



# Retreats Packing List

We recommend packing layers & your rain gear, so you are always prepared



## Clothing & Shoes

- Shirts: Short & Long Sleeve
- Shorts/Pants/Jeans/Sweatpants
- Sweatshirt/Pullover/Jacket
- Shabbat/Yom Tov Attire
- Underwear, Socks & PJs
- Hooded Raincoat/Poncho
- Waterproof Shoes/Hiking Boots
- Athletic Shoes/Comfortable Walking Shoes
- Bathing Suit(s)



## Optional

- Kippot, Siddurim, Tallit & Tefillin
- Electronics & Chargers
- Musical Instruments
- Board Games & Puzzles
- Robe & Shower Shoes (For shared cabins)
- Swim Goggles & Pool Toys
- Sports Equipment (If you want to use your own rackets, balls, yoga mats, etc.)
- Camping Chair & Picnic Blanket

**Note:** Please bring any specific items that you feel are necessary for your health, safety and enjoyment

**Remember to label everything!**



## Miscellaneous

- Reusable Water Bottle
- Travel Coffee Mug
- Sunglasses & Hat
- Umbrella & Flashlight
- Backpack/Bag (To carry around campus)
- Plain White Shirt, Socks, Etc. (For tie-dying)
- Pool/Lake Towels



## Toiletries

- Hair Brush/Comb
- Blow Dryer (Not provided; pack if needed)
- Toothbrushes & Toothpaste
- Soap & Shampoo/Conditioner
- Bug Spray & Sunscreen
- Medication



## We'll Provide

- Hotel-Style Soap, Conditioning Shampoo & Lotion
- Linens: Sheets, blankets, pillows, towels, washcloths  
(Note: Linens are provided in cabins, but beds are not made up)
- Coffee Machine with Coffee & Tea Pods  
(Only in hotel rooms and cottages)
- Sports Equipment (Various rackets, balls, and yoga mats)



## What NOT To Bring

Toy Guns, Flammable Materials, Laser Pointers, Illegal Substances, Knives, Guns or Weapons