



Retreats Packing List

We recommend packing layers & your rain gear, so you are always prepared



Clothing & Shoes

- **Shirts:** Short & Long Sleeve
- **Shorts/Pants/Jeans/Sweatpants**
- **Sweatshirt/Pullover/Jacket**
- **Shabbat/Yom Tov Attire**
- **Underwear, Socks & PJs**
- **Hooded Raincoat/Poncho**
- **Waterproof Shoes/Hiking Boots**
- **Athletic Shoes/Comfortable Walking Shoes**
- **Bathing Suit(s)**



Miscellaneous

- **Reusable Water Bottle**
- **Travel Coffee Mug**
- **Sunglasses & Hat**
- **Umbrella & Flashlight**
- **Backpack/Bag** (To carry around campus)
- **Plain White Shirt, Socks, Etc.** (For tie-dying)
- **Pool/Lake Towels**



Toiletries

- **Hair Brush/Comb**
- **Blow Dryer** (Not provided; pack if needed)
- **Toothbrushes & Toothpaste**
- **Soap & Shampoo/Conditioner**
- **Bug Spray & Sunscreen**
- **Medication**



Optional

- **Kippot, Siddurim, Tallit & Tefillin**
- **Electronics & Chargers**
- **Musical Instruments**
- **Board Games & Puzzles**
- **Robe & Shower Shoes** (For shared cabins)
- **Swim Goggles & Pool Toys**
- **Sports Equipment** (If you want to use your own rackets, balls, yoga mats, etc.)
- **Camping Chair & Picnic Blanket**

Note: Please bring any specific items that you feel are necessary for your health, safety and enjoyment

Remember to label everything!



We'll Provide

- **Hotel-Style Soap, Conditioning Shampoo & Lotion**
- **Linens:** Sheets, blankets, pillows, towels, washcloths
(Note: Linens are provided in cabins, but beds are not made up)
- **Coffee Machine with Coffee & Tea Pods**
(Only in hotel rooms and cottages)
- **Sports Equipment** (Various rackets, balls, and yoga mats)



What NOT To Bring

Toy Guns, Flammable Materials, Laser Pointers, Illegal Substances, Knives, Guns or Weapons