the prompts to alert a Ramah Darom staff person of your emergency.
- Stay with the injured person until help arrives. Try to calm, reassure and stabilize the person. Never move an injured person with a suspected neck or back injury.
- When medical staff arrive at the scene, summarize the situation and answer questions.

## SEVERE WEATHER

### Thunder and/or Lightning:

- Gather your family/group and move to a safe area (large indoor facility, bunk common room) until the weather has passed.

### Tornado Warning:

- Head immediately to one of the following designated emergency locations: Welcome Center lower level hallway, Marcus Lodge lower level community room, Mountainside Hotel lower level hallway, Levine Center lower level hallway and lower level common space of bunks 1/2 or 29/30.
- When at location, stay away from windows.
- Stay at designated emergency location until the "all clear" signal has been given over the emergency speakers.

## FIRE

### If You Spot a Fire:

- Leave the building and do not re-enter to remove personal property.
- IMMEDIATELY DIAL 911. Give location, and if possible, type of fire (grease, electrical, paper, etc.). Then dial 706.782.9300 from your cell phone or any campus phone and follow the prompts to alert a Ramah Darom staff person of your emergency. The office will sound the fire alarm throughout the campus.
- If a phone is not accessible, sound the closest fire alarm.
- If a campus-wide fire alarm is sounded, proceed immediately to the kikar (field in front of the Levine Center Dining Hall) and remain there until the "all clear" signal has been given over the emergency speakers.
- If the fire occurs on or near the kikar, all guests should proceed to the Beit Am (Covered Court).

## ACTIVE THREAT

- EVACUATE if at all possible, leaving the area by the quickest route available. If necessary, leave the campus grounds. Leave your belongings behind.
- Call 911 as soon as it is safe to do so.
- If you are not able to evacuate, HIDE OUT in an area out of the active shooter's view. Block entry to your hiding place. If possible, lock the door. Silence your cell phone (including vibrate mode) and remain quiet.
- TAKE ACTION only as a last resort and only when your life is in imminent danger. Attempt to incapacitate the shooter. Act with physical aggression and throw items at the active shooter.
- When law enforcement arrives, remain calm and follow the officers' instructions. Immediately raise hands and spread fingers. Keep your hands visible at all times. Avoid quick movements toward officers whenever possible.



# ACCOMMODATIONS

## MEETING SPACES

## RECREATION



- AA** Welcome Center
- BB** Deluxe Cottages (1-4)
- CC** Mountainside Hotel
- DD** Marcus Lodge
- EE** Cabin 33/34
- FF** Mountainside Cabins (1-12)
- GG** Lower Roads Cabins (13-20)
- HH** Lakeside Cabins (21-32)
- II** Lakeside Hotel

- A** Program Center
- B** Levine Center
- C** Ohel (Tent), Pizza Patio
- D** Beit Am (Covered Court)
- E** Amphitheater, Garden
- F** Gan (Daycare)
- G** Mirpeset Tefillah (Lower Roads Pavilion)
- H** Margam (Lakeside Pavilion)
- I** Mountaintop Pavilion
- J** Treehouse

- K** Breicha (Pool)
- L** Sports Courts: Basketball, Hockey, Tennis, Pickleball
- M** Gaga
- N** Farm
- O** Odyssey Course
- P** Kikar (Activity Field)
- Q** Climbing Wall & Giant Swing
- R** Medura (Lakeside Firepit)

- S** Archery Range
- T** Agam (Lake) & Boat Dock
- U** Omanut (Art Building)
- W** Waterfall Trail
- X** Softball Field
- Y** Menkowitz Trail
- Z** Future Home of the Mayer "Bubba" Mitchell Campus

### PROGRAM CENTER

- Upper Level:**
  - Vista Room
  - Community Room
  - Conference Room
- Lower Level:**
  - Lounge
  - Fitness Center

### LEVINE CENTER

- Upper Level:**
  - Chadar Ochel (Dining Hall)
  - Mountainside Chadar Ochel
  - Lakeside Chadar Ochel
- Lower Level:**
  - Moadon (Multipurpose Room)
  - Beit Knesset (Spiritual Center)
  - Mercaz Aryeh (Library)
  - Yoga & Dance Studio

