



Winter Break Family Camp



2023 ❄️ Ramah Darom ❄️ 5784



B'ruchim HaBaim (Welcome)!

We are excited to welcome you to Winter Break Family Camp at Ramah Darom. It brings us deep joy to proudly come together as a supportive Jewish community, especially in these times. Family Camp offers an opportunity for you to experience the magic of traditional camp—weaving Jewish values, pride, culture, learning and exploration into fun activities and the shared connections within its community—with intergenerational adventures and memory-making moments that your family will treasure for years to come. Whether you are a veteran or a first-time camper, get ready for an experience filled with meaningful moments and tons of FUN! We are looking forward to saying so long to 2023 and ringing in 2024 with you and your family.

This Program Guide has everything you need to know to make the most of your experience. Please read through it and bring it with you wherever you go. We are always happy to answer any questions!

B'Shalom,

Eliana, Rachel, Andrea + The Ramah Darom Team

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Campus Operations & Events

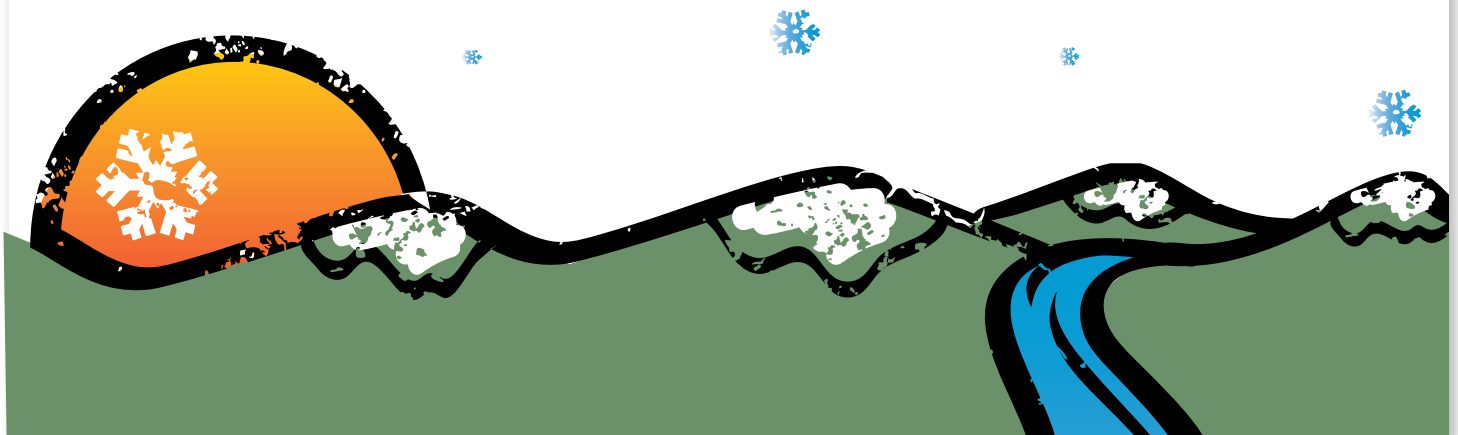
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Craig Hartley-Johnson
Robert Lopez
David Pate
James Stephens
Jeff Weener
Sam Woodard
Stephen Woodard



Top 12 Things To Know

1. Activities & Programs: Participate in as many or as few of our programmatic offerings as you choose!

- **Adult Chugim (Electives):** Sessions available only to adults.
- **Family Chugim (Electives):** A chance for families to choose from different activity options to do together.
- **Kids Camp:** Youth programming for kids of all ages with awesome Ramah Darom counselors.
- **Peulot Erev (Evening Activities):** There are evening activities for the whole family, for 4th graders and up and adult-only programs each night.

2. Counselors & Supervision: There are many amazing counselors here to help enhance our programming. During family activities and meals, parents are responsible for the supervision of their children. Counselors will supervise children when the playroom is open and during Kids Camp.

3. Emergencies: In an emergency, call 911 from your mobile device or any phone on campus. Be prepared to state the nature of the problem and your location (70 Darom Lane, Clayton, Georgia 30525). Also, please notify a staff member of the situation by calling 706.782.9300. There are landlines in the Welcome Center office, in the kitchen and in all living spaces. Note that the hospital in Clayton is about 25 minutes away.

4. Firearms, Illegal Substances & Smoking: Firearms, illegal substances and related paraphernalia are not permitted on campus. Smoking is not allowed inside any building. There is a designated smoking area outside on the back porch of the Chadar Ochel (Dining Hall) and in the Welcome Center parking lot. A fee will be assessed for rooms or areas showing evidence of smoking or smoke damage.

5. Info Table & Maintenance Requests: During mealtimes, visit the Info Table in the Chadar Ochel (Dining Hall) where a member of staff will answer questions, help with maintenance issues and more. You can also report maintenance requests to www.ramahdarom.org/maintenance. Facility staff is always on call. We ask that you avoid submitting requests before 7:30am or after 9:00pm unless it is an emergency.

6. Kashrut, Meals & Snacks: The Kaplan Mitchell Retreat Center at Ramah Darom is an AKC-Certified kosher campus. Please help us maintain our kashrut. All meals, snacks and beverages are provided. Outside food is not allowed in the Chadar Ochel (Dining Hall). Here are a few important pieces of information for mealtimes:

- Please avoid leaving a single seat between you and the next person so we can fit all guests in the dining room. We encourage you to sit with new people at each meal!
- All special dietary food needs will be served from the kitchen prep area.
- Lunch and dinner will begin with a communal blessing. Please wait before entering the buffet line. These meals will conclude with announcements and blessings.

- The Play Space will open 30 minutes after the start of lunch and dinner and will be supervised by counselors.
- Beverages and snacks will be available between meals by the coffee & tea station in the Chadar Ochel.

7. Phone Service: Cell phone signals on campus can be spotty, so we suggest enabling Wi-Fi calling on your phone. All hotel rooms and cabin buildings have a landline phone, and you can make free calls to anywhere in the US and most of Canada from these phones. To call another location on campus, dial the four-digit extension for the room or location you are trying to reach; each location has the extension number posted next to the phone. If someone off-campus wants to reach your room or cabin, they can call 706.782.9300 and enter your room's four-digit extension when prompted.

8. Shmira (Night Listening): Complimentary shmira takes place during adult evening activities. Counselors will be assigned to central spaces in the hotel or cabin to listen for children who wake up or need something. Please note that each household will not have its own babysitter. Night listeners are there to respond to needs that arise, but are not available to supervise bedtime. Every location will have a walkie-talkie to stay in communication with a Ramah Darom staff person.

9. Tefillot (Prayers) & Shabbat: We will begin most weekday mornings with a family-friendly, fun musical prayer service. Everyone is encouraged to wear kippot, tallit and tefillin if it is their practice. There are also daily afternoon and evening services. Throughout Shabbat, we offer Tefillah experiences for all ages. Shabbat is a very special time of the week for our community. Out of respect for this value and our community, we ask that guests refrain from using electronics in public spaces. We will provide tea lights for Shabbat candle lighting. Please do not light candles in your room!

10. Valuables: Ramah Darom is not responsible for any missing or lost items. If you are staying in a hotel room and are uncomfortable leaving valuables in your room, keys are available with a refundable deposit.

11. Vehicles: The speed limit on campus is 5mph. Please only park in the approved parking locations near your accommodation. We ask that you leave your vehicle parked for the retreat duration. Guests are not permitted to drive through campus at any time.

12. Wi-Fi: Access Wi-Fi throughout the facility via "Ramah Darom Wi-Fi" (no password). We also suggest enabling Wi-Fi calling on your phone. If you have any issues connecting to the internet, try turning your device's Wi-Fi off and back on, then try reconnecting. If you still have connectivity issues, contact the Bridge Communications Help Desk: 866-632-2717, hit 1 (for after-hours emergency support, hit 5), email support@bridge-comm.net, or inform a member of the Ramah Darom staff.

Kids Camp

Our team has planned an awesome youth program for campers of every age with great counselors and exciting experiences. Please see the Youth Program Booklet for a detailed schedule with locations for all age groups. Extra copies of the booklet will be available at the Info Table.

What to pack each day:

- 6 months-2 year olds: Stroller (if applicable), diaper bags, diapers (plus storage bag for cloth diapers if applicable), spare clothes, hat and any comfort items (blankets, pacifiers, toys, etc.).
- 3 year olds-Middle School: Backpack, water bottle, jacket and gloves. All campers should wear closed-toe shoes during camp time.

6 Months-4 Year Olds

- Campers will be divided into two aidot (age units): 2 and under and 3-4 year olds.
- Campers must be potty trained to be in the 3-4 year old age group.
- For safety reasons, pick-up and drop off must be done by a child's parent/guardian.

Kindergarten-Middle School:

- Campers will be split into four aidot (age units): Kindergarten-1st Grade, 2nd-3rd Grade, 4th-5th Grade and Middle School.
- Campers in 3rd grade and under must be dropped off and picked up by a parent/guardian.
- If you have a 4th grader or older and would like them to be checked in and out of camp by a parent, please tell their counselors.
- Campers in 4th grade and up must arrive at the activity start time and cannot join or leave in the middle of that specific activity.

Kids Camp Hours, Days & Times

Aidah (Age Unit)	Days	Times
Puffinim: Gan (6 months-2 years) Gurim: Gan (Ages 3-4)	Thursday, Saturday & Sunday	1:30-5:30pm
	Friday	9:00am-12:00pm, 1:30-3:00pm
Penguinim: K-1st Grade Shualim: 2nd-3rd Grade Huskim: 4th-5th Grade Ayalim: 6th-7th Grade Etgar: 8th Grade and Up	Thursday, Saturday & Sunday	1:30-5:30pm
	Friday	9:00am-12:00pm

Parent WhatsApp Group:

For updates and schedule changes between Wednesday, December 27 and Friday, December 29 and on Sunday, December 31, scan the QR code on this page and join the WhatsApp group!



Daily Schedule

Wednesday, December 27, 2023

TIME	ACTIVITY	LOCATION
2:00-5:00pm	Check-In	Welcome Center
3:00-5:00pm	Family Archery: Must be 8 years old and up.	Archery Range
	Family Arts & Crafts: As you settle into camp life, stop by the art building and choose from a variety of arts & crafts projects.	Omanut (Arts & Crafts Center)
	*Family Climbing: Climb and swing as you challenge yourself to reach new heights! All climbers must wear closed-toe shoes to participate. Toddlers can participate, but must be potty-trained.	Alpine Tower
	Life-Size Games: Play larger than life Bananagrams, Operation, Guess Who and more!	Moadon (Multipurpose Room)
	Sports Courts Open: Sporting equipment can be picked up from the Levine Center Portico.	See Map
4:00-4:45pm	Campus Tour: Join a guided tour of our beautiful campus to learn the lay of the land, or feel free to walk around on your own while listening to our audio tour. You can find the QR code for the audio tour on the back of this program guide.	Meet at Welcome Center
5:00-5:30pm	Family Welcome & Icebreakers: Jump right into camp fun with some get-to-know you games with your fellow campers!	Beit Am (Covered Basketball Court)
5:45-6:45pm	Aruchat Erev (Dinner)	Chadar Ochel (Dining Hall)
6:15-6:45pm	Play Space Open: A fun area for kids to play and hang out when they finish eating before the adults. The play space is supervised by Ramah Darom counselors.	Lakeside Chadar Ochel
7:00-8:00pm	Family Peulat Erev (Evening Activity)–Opening Ceremonies: Winter Break Family Camp has officially begun! Let's kick off the week with song and dance.	Beit Am
8:00-9:00pm	Adult Hangout: Parsha Mocktail & Cocktail Creations: No kids to put to sleep? No problem! Come schmooze with Camp Ramah Darom's Assistant Director, Ayala Wasser as she guides you through crafting your own mocktail or cocktail inspired by Parshat Vayechi.	Mountainside Chadar Ochel
9:00-11:00pm	Shmira (Night Listening)	Cabins & Hotels
9:15-10:45pm	Adult Peulat Erev (Evening Activity)–Team Trivia Night: A fun and competitive night-time activity filled with fun and prizes and get-to-know-you games built into the trivia!	Mountainside Chadar Ochel

Thursday, December 28, 2023

TIME	ACTIVITY	LOCATION
8:00-9:00am	Aruchat Boker (Breakfast): Cereal and milk available starting at 7:30am.	Chadar Ochel
8:30-9:00am	Parent Meeting (Take 2): Couldn't make the pre-event Zoom meeting? No problem. Pull up a chair to this informative breakfast meeting.	Beit Knesset (Synagogue)
9:10-9:50am	Musical Shacharit (Morning Prayer Service) led by Eliana Light: Start your day with gratitude in this unique camp style prayer experience perfect for the whole family.	Mountainside Chadar Ochel
Family Chugim (Electives)		
10:00-11:00am	*Family Art Project with Judy Robkin: Pop-Up Books - Learn the art of paper folding and cutting to make a wonderful pop-up book together with your family.	Omanut
	*Family Climbing	Alpine Tower
	Fire Building 101: Learn the ins and outs of how to build a fire. For a more advanced fire building class, see Sunday morning's schedule.	Beit Am Fire Rings
	Hike to the In-Camp Waterfall: Enjoy an easy walk to view this gorgeous waterfall. Please note this hike is not stroller accessible.	Meet at Levine Center Portico
	Photo Scavenger Hunt: Travel around and explore Ramah Darom on this scavenger hunt designed for the whole family. Bring your own camera or phone!	Meet at Pizza Patio

*Indicates advance sign up is required. The sign-up sheets can be found in the Chadar Ochel.

Thursday, December 28, 2023

TIME	ACTIVITY	LOCATION
10:00-11:00am	Mason Jar Hot Cocoa: It's winter! Stop by and get creative with all things hot chocolate and create your own mason jars as a WBFC souvenir to take home and enjoy post-retreat.	Levine Center Portico
	Movement Fun for Parents & Toddlers: Get your wiggles out with your kids as parents and tots enjoy a fun (and age friendly!) obstacle course.	Kikar (Activity Field)
11:15am-12:15pm	*Family Archery: Must be 8 years old and up.	Archery Range
	*Family Climbing	Alpine Tower
	Friendship Bracelets & Lanyards 101: Learn all about this ultimate camp activity.	Mercaz Aryeh (Library)
	Pita & Hummus Making: Make your own pita over an open fire!	Lakeside Fire Pit
	Play-Dough & Slime Creations	Levine Center Portico
	Play Space Open for Ages 4 & Under: Drop your infants and toddlers off for some play time with counselors before lunch.	Lakeside Chadar Ochel
	Rikud (Dancing): Get energy out while learning and dancing to all of the Ramah Darom dances. It is practically a workout experience that is fun for the ages!	Moadon
12:30-1:30pm	Aruchat Tzoharaim (Lunch)	Chadar Ochel
1:00-1:30pm	Play Space Open	Lakeside Chadar Ochel
1:30-1:45pm	Kids Camp Drop Off	See Youth Program Booklet
1:30-5:30pm	Kids Camp	
Adult Chugim		
1:45-3:45pm	*Art with Judy Robkin–Fabric Bead Necklaces: Using fabrics, create a one of a kind necklace perfect for the winter season for yourself or to gift to someone else.	Omanut
1:45-3:15pm	*Wooden Mosaics with Micah-Segal Miller: Create a beautiful wooden mosaic wall hanging or challah board! Note: If you choose to make a challah board, you will need to return to the woodshop on Sunday to complete the project.	
1:45-2:45pm	*Adult Climbing	Alpine Tower
	*Adult Archery	Archery Range
	*Chug B'Ivrit with Chana Mayer: Get a taste of all the awesome things your campers will get to do in Chug B'Ivrit as you cook and craft while expanding your Hebrew vocabulary.	Omanut
	Game Hour & Mah Jongg Gathering: Play a pickup game of MahJ or other games for an hour of pure fun!	Mercaz Aryeh
	*Ukelele 101 with Ori Salzberg: Have a blast making music with the ukulele while learning to play a special song.	Levine Center Portico
3:00-4:00pm	Challah Dough 101 with Jeff Weener: Learn the ins and outs of making your own challah dough. Then let the dough rise overnight for the campers to braid and prepare for Shabbat at Kids Camp the following day!	Mountainside Chadar Ochel
	Hike to the Out-of-Camp Waterfall: A moderate hike to a beautiful sight in the Chattahoochee-Oconee National Forest just steps outside of Ramah Darom's campus. There is a part of the hike where you will have to cross a creek and go over/under a fallen tree.	Meet at Levine Center Portico
	The Meaning of Life, the Universe & Everything with Rabbi Hillel Konigsburg: Why are we here? What are we supposed to do with our lives? Does it matter? These questions sit at the center of the religious experience and are undercurrent themes of our Torah and other Jewish Literature. Come explore these age-old questions and perhaps get a deeper sense of purpose and religious drive.	Beit Kneset (Synagogue)
	Power Flow Yoga with Navit Salzberg: A hybrid style of yoga that focuses on building strength and endurance. This hour will move at a fast pace, with an emphasis on the flow from one pose to the next.	Moadon
	Tie-Dye Creations for Adults: Want to learn how to get the perfect spiral? Interested in a bullseye pattern? Get in the camp spirit by learning all the tricks to creating a colorful and wearable work of art. Bring anything white cotton: t-shirts, socks, pillow cases and more!	Picnic Benches Under Chadar Ochel

Thursday, December 28, 2023

TIME	ACTIVITY	LOCATION
3:45-4:15pm	Coffee & Snack Break	Chadar Ochel
4:00-5:30pm	*Odyssey Course	Odyssey Course
	*Wooden Mosaics with Micah-Segal Miller: Create a beautiful wooden mosaic wall hanging or challah board! Note: If you choose to make a challah board, you will need to return to the woodshop on Sunday to complete the project.	Omanut
4:15-5:15pm	*Art with Judy Robkin–Art Deco Design & Watercolor: The Art Deco movement produced beautiful designs that have survived the test of time. Create an Art Deco inspired painting using pen and ink and watercolors.	
	Crochet 101 with Eliana Leader: You will learn the standard patterns of double and single stitching to start the initial stitches for a kippah, hat or blanket. Participants will be welcome to take their needle and yarn home with them to keep practicing!	Mercaz Aryeh
	Mandala Coloring & Shrinky Dink Fun: Relax and unwind as you color intricate designs and create keychains or other fun goodies with shrinking plastic!	Mountainside Chadar Ochel
	Tie-Dye Creations for Adults: Missed it the first time around? Here is your chance to join in on the tie-dye fun.	Picnic Benches Under Chadar Ochel
	Yin Yoga with Navit Salzberg: Wind down with a series of calming, passive floor poses. We'll hold poses a little longer to work into the neck, shoulders and lower body. Mats provided.	Moadon
4:50-5:15pm	Mincha & Maariv (Afternoon & Evening Service)	Beit Kneset
5:15-5:30pm	Kids Camp Pickup	See Youth Program Booklet
5:45-6:45pm	Family Mix & Mingle Aruchat Erev: Check out the seating chart to see where you are sitting for dinner and meet new friends!	Chadar Ochel
6:15-6:45pm	Play Space Open	Lakeside Chadar Ochel
7:00-8:00pm	Family Peulat Erev–Magic Show with Guest Magician Kyle Jerrard	Mountainside Chadar Ochel
8:00-9:00pm	Adult Hangout: Astronomy with Rabbi Hillel Konigsburg: Gaze at the stars and enjoy the benefits of a telescope.	Meet at Levine Center Portico
9:00-11:00pm	Shmira	Cabins & Hotels
9:15-10:45pm	Adult Peulat Erev–P is for Party: A fun night out - brought to you by the letter "P." Dress up in pink or purple (or a plethora of colors - that's fine too!) as you pickle, printmake, eat pancakes, make pasta and more!	Mountainside Chadar Ochel

Friday, December 29, 2023

TIME	ACTIVITY	LOCATION
8:00-9:00am	Aruchat Boker: Cereal and milk available starting at 7:30am.	Chadar Ochel
9:00-9:15am	Kids Camp Drop Off	See Youth Program Booklet
9:00am-12:00pm	Kids Camp	
9:00-10:00am	*Adult Giant Swing	Alpine Tower
	Adult Tefillah–Finding Jewish Prayer Spaces with Rabbi Hillel Konigsburg: Ramah Darom is a dynamic and wonderful place to relate to the Divine. Using the words in the siddur as inspiration, we will explore the campus to find connection and meaning.	Beit Kneset
Adult Chugim		
10:00am-12:00pm	*Adult Hiking Field Trip: Hike the Coleman River Trail, a 15 minute drive outside of campus, to enjoy an intermediate level hike in the beautiful Appalachian Mountains. Transportation is provided for the first 14 to sign up. Others can drive on their own if interested.	Meet Behind Chadar Ochel
	*Odyssey Course	Odyssey Course

*Indicates advance sign up is required. The sign-up sheets can be found in the Chadar Ochel.

Friday, December 29, 2023

TIME	ACTIVITY	LOCATION
10:15-11:45am	*Art with Judy Robkin: Watercolor Designs - Watercolors are a very expressive and beautiful art form and often cathartic practice. Come learn some new techniques that will yield beautiful results.	Omanut
	DIY Body Scrubs & Lip Balm Making: Create your own body scrubs and lip balms to take home.	Levine Center Portico
	Photography with Ori Salzberg: Learn from a professional how to artfully capture images from the world around you using just your cell phone.	Meet at Levine Center Portico
	Pickleball Game	Tennis Courts
	Vinyasa Yoga for Hips & Hamstrings (Intermediate) with Navit Salzberg: Has running left you with tight hamstrings? Has sitting at your computer all day left your hips and hamstrings tight? Or are you just looking for a delicious yoga flow to release tension in your lower body? In this vinyasa style flow, we will focus on opening up tight hips and increasing flexibility in the backs of the legs.	Moadon
11:45am-12:00pm	Kids Camp Pickup	See Youth Program Booklet
12:15-1:15pm	Aruchat Tzoharaim	Chadar Ochel
12:45-1:15pm	Play Space Open	Lakeside Chadar Ochel
1:30-3:00pm	Gan Open (Ages 6 months-4 year old)	See Youth Program Booklet
1:45-3:00pm	Family Color War: Also known as Yom Sport (A Day of Sport) at Camp Ramah Darom, get a taste of this quintessential camp activity as we divide into teams and enjoy some friendly competition. *The Gan will remain open during this time.	Meet at Beit Am
3:00-4:15pm	*Closing Ceremonies & Annual Family Talent Show: We will close out our mini Yom Sport and become one community again. All ages are encouraged to sign up and show off their talents at the annual WBFC tradition!	Beit Am
4:15-5:00pm	Rest & Prepare for Shabbat	
4:30-5:12pm	Individual Candle Lighting Available: Candle lighting in Clayton, GA is 5:12pm.	Chadar Ochel
5:00-5:15pm	Mincha	Beit Knesset
5:15-6:15pm	Kabbalat Shabbat & Maariv	
5:45-6:15pm	Kabbalat Sha-TOT with Eliana Light	Mountainside Chadar Ochel
6:30-8:00pm	Shabbat Dinner & Ruach (Singing)	Chadar Ochel
7:15-8:00pm	Play Space Open	Lakeside Chadar Ochel
8:00-9:00pm	Adult Hangout: No kids to put to sleep? No problem! Come schmooze and play board games.	Mountainside Chadar Ochel
9:00-11:00pm	Shmira	Cabins & Hotels
9:15-10:45pm	Adult Peulat Erev-Shabbat Oneg: Join in for Shabbat songs and more. If singing isn't your jam, we'll play a friendly and competitive game of Celebrity.	Mountainside Chadar Ochel

Saturday, December 30, 2023

TIME	ACTIVITY	LOCATION
8:00-9:00am	Aruchat Boker: Cereal and milk available starting at 7:30am.	Chadar Ochel
9:15-10:45am	Ramah Shabbat Morning & Torah Service with Trivia	Beit Knesset
9:15-10:00am	Interactive Junior Minyan with Ori Salzberg: Perfect for Grades 3 and up before joining the Torah Service in the Beit Knesset.	Mountainside Chadar Ochel
10:00-10:45am	Tot Shabbat with Eliana Light	
10:45-11:15am	Kiddush & Snack	Hallway Outside of Beit Knesset
11:15am-12:00pm	Musaf Service	Beit Knesset
	Kids Camp Shabbat Scavenger Hunt	Meet on Kikar
	Play Space Open for Ages 4 & Under: Drop your infants and toddlers off for some play time with counselors before lunch.	Lakeside Chadar Ochel

Saturday, December 30, 2023

TIME	ACTIVITY	LOCATION
12:15-1:15pm	Shabbat Aruchat Tzoharaim	Chadar Ochel
12:45-1:15pm	Play Space Open	Lakeside Chadar Ochel
1:30-1:45pm	Kids Camp Drop Off	See Youth Program Booklet
1:30-5:30pm	Kids Camp	
Adult Chugim (Electives)		
1:45-2:45pm	1000 Piece Puzzle Challenge: Gather around a big table and see how far you can get with a 1000 piece puzzle.	Mercaz Aryeh Side Conference Room
	Camp Tour through a Summer Camper's Eyes with Ayala Wasser: Thinking about summer camp? Enjoy a tour of campus and get all of your questions answered with the Assistant Camp Director, Ayala Wasser.	Meet in Levine Center Portico
	Jewish Grandparenting–A Discussion with Judy Robkin: Distance, electronics, schedules and more can make communication with your grandchildren difficult, if not impossible. In this session, we will discuss innovative methods for not only reaching your kids, but also creating memories to last a lifetime. Using trips, letters, art, music, cooking, nature and more, we will explore ways to enhance your connections.	Mercaz Aryeh
	Meditation with Rabbi Adam Mayer: Learn more about meditative practices and experience a calming meditation.	Beit Knesset
	Ping Pong Tournament: Enter a fun no-strings attached ping pong tournament and test out your skills.	Levine Center Portico
3:00-4:00pm	Adult Gaga Game: It's a camp classic. The kids shouldn't get to have all the fun! Test out your gaga skills. It is the perfect Shabbat afternoon activity.	Lakeside Gaga Pit
	Free Will & Divine Plans with Rabbi Hillel Konigburg: A timely conversation as it relates to this week's parsha about these two ideals that are often in direct tension with one another.	Beit Knesset
	Non Cooking Fun–Israeli Salatim with Jeff Weener: Prepare a traditional Israeli salad, mango-cucumber salad, Moroccan carrot salad and a beets and tehina dish for a tasty Shabbat afternoon treat.	Mountainside Chadar Ochel
3:00-4:00pm	Outdoor Nature 'Painting': Building on the work of Andy Goldsworthy, the artist known for his spectacular installations, create a unique, temporary 'painting' using fallen leaves and other natural elements. Combine the colors and texture of the outdoors with your love for art. Materials will be gathered before Shabbat begins and no writing or cutting utensils will be used.	Meet at Pizza Patio
	Power Flow Yoga with Navit Salzberg: A hybrid style of yoga that focuses on building strength and endurance. This hour will move at a fast pace, with an emphasis on the flow from one pose to the next.	Moadon
4:00-4:30pm	Coffee & Snack Break	Chadar Ochel
4:30-5:15pm	Mincha	Beit Knesset
5:15-5:30pm	Kids Camp Pickup	See Youth Program Booklet
5:45-6:45pm	Seudat Shlishit (Dinner)	Chadar Ochel
6:15-6:45pm	Play Space Open	Lakeside Chadar Ochel
6:45-7:00pm	Sloach (Slow Singing)	Chadar Ochel
7:00-7:15pm	Maariv	Beit Knesset
7:30-9:00pm	Havdalah, Rikud & Bonfire: We will transition from Shabbat into a new week with havdallah and dancing and enjoy yummy s'mores for the kids around the bonfire.	Beit Am
9:15-11:00pm	Shmira	Cabins & Hotels
9:30-10:45pm	Adult Peulat Erev –The Great Ramah Guac Off: Whose guac will be the best? Test out your cooking skills as you prepare guacamole, salsa and other fun dips for a panel of judges.	Mountainside Chadar Ochel

*Indicates advance sign up is required. The sign-up sheets can be found in the Chadar Ochel.

Sunday, December 31, 2023

TIME	ACTIVITY	LOCATION
8:00-9:00am	Aruchat Boker: Cereal and milk available starting at 7:30am.	Chadar Ochel
9:10-9:50am	Musical Shacharit led by Eliana Light	Mountainside Chadar Ochel
Family Chugim		
10:00-11:00am	*Family Art Project with Judy Robkin: Pop-Up Books - Learn the art of paper folding and cutting to make a wonderful pop-up book together with your family.	Omanut
	Family Boot Camp: Get your energy out in this workout experience for ages 5 and up.	Kikar
	*Family Climbing	Alpine Tower
	Friendship Bracelets & Lanyards 101: Learn all about this ultimate camp activity.	Mercaz Aryeh
	Play-Dough & Slime Creations	Levine Center Portico
	Letters to Israel: Write letters, notes and send well wishes to Ramah Darom's extended family in Israel. We will send these letters to Israel to share with former and current campers and counselors living in Israel.	Mountainside Chadar Ochel
	Teva (Nature) for Tots: Have fun exploring the great outdoors in this activity perfect for parents and their kiddos ages 3 and under.	Mirpeset Teffilah (Lower Roads Pavilion)
11:15am-12:15pm	Advanced Fire Building: Take your fire building knowledge a step further as you learn how to start a fire without a lighter or match.	Lakeside Fire Pit
	*Family Archery: For ages 8 and up.	Archery Range
	*Family Climbing	Alpine Tower
	Hike to the In-Camp Waterfall: Enjoy an easy walk to view this gorgeous waterfall. Please note this hike is not stroller accessible.	Meet at Levine Center Portico
	Photo Nature Scavenger Hunt: Travel around and explore Ramah Darom on this scavenger hunt designed for the whole family. Bring your own camera or phone!	Meet at Pizza Patio
	Mason Jar Hot Cocoa: Stop by and get creative with all things hot chocolate and create your own mason jars as a WBFC souvenir to take home and enjoy post-retreat.	Levine Center Portico
	Play Space Open for Ages 4 & Under: Drop your infants and toddlers off for some play time with counselors before lunch.	Lakeside Chadar Ochel
12:30-1:30pm	Aruchat Tzoharaim	Chadar Ochel
1:00-1:30pm	Play Space Open	Lakeside Chadar Ochel
1:30-1:45pm	Kids Camp Drop Off	See Youth Program Booklet
1:30-5:30pm	Kids Camp	Booklet
Adult Chugim (Electives)		
1:45-3:45pm	*Art with Judy Robkin–Fabric Bead Necklaces: Using fabrics, create a one of a kind necklace perfect for the winter season for yourself or to gift to someone else.	Omanut
1:45-3:15pm	*Wood Working: Picture Frames with Yoni Kaplan: Creating a picture frame takes more work than you might think. Put together a picture frame and decorate in a variety of ways using wood burning tools, stains and more. Take your frame home and put a photo of your family at WBFC in it!	
1:45-2:45pm	Bingo Hour: Kick back, relax and have some fun with a friendly game of bingo!	Tent Next to Chadar Ochel
	Crochet 101 with Eliana Leader: You will learn the standard patterns of double and single stitching to start the initial stitches for a kippah, hat or blanket. Participants will be welcome to take their needle and yarn home with them to keep practicing!	Mercaz Aryeh
	Kadima! with Ramah Darom CEO Wally Levitt: Learn about Ramah Darom's 27 year history and look ahead to our plans for the future!	Beit Kneset
	Photography with Ori Salzberg: Learn from a professional how to artfully capture images from the world around you using just your cell phone!	Meet at Levine Center Portico
3:00-4:00pm	*Adult Climbing	Alpine Tower
	Heart Opening Vinyasa Yoga for the New Year with Navit Salzberg: This Vinyasa based practice will focus on opening our hearts for the new year. We will incorporate twists and folds.	Moadon

Sunday, December 31, 2023

TIME	ACTIVITY	LOCATION
3:00-4:00pm	Mini-Library Painting Project Part 1: Help create a design on Ramah Darom's lending library and begin to paint it.	Omanut
	Pick-up Basketball Game	Beit Am
	Resolving Resolutions with Rabbi Hillel Konigsburg: A discussion on setting New Year's resolutions guided by Jewish values and keeping them.	Beit Knesset
	Smoothies & Banana Bread with Jeff Weener: Blend together healthy oat smoothies and bake banana bread in this yummy cooking class.	Mountainside Chadar Ochel
	*Ukelele 101 with Ori Salzberg: Have a blast making music with the ukulele while learning to play a special song.	Levine Center Portico
3:45-4:15pm	Coffee & Snack Break	Chadar Ochel
4:00-5:30pm	*Wood Working: Picture Frames with Yoni Kaplan: Creating a picture frame takes more work than you might think. Put together a picture frame and decorate in a variety of ways using wood burning tools, stains and more. Take your frame home and put a photo of your family at WBFC in it!	Omanut
4:15-5:15pm	*Adult Archery	Archery Range
	*Art with Judy Robkin–Art Deco Design & Watercolor: The Art Deco movement produced beautiful designs that have survived the test of time. Create an Art Deco inspired painting using pen and ink and watercolors.	Omanut
	God Talk-For Kids & For Us with Eliana Light: Our kids have some questions about God, and truthfully, so do we! In this session, we'll give voice to our stories, dive into Jewish text and God language, and explore how to engage with our kids in it all. We'll put the "?" in g?d, expanding a limiting word and making room for our experiences, challenges and spirit.	Beit Knesset
	Mandala Coloring & Shrinky Dink Fun: Relax and unwind as you color intricate designs and create keychains or other fun goodies with shrinking plastic!	Mercaz Aryeh
	Mini-Library Painting Project Part 2: Continue painting the mini-library as you leave your artistic legacy at Ramah Darom. You do not need to attend the part 1 to join in on the painting in part 2.	Omanut
	Yin Yoga for the New Year with Navit Salzberg: Start the year off right with breath, movement and a series of calming, passive floor poses. We'll hold poses a little longer to work into the neck, shoulders and lower body.	Moadon
4:50-5:15pm	Mincha & Maariv	Beit Knesset
5:15-5:30pm	Kids Camp Pickup	See Youth Program Booklet
5:45-6:45pm	Aruchat Erev	Chadar Ochel
6:15-6:45pm	Play Space Open	Lakeside Chadar Ochel
6:45-7:30pm	Change Into Your Best Blue & White	
7:30pm-12:30am	Shmira	Cabins & Hotels
7:30-9:30pm	Family New Year's Party: Kachol V'Lavan Silent Disco: Let's move into 2024 celebrating Israel with a family-friendly and fun silent disco party!	Beit Am
10:00pm-12:15am	Adult New Year's Eve Party: The kids are asleep so let's party! Ring in the new year with a karaoke party, special treats and champagne.	Mountainside Chadar Ochel

Monday, January 1, 2024

TIME	ACTIVITY	LOCATION
8:00-9:00am	Aruchat Boker: Cereal and milk available starting at 7:30am. Grab packout snacks for the road!	Chadar Ochel
9:15-10:00am	Musical Shacharit & Closing Ceremonies	Beit Knesset
10:00am	L'hitraot (Goodbye)! See you next year.	

*Indicates advance sign up is required. The sign-up sheets can be found in the Chadar Ochel.

❄️ Winter Break Family Camp ❄️

Thank You

Thank you to our incredible session facilitators, counselors and support staff.
Without you, Winter Break Family Camp would not be possible!

Facilitators & Support Staff

Tamar Baba-Kraus
Archery

Rabbi Tim Bernard
Climbing

Brandon Eason
Sports

Rabbi Ashira Konigsburg
Climbing

Rabbi Hillel Konigsburg
Rabbi-in-Residence

Yoni Kaplan
Omanut

Eliana Light
Musician-in-Residence

Dori Parker
Omanut

Rabbi Adam Mayer
Climbing

Chana Mayer
Ivrit (Hebrew)

Dr. Jon Mizrahi
Medical Professional

Judy Robkin
Rosh Omanut (Head of Art)

Navit Salzberg
Yoga

Ori Salzberg
Music & Photography

Allison Sherman
Family & Adult Programming

Kids Camp

Ayala Wasser, WBFC Kids Camp Director & Assistant Director of Camp Ramah Darom

Aidah (Age Unit) Leads

Sam Bernstein, Jamie Bielski, Josh Crowley, Noy Dadosh, Julia Goldberg, Michael Sherman & Lily Weinstein

Counselors

Gabby Bengelsdorf, Allie Bielski, London Billington, Daniella Davis, Isaiah Epstein-Bagneris, Yarin Gilad, Sarah Hedley, Caleb Heller, Miriam Hinds, Ben Krut, Abby Landa, Shayna Leibowitz, Sophie Lichtenstein, Levi Linowes, Stella Mackler, Eliana Mizmacher, Miriam Nadler, Ava Nissensohn, Maia Prichard, Shayna Rubinstein, David Russ, Esther Stambler, Sarah Stambler, Gabbi Thaw, Lea Thomas, Daliya Wallenstein, Kayla Wallenstein & Rosalie Weiss



Discover Ramah Darom

Adventure, connection, friendship, fun and joyful Jewish programs all year long!



Round Retreats at Ramah Darom

Teen Retreat	A new retreat for high school age Camp teens and their friends	Feb 2-4, 2024
Southern Schmooze	Celebrating and connecting small southern Jewish communities	Feb 2-4, 2024
B'teavon	An adult-only culinary exploration of all things Jewish food	Feb 16-19, 2024
Book It To Shabbat	A fun-filled weekend designed in partnership with PJ Library Atlanta for families with children ages 2-8	Mar 8-10, 2024
Passover Retreat	A family-friendly, meaningful vacation with a diverse mix of scholars and educators, delicious kosher for Passover food and tons of fun	Apr 21-May 1, 2024
LimmudFest	A celebration of Jewish thought, arts, culture and learning	Aug 30-Sep 2, 2024
Jewish Women's Getaway	A mid-week retreat for Jewish women 21+ to explore their creativity, enjoy inspiring sessions, build community and have FUN	Nov 10-13, 2024

Kayitz (Summer) 2024

Sessions Aleph/Bet	4-week sessions for rising 4 th -10 th graders	Aleph: June 5-30 / Bet: July 3-28
Ta'am	5-night "taste" for rising 2 nd graders	Aleph: June 5-10 / Bet: July 3-8
Garinim	11-night program for rising 3 rd graders	Aleph: June 19-30 / Bet: July 17-28
Nitzanim & Sollelim K'tzara	18-night session option for rising 4 th & 5 th graders	July 3-21
Gesher Leadership Program	8-week program for rising 11 th graders	June 5-July 28
Ramah Bamah	2-week musical theater program for rising 8 th & 9 th graders	July 3-16
Tikvah Vocational Education Program	Provides 17-21 year-olds who require extra support the opportunity to learn vocational skills at Camp	June 5-30
Through the Henry and Annette Gibson Tikvah Support Program , Ramah Darom supports campers with neurodevelopmental disorders such as autism spectrum disorder, Down syndrome, intellectual disabilities, ADHD and other disabilities		
Camp Yofi	5-day program for families with children age 6-13 with ASD	July 31-Aug 4

To learn more about summer camp, retreats and rental opportunities at Ramah Darom, please visit ramahdarom.org



SAFETY & SECURITY

Ramah Darom has developed comprehensive safety and security protocols in consultation with the the Security Committee of our Board of Directors, the Secure Community Network and the Rabun County Sheriff's department. Highlighted below are key elements of our protocols. Please review this document with your family at the beginning of your stay.

Every building has an emergency exit plan posted and is equipped with fire extinguishers.
PLEASE MAKE NOTE OF EMERGENCY EXITS WHENEVER YOU ENTER A BUILDING.

The Sheriff's department has an on-site officer guarding our Clayton campus 24 hours/day throughout this retreat.

MEDICAL EMERGENCY

First aid kits and AEDs are available at the Welcome Center reception desk, the Marcus Lodge Hotel community room (ground floor), the Mountainside Retreat Hotel kitchenette (lower level), the Lakeside Hotel sitting room (bottom floor) and in the Main Dining Room.

In the Event of a Medical Emergency:

- IMMEDIATELY DIAL 911. Give location, sex and approximate age of victim and if possible, the type of emergency. Then dial 706.782.9300 from your cell phone or any campus phone and follow the prompts to alert a Ramah Darom staff person of your emergency.
- Stay with the injured person until help arrives. Try to calm, reassure and stabilize the person. Never move an injured person with a suspected neck or back injury.
- When medical staff arrives at the scene, summarize the situation and answer questions.

SEVERE WEATHER

Thunder and/or Lightning:

- Gather your family/group and move to a safe area (large indoor facility, bunk porch or common room) until the weather has passed.

Tornado Warning:

- Head immediately to one of the following designated emergency locations: Welcome Center Hotel lower level hallway, Marcus Lodge lower level community room, Mountainside Hotel lower level hallway, Levine Center lower level hallway and lower level common space of bunks 1/2 or 29/30.
- When at location, stay away from windows.
- Stay at designated emergency location until the "all clear" signal has been given over the emergency speakers.

FIRE

If You Spot a Fire:

- Leave the building and do not re-enter to remove personal property.
- IMMEDIATELY DIAL 911. Give location, and if possible, type of fire (grease, electrical, paper, etc.). Then dial 706.782.9300 from your cell phone or any campus phone and follow the prompts to alert a Ramah Darom staff person of your emergency. The office will sound the fire alarm throughout the campus.
- If a phone is not accessible, sound the closest fire alarm.
- If a campus-wide fire alarm is sounded, all guests should proceed immediately to the *kikar* (field in front of the Levine Center/Dining Hall) and remain there until the "all clear" signal has been given over the emergency speakers.
- If the fire occurs on or near the *kikar*, all guests should proceed to the *Beit Am* (covered basketball court).

ACTIVE SHOOTER

- EVACUATE if at all possible, leaving the area by the quickest route available. If necessary, leave the campus grounds. Leave your belongings behind.
- Call 911 as soon as it is safe to do so.
- If you are not able to evacuate, HIDE OUT in an area out of the active shooter's view. Block entry to your hiding place. If possible, lock the door. Silence your cell phone (including vibrate mode) and remain quiet.
- TAKE ACTION only as a last resort and only when your life is in imminent danger. Attempt to incapacitate the shooter. Act with physical aggression and throw items at the active shooter.
- When law enforcement arrives, remain calm and follow the officers' instructions. Immediately raise hands and spread fingers. Keep your hands visible at all times. Avoid quick movements toward officers whenever possible.



The Kadima! Campaign is a comprehensive plan supporting leadership, accessibility, education and fun through capital projects, program initiatives and endowments.

Capital Projects & Program Initiatives



Program Center

The new Program Center is scheduled to be completed in 2024. Located next to the Amphitheater on the site of our original Dining Hall, this facility will include meeting and recreational spaces, a staff lounge, coffee bar and a new fitness center.



Gesher Village

Built on the east side of our campus in the mountain treetops, this new home for our oldest summer campers, will include three cabins, a zipline circuit, a bike trail, rock climbing, an outdoor classroom, tent platforms and indoor program space, to be used all year long by campers, staff and guests.



Welcome Center Extension

This self-contained space with additional ADA housing, a kitchen and conference rooms will provide needed space for our growing Tikvah Vocational Program, offer opportunities to host smaller retreats and will be the home of a future year-round Jewish leadership program.

Program Endowment Opportunities

- Summer Staff Programming
- New Leadership Training Program
- Wilderness & Adventure Programming
- Tikvah Vocational Program
- Exceptional Experience Initiative Fund
- Mountain Biking Programming

ramahdarom.org/kadima

RECREATION

- A** Tennis Courts
- B** Hockey Court
- C** Basketball Courts
- D** Farm
- E** Breicha (Swimming Pool)
- F** Sand Volleyball Courts
- G** Beit Am (Covered Basketball Court)
- H** Odyssey Course
- I** Kikar (Activity Field)
- J** Alpine Tower, Climbing Wall & Swing
- K** Timber Challenge Course
- L** Medura (Lakeside Fire Pit)
- M** Archery Range
- N** Omanut (Arts & Crafts Center)
- O** Gan (Nursery)
- P** Agam (Lake) & Boat Dock
- PP** Softball Field
- QQ** Menkowitz Trail

MEETING SPACES

- Q** Mountaintop Pavilion
- R** Future Home of The Program Center
- S** Beit Am (Covered Basketball Court)
- T** Mirpeset Tefillah
- U** Pizza Oven & Fireplace Patio
- V** **Levine Center**
- W** Margam (Lakeside Pavilion)
- X** Treehouse

LODGING

- Y** Welcome Center
- Z** Cottages (Z1 - Z5)
- AA** Marcus Lodge
- BB** Mountainside Hotel
- CC** Deluxe Cabin (1-4)
- DD** Mountainside Cabins (1-12)
- EE** Lower Roads Cabins (13-20)
- FF** Lakeside Cabins (21-32)
- GG** Lakeside Hotel



Take an audio tour!