

❄️ Winter ❄️ Break Family Camp ❄️

Youth Program Booklet



2023 ❄️ Ramah Darom ❄️ 5784

Kids Camp

Our team has planned an awesome youth program for campers of every age with great counselors and exciting experiences. Extra copies of this booklet will be available at the Info Table.

What to pack each day:

- 6 months-2 year olds: Stroller (if applicable), diaper bags, diapers (plus storage bag for cloth diapers if applicable), spare clothes, hat and any comfort items (blankets, pacifiers, toys, etc.).
- 3 year olds-Middle School: Backpack, water bottle, jacket and gloves. All campers should wear closed-toe shoes during camp time.

6 Months-4 Year Olds:

- Campers will be divided into two aidot (age units): 2 and under and 3-4 year olds.
- Campers must be potty trained to be in the 3-4 year old age group.
- For safety reasons, pick-up and drop off must be done by a child's parent/guardian.

Kindergarten-Middle School:

- Campers will be split into four aidot (age units): Kindergarten-1st Grade, 2nd-3rd Grade, 4th-5th Grade and Middle School.
- Campers in 3rd grade and under must be dropped off and picked up by a parent/guardian.
- If you have a 4th grader or older and would like them to be checked in and out of camp by a parent, please tell their counselors.
- Campers in 4th grade and up must arrive at the activity start time and cannot join or leave in the middle of that specific activity.

Kids Camp Hours:

| Aidah (Age Unit) | Day | Time |
|--------------------------------------|-----------------------------|-----------------------------|
| Puffinim: Gan (6 months-2 year olds) | Thursday, Saturday & Sunday | 1:30-5:30pm |
| Gurim: Gan (Ages 3-4) | Friday | 9:00am-12:00pm, 1:30-3:00pm |
| Penguinim: K-1st Grade | Thursday, Saturday & Sunday | 1:30-5:30pm |
| Shualim: 2nd-3rd Grade | | |
| Huskim: 4th-5th Grade | Friday | 9:00am-12:00pm |
| Ayalim: 6th-8th Grade | | |

Parent WhatsApp Group: For updates and schedule changes scan the QR code on this page and join the WhatsApp group!



Special Thanks

Ayala Wasser, Winter Break Kids Camp Director & Assistant Director of Camp Ramah Darom

Aidah (Age Unit) Leads

Sam Bernstein, Jamie Bielski, Josh Crowley, Noy Dadosh, Julia Goldberg, Michael Sherman & Lily Weinstein

Counselors

Gabby Bengelsdorf, Allie Bielski, London Billington, Daniella Davis, Isaiah Epstein-Bagneris, Yarin Gilad, Sarah Hedley, Caleb Heller, Miriam Hinds, Ben Krut, Abby Landa, Shayna Leibowitz, Sophie Lichtenstein, Levi Linowes, Stella Mackler, Eliana Mizmacher, Miriam Nadler, Ava Nissensohn, Maia Prichard, Shayna Rubinstein, David Russ, Esther Stambler, Sarah Stambler, Gabbi Thaw, Lea Thomas, Daliya Wallenstein, Kayla Wallenstein & Rosalie Weiss

Shmira (Night Listening)

Ramah Darom is excited to offer shmira to your family. Please review this document carefully so you know what to expect each evening. During shmira hours, families with children in grades 5 and under will have a counselor assigned to a central space in their accommodation, such as a hotel hallway, cabin common room or cottage porch. Counselors will be present to listen for children who wake up or assist if a special need arises. There will be one counselor at each location, and they will have a walkie-talkie to stay in communication with Ramah Darom staff at the evening adult activity.

Shmira takes place at the following times:

- Wednesday, December 27 | 9:00-11:00pm
- Thursday, December 28 | 9:00-11:00pm
- Friday, December 29 | 9:00-11:00pm
- Saturday, December 30 | 9:15-11:00pm
- Sunday, December 31 | 7:30pm-12:30am

In/Out Signs

Your door handle has a hanging sign on it that says "In" on one side and "Out" on the other.

Every evening please make sure you:

- Hang your door sign to read "In" if the adults are staying in for the night and you do NOT need shmira.
- Hang your door sign to read "Out" if the adults are going out and you do need shmira.
- Check in with shmira! Go into your hallway or common room and chat with the counselor assigned to your location at the start time of shmira. Make note of where they are sitting and share your plans for the evening!

Important things to note:

- Each family does not have its own individual counselor/night listener.
- Counselors are there to respond to needs that arise, not to supervise bedtime.
- If a counselor must go to the bathroom during their shmira shift, they will not leave the building they are assigned to and will leave a note where they were sitting to indicate why they are not in a visible location for that short window of time.
- Counselors on shmira in the cabins will use one of the bathrooms inside the shared/semi-private cabin.
- Counselors on shmira in the hotels will use one of the public bathrooms in the hallway.

Shmira is not responsible for:

- Putting children to bed.
- Entertaining or playing with children.
- Overseeing bedtime rituals.
- Changing diapers or giving bottles.

Please do not hesitate to ask the Kids Camp Director, Ayala Wasser, if you have any questions.

Puffinim: 6 months-2 year olds

Thursday, December 28

| Time | Activity | Location |
|-------------|--|----------|
| 1:30-3:30pm | Drop Off, Nap Time, Quiet Time & Free Play | Gan |
| 3:00-3:30pm | Snack & Story Time | |
| 3:30-4:15pm | Playground Time | |
| 4:15-4:45pm | Building Blocks & Bubbles | |
| 4:45-5:15pm | Tot Yoga & Movement | |
| 5:15-5:30pm | Free Play & Pickup | |

Friday, December 29

| Time | Activity | Location |
|-----------------|--|----------|
| 9:00-9:15am | Drop Off | Gan |
| 9:15-10:00am | Playground Time | |
| 10:00-10:30am | Shabbat Art Project | |
| 10:30-11:00am | Imaginative Play | |
| 11:00-11:30am | Snack & Story Time | |
| 11:30-11:45am | Sensory Fun | |
| 11:45am-12:00pm | Free Play & Pickup | |
| 1:30-3:00pm | Drop Off, Nap Time, Quiet Time & Free Play | |
| 2:45-3:00pm | Free Play & Pickup | |

Saturday, December 30

| Time | Activity | Location |
|-------------|----------------------------------|----------|
| 1:30-1:45pm | Drop Off | Gan |
| 1:30-3:30pm | Nap Time, Quiet Time & Free Play | |
| 3:00-3:30pm | Snack & Story Time | |
| 3:30-4:15pm | Playground Time | |
| 4:15-4:45pm | Shabbat Shira | |
| 4:45-5:15pm | Counselor's Choice | |
| 5:15-5:30pm | Free Play & Pickup | |

Sunday, December 31

| Time | Activity | Location |
|-------------|----------------------------------|----------|
| 1:30-1:45pm | Drop Off | Gan |
| 1:30-3:30pm | Nap Time, Quiet Time & Free Play | |
| 3:00-3:30pm | Snack & Story Time | |
| 3:30-4:15pm | Playground Time | |
| 4:15-4:45pm | Play-Doh Time | |
| 4:45-5:15pm | Freeze Dance | |
| 5:15-5:30pm | Free Play & Pickup | |

Gurim: 3-4 year olds

Thursday, December 28

| Time | Activity | Location |
|-------------|-------------------------|-------------------------|
| 1:30-1:45pm | Drop Off | |
| | 3 year olds | Cabin 17/18 |
| | 4 year olds | Cabin 19/20 |
| 1:45-2:30pm | Playground Time | Gan |
| 2:30-3:00pm | Games & Fun | Lakeside Chadar Ochel |
| 3:00-3:30pm | Snack & Story Time | |
| 3:30-4:15pm | Nature Scavenger Hunt | Leave from Chadar Ochel |
| 4:15-4:45pm | Shira with Eliana Light | Lakeside Chadar Ochel |
| 4:45-5:15pm | Rikud | |
| 5:15-5:30pm | Free Play & Pickup | |

Friday, December 29

| Time | Activity | Location |
|-----------------|-----------------------------|-----------------------|
| 9:00-9:15am | Drop Off | |
| | 3 year olds | Bunk 17/18 |
| | 4 year olds | Bunk 19/20 |
| 9:15-10:00am | Gan Tefillah | Mirpeset Tefillah |
| 10:00-11:00am | Aidah Rotations | |
| | Playground Time | Gan |
| | Shabbat Art Project | Bunk 19/20 |
| 11:00-11:15am | Snack & Story Time | Lakeside Chadar Ochel |
| 11:15-11:45am | Sports with Brandon Eason | Kikar |
| 11:45am-12:00pm | Free Play & Pickup | Lakeside Chadar Ochel |
| 1:30-1:45pm | Drop Off | |
| | 3 year olds | Cabin 17/18 |
| | 4 year olds | Cabin 19/20 |
| 1:45-3:00pm | Playground Time | Gan |
| 3:00pm | Meet Families at Farm Stand | Farm Stand |

Saturday, December 30

| Time | Activity | Location |
|-------------|---------------------------------------|-----------------------|
| 1:30-1:45pm | Drop Off | |
| | 3 year olds | Bunk 17/18 |
| | 4 year olds | Bunk 19/20 |
| 1:45-2:30pm | Playground Time | Gan |
| 2:30-3:00pm | Shabbat Shira | Lakeside Chadar Ochel |
| 3:00-4:00pm | Chug B'Ivrit with Chana Mayer & Snack | |
| 4:15-5:15pm | Aidah Rotations | |
| | Shabbat Trivia Game | Lakeside Chadar Ochel |
| | Sports with Brandon Eason | Kikar |
| 5:15-5:30pm | Free Play & Pickup | Lakeside Chadar Ochel |

| Sunday, December 31 | | |
|---------------------|---------------------------|-----------------------|
| Time | Activity | Location |
| 1:30-1:45pm | Drop Off | |
| | 3 year olds | Bunk 17/18 |
| | 4 year olds | Bunk 19/20 |
| 1:45-2:30pm | Playground Time | Gan |
| 2:30-3:30pm | Aidah Rotations | |
| | New Year Art Project | Lakeside Chadar Ochel |
| | Sports with Brandon Eason | Kikar |
| 3:30-4:00pm | Snack & Story Time | Lakeside Chadar Ochel |
| 4:00-4:30pm | Rikud | |
| 4:30-5:15pm | Counselor's Choice | Kikar |
| 5:15-5:30pm | Free Play & Pickup | Lakeside Chadar Ochel |

| Penguinim: Kindergarten-1st Grade | | |
|-----------------------------------|--|-----------------------------------|
| Thursday, December 28 | | |
| Time | Activity | Location |
| 1:30-1:45pm | Drop Off | Moadon |
| 1:45-2:45pm | Aidah Rules, Icebreakers & Games | Beit Am |
| 2:45-3:45pm | Group 1: Climbing & Snack | Alpine Tower |
| | Group 2: Chug B'Ivrit with Chana Mayer & Snack | Omanut |
| 3:45-4:45pm | Group 1: Chug B'Ivrit with Chana Mayer | Omanut |
| | Group 2: Climbing | Alpine Tower |
| 4:45-5:15pm | Aidah Rotations | |
| | Sports with Brandon Eason | Volleyball Courts |
| | Rikud | Tennis Courts |
| 5:15-5:30pm | Free Play & Pickup | Moadon |
| Friday, December 29 | | |
| Time | Activity | Location |
| 9:00-9:15am | Drop Off | Moadon |
| 9:15-10:00am | Camp Tefillot with Eliana Light | Beit Am |
| 10:00-11:00am | Aidah Rotations | |
| | Group 1: Challah Braiding | Mountainside Chadar Ochel |
| | Group 2: Rikud | Kikar |
| 11:00-11:15am | Snack & Story Time | Picnic Benches Under Chadar Ochel |
| 11:15-11:45am | Shira with Eliana Light | Beit Knesset |
| 11:45am-12:00pm | Free Play & Pickup | Moadon |

| Saturday, December 30 | | |
|-----------------------|--|------------------------------|
| Time | Activity | Location |
| 1:30-1:45pm | Drop Off | Moadon |
| 1:45-2:45pm | Counselor's Choice | Beit Am |
| 2:45-3:15pm | Shabbat Shira with Eliana Light & Snack | |
| 3:15-4:15pm | Aidah Rotations | |
| | Gaga | Lower Roads Gaga Pit |
| | Sports with Brandon Eason | Beit Am |
| 4:15-5:15pm | Camper's Choice | |
| | Hike to Waterfall | Leave from Beit Am |
| | Trivia & Board Games | Lower Level of Levine Center |
| 5:15-5:30pm | Free Play & Pickup | Moadon |
| Sunday, December 31 | | |
| Time | Activity | Location |
| 1:30-1:45pm | Drop Off | Moadon |
| 1:45-2:45pm | Counselor's Choice | Beit Am |
| 2:45-3:15pm | Snack & Story Time | Farm Stand |
| 3:15-4:15pm | Group 1: Omanut with Dori Parker | Omanut |
| | Group 2: Tie-Dye Creations & Kikar Games Make sure to come to camp with T-shirts, socks or anything else you want to tie-dye! | Kikar |
| 4:15-5:15pm | Group 1: Tie-Dye Creations & Kikar Games Make sure to come to camp with T-shirts, socks or anything else you want to tie-dye! | Kikar |
| | Group 2: Omanut with Dori Parker | Omanut |
| 5:15-5:30pm | Free Play & Pickup | Moadon |

| Shualim: 2nd-3rd Grade | | |
|------------------------|------------------------------------|--------------|
| Thursday, December 28 | | |
| Time | Activity | Location |
| 1:30-1:45pm | Drop Off | Beit Knesset |
| 1:45-2:45pm | Aidah Rules, Icebreakers & Games | Margam |
| 2:45-3:45pm | Group 1: Omanut with Dori Parker | Omanut |
| | Group 2: Sports with Brandon Eason | Kikar |
| 3:45-4:45pm | Group 1: Sports with Brandon Eason | Kikar |
| | Group 2: Omanut with Dori Parker | Omanut |
| 4:45-5:15pm | Aidah Rotations | |
| | Rikud | Kikar |
| | Israeli School Yard Games | |
| 5:15-5:30pm | Free Play & Pickup | Beit Knesset |

| Friday, December 29 | | |
|-----------------------|---|-----------------------------------|
| Time | Activity | Location |
| 9:00-9:15am | Drop Off | Beit Knesset |
| 9:15-10:00am | Camp Tefillot with Eliana Light | Beit Am |
| 10:00-11:00am | Group 1: Climbing & Snack | Alpine Tower |
| | Group 2: Chug B'Ivrit with Chana Mayer & Snack | Omanut |
| 11:00-11:45am | Challah Braiding | Mountainside Dining Hall |
| 11:45am-12:00pm | Free Play & Pickup | Beit Knesset |
| Saturday, December 30 | | |
| Time | Activity | Location |
| 1:30-1:45pm | Drop Off | Beit Knesset |
| 1:45-2:45pm | Camper's Choice | |
| | Hike to Waterfall | Leave from Kikar |
| | Trivia & Board Games | Tent Next to Chadar Ochel |
| 2:45-3:45pm | Counselor's Choice | Volleyball Court |
| 3:45-4:15pm | Snack Break | Picnic Benches Under Chadar Ochel |
| 4:15-5:15pm | Camper's Choice | |
| | Gaga | Lower Roads Gaga Pit |
| | Drama | Stage |
| 5:15-5:30pm | Free Play & Pickup | Beit Knesset |
| Sunday, December 31 | | |
| Time | Activity | Location |
| 1:30-1:45pm | Drop Off | Beit Knesset |
| 1:45-2:45pm | Group 1: Chug B'Ivrit with Chana Mayer | Omanut |
| | Group 2: Climbing | Alpine Tower |
| 2:45-3:15pm | Shira with Eliana Light | Mercuz Aryeh |
| 3:15-3:45pm | Snack Break | Picnic Benches Under Chadar Ochel |
| 3:45-4:15pm | Counselor's Choice | Hockey Rink |
| 4:15-5:00pm | Camper's Choice | |
| | Tie-Dye Creations Make sure to come to camp with T-shirts, socks or anything else you want to tie-dye! | Kikar |
| | Sports with Brandon Eason | |
| 5:00-5:15pm | Winter Break Kids Camp Aidah Closing | Tent Next to Chadar Ochel |
| 5:15-5:30pm | Free Play & Pickup | Beit Knesset |

| Huskim: 4th-5th Grade | | |
|------------------------|--|-----------------------------------|
| Wednesday, December 27 | | |
| Time | Activity | Location |
| 8:00-9:00pm | Peulat Erev (Evening Activity): Icebreakers | Moadon |
| Thursday, December 28 | | |
| Time | Activity | Location |
| 1:30-1:45pm | Meet on Kikar | Kikar |
| 1:45-2:45pm | Counselor's Choice | Tent Next to Chadar Ochel |
| 2:45-3:45pm | Group 1: Archery | Archery Range |
| | Group 2: Tie-Dye Creations Make sure to come to camp with T-shirts, socks or anything else you want to tie-dye! | Kikar |
| 3:45-4:15pm | Snack Break & Games | Margam (Lakeside Pavilion) |
| 4:15-5:15pm | Group 1: Tie-Dye Creations Make sure to come to camp with T-shirts, socks or anything else you want to tie-dye! | Kikar |
| | Group 2: Archery | Archery Range |
| 5:15-5:30pm | End Day on Kikar | Kikar |
| 8:15-9:15pm | Peulat Erev: Night Swing | Alpine Tower |
| Friday, December 29 | | |
| Time | Activity | Location |
| 9:00-9:15am | Meet on Kikar | Kikar |
| 9:15-10:00am | Camp Tefillot with Eliana Light | Alpine Tower |
| 10:00-11:00am | Omanut with Dori Parker | Omanut |
| 11:00-11:15am | Snack Break | Picnic Benches Under Chadar Ochel |
| 11:15-11:45am | Challah Braiding | Mountainside Dining Hall |
| 11:45am-12:00pm | End Day on Kikar | Kikar |
| 8:15-9:15pm | Camper Shabbat Gathering & Games | Moadon |
| Saturday, December 30 | | |
| Time | Activity | Location |
| 1:30-1:45pm | Meet on Kikar | Kikar |
| 1:45-2:45pm | Lawn & Board Game Hour | |
| 2:45-3:45pm | Pickleball with Ayala Wasser | Tennis Court |
| 3:45-4:15pm | Snack Break & Games | Benches by the Pool |
| 4:15-5:15pm | Camper's Choice | |
| | Hike to Waterfall | Leave from Kikar |
| | Gaga | Lower Roads Gaga Pit |
| 5:15-5:30pm | End Day on Kikar | Kikar |
| 9:00-9:30pm | Late Night Hang Out at Medura | Beit Am Fire Rings |

| Sunday, December 31 | | |
|---------------------|--|----------------------|
| Time | Activity | Location |
| 1:30-1:45pm | Meet on Kikar | Kikar |
| 1:45-2:45pm | Counselor's Choice | Volleyball Court |
| 2:45-3:45pm | Chug B'Ivrit with Chana Mayer | Omanut |
| 3:45-4:15pm | Snack Break & Games | Margam |
| 4:15-5:15pm | Machnaut (Camping) with Micah Segal-Miller | Lakeside Fire Pit |
| 5:00-5:15pm | Winter Break Kids Camp Aidah Closing | Lower Roads Gaga Pit |
| 5:15-5:30pm | End Day on Kikar | Kikar |
| 9:30-10:15pm | Camper NYE Pajama Party | Mercaz Aryeh |

| Ayalim: Middle School | | |
|------------------------|--|-----------------------------------|
| Wednesday, December 27 | | |
| Time | Activity | Location |
| 8:00-8:30pm | Peulat Erev (Evening Activity): Icebreakers | Mercaz Aryeh |
| Thursday, December 28 | | |
| Time | Activity | Location |
| 1:30-1:45pm | Meet on Kikar | Kikar |
| 1:45-2:45pm | Omanut with Dori Parker | Omanut |
| 2:45-3:45pm | Camper's Choice | |
| | Hike to Out-of-Camp Waterfall | Leave from Margam |
| | Gaga Tournament | Lower Roads Gaga Pit |
| 3:45-4:45pm | Counselor's Choice | Mirpeset Tefillah |
| 4:45-5:30pm | Camper's Choice | |
| | Climbing | Alpine Tower |
| | Craft Project | Picnic Benches Under Chadar Ochel |
| 8:15-9:15pm | Trivia Night | Mercaz Aryeh |
| Friday, December 29 | | |
| Time | Activity | Location |
| 9:00-9:15am | Meet on Kikar | Kikar |
| 9:15-10:00am | Camp Tefillot with Eliana Light | Beit Am |
| 10:00-11:00am | Group 1: Tie-Dye Creations Make sure to come to camp with T-shirts, socks or anything else you want to tie-dye! | Kikar |
| | Group 2: Archery | Archery Range |
| 11:00-11:30am | Ping Pong Tournament | Levine Center Portico |
| 11:30am-12:00pm | Challah Braiding | Mountainside Dining Hall |
| 8:15-9:15pm | Camper Shabbat Gathering & Games | Mercaz Aryeh |

| Saturday, December 30 | | |
|-----------------------|--|-----------------------------------|
| Time | Activity | Location |
| 1:30-1:45pm | Meet on Kikar | Kikar |
| 1:45-2:45pm | Lawn & Board Game Hour | |
| 2:45-3:45pm | Improv with Micah Segal-Miller | Tent Next to Chadar Ochel |
| 3:45-4:15pm | Snack Break & Games | |
| 4:15-5:00pm | Pickleball with Ayala Wasser | Tennis Court |
| 5:00-5:30pm | Team Building Games with Rabbi Adam Mayer | Timber Challenge Course |
| 9:00-10:00pm | Night Swing | Alpine Tower |
| Sunday, December 31 | | |
| Time | Activity | Location |
| 1:30-1:45pm | Meet on Kikar | Kikar |
| 1:45-2:45pm | Chocolate Cake Bake with Jeff Weener | Mountainside Chadar Ochel |
| 2:34-3:45pm | Group 1: Archery | Archery Range |
| | Group 2: Tie-Dye Creations Make sure to come to camp with T-shirts, socks or anything else you want to tie-dye! | Kikar |
| 3:45-4:00pm | Snack Break | Picnic Benches Under Chadar Ochel |
| 4:00-5:00pm | Chug B'Ivrit with Chana Mayer | Omanut |
| 5:00-5:30pm | Winter Break Kids Camp Aidah Closing | Margam |
| 9:45pm-12:15am | Camper NYE Pajama Party & Movie Night | Moadon |

RECREATION

- A** Tennis Courts
- B** Hockey Court
- C** Basketball Courts
- D** Farm
- E** Breicha (Swimming Pool)
- F** Sand Volleyball Courts
- G** Beit Am (Covered Basketball Court)
- H** Ramah Garden
- I** Odyssey Course
- J** Kikar (Activity Field)
- K** Alpine Tower, Climbing Wall & Swing
- L** Timber Challenge Course
- M** Medura (Lakeside Fire Pit)
- N** Archery Range
- O** Omanut (Arts & Crafts Center)
- P** Gan (Nursery)
- PP** Agam (Lake) & Boat Dock
- PP** Softball Field
- QQ** Menkowitz Trail

MEETING SPACES

- Q** Mountaintop Pavilion
- R** Future Home of The Program Center
- S** Beit Am (Covered Basketball Court) Amphitheater
- T** Ramah Garden
- T** Mirpeset Tefillah (Lower Roads Pavilion)
- U** Pizza Oven & Fireplace Patio
- V** **Levine Center**
- V** Chadar Ochel (Dining Hall)
- V** Mountainside Chadar Ochel
- V** Lakeside Chadar Ochel
- V** Moadon (Multipurpose Room)
- V** Beit Knesset (Spiritual Center)
- V** Mercaz Aryeh (Library)
- V** Fitness Center
- W** Margam (Lakeside Pavilion)
- X** Treehouse

LODGING

- Y** Welcome Center
- Z** Cottages (Z1-Z5)
- AA** Marcus Lodge
- BB** Mountainside Hotel
- CC** Deluxe Cabin (1-4)
- DD** Mountainside Cabins (1-12)
- EE** Lower Roads Cabins (13-20)
- FF** Lakeside Cabins (21-32)
- GG** Lakeside Hotel

