



Jewish Women's Getaway
at Ramah Darom
2023



Shalom JWGers,

Welcome to Jewish Women's Getaway (JWG) 2023!

We feel lucky to have the opportunity to gather on our beautiful North Georgia mountain campus in a time when leaning on community is so needed. This retreat offers time for us to step away from our daily routines— and instead enjoy the learning, exploring, creating, relaxing and fun that defines JWG.

Each year we take great care to identify a theme for Jewish Women's Getaway. When we began discussing ideas for this year's theme, we found ourselves thinking at length about current day-to-day experiences of women. Simcha, meaning joy in Hebrew, is a concept that plays a deep role within Jewish life and practice not only in relationship to ourselves, but in our spiritual and interpersonal relationships as well. Some days simcha can feel easy to experience or access while at other times it can be hard to find. Now, more than ever, is a time to acknowledge that to truly live can include the duality of knowing pain or loss while also holding space for the goodness and beauty that brings us simcha.

Each day of our retreat we will spend time with our track leaders—who are professionals in their expressive fields—and fellow track participants, learning and applying aspects of these artistic formats to explore simcha in our lives. In addition, there are a plethora of other programmatic offerings for you to enjoy while you take some time to be “selfish,” unplug, refresh and connect with others. Whether in a Kavanah (Track), climbing on the Alpine Tower, taking a fitness class, exploring your spiritual side or relaxing by the lake in an Adirondack chair, we hope this JWG is a meaningful and joyful experience!

B'Shalom,

Eliana & Rachel



Eliana Leader
*Director,
Kaplan Mitchell
Retreat Center*



Rachel Herman
*Assistant Director,
Kaplan Mitchell
Retreat Center*

Top 12 Things to Know

1. Daily Sessions: We encourage you to join in as much as you are able, but particularly to be present for all Community Sich'a (Conversation) and Kavanah (Track) times. We have four distinct types of sessions that you will experience throughout the retreat:

- **Kavanot (Tracks):** Immersive tracks in art, writing, music and outdoors led by professional artists and educators to help us explore our theme.
- **Chugim (Electives):** Outdoor adventures and fitness, arts & crafts, discussion opportunities and participant-led sessions.
- **Community Sich'a (Conversation):** Meaningful sessions that dig deeper into this year's theme of simcha (joy).
- **Zman Keyf (Social or Fun Time):** Meals, afternoon experiences and evening activities provide an opportunity for YOU time. Connect with friends new and old, take a walk or just relax on the porch and take in the beautiful fall weather.

2. Fitness Center: Ramah Darom's Fitness Center is located on the ground floor of the Levine Center and is open to all participants at all times. Please do not remove equipment from the Fitness Center.

3. Hospitality Room & Nosh Nook: The Mercaz Aryeh (Library) will serve as our Hospitality Room & Nosh Nook. Stop by at any time for tea, coffee and snacks. There will also be an informal book swap, games, coloring, friendship bracelet making area and more to provide a space to unwind. On Monday and Tuesday, a freshly prepared snack will be delivered to the Nosh Nook at 4:00pm.

4. Maintenance Requests: Please report maintenance requests to RamahDarom.org/Maintenance. Facility staff are always on call. Please avoid submitting requests before 7:30am or after 9:00pm unless it is an emergency.

5. Meals, Snacks & Beverages: All your meals, snacks and beverages are provided. We are an AKC-certified kosher campus. Please help us maintain our kashrut. Outside food is not allowed in the Chadar Ochel (Dining Hall). There are always Food & Beverage staff around to answer your questions, but here are a few guidelines for mealtimes:

- At lunch and dinner, please wait until we have said a communal blessing before entering the buffet line. The meal will conclude with announcements and blessings.
- All special dietary food needs will be served from just inside the prep area of the kitchen.

6. Medical Care & Emergencies: For minor medical issues, first aid kits are available at the Welcome Center, the Chadar Ochel (Dining Hall), the Beit Am (Covered Basketball Court), Boathouse and Pool. In an emergency, call 911 from your mobile device or any phone on campus. Be prepared to state the nature of the problem and your location (70 Darom Lane, Clayton, Georgia 30525). Also, please notify a staff member of the situation by calling 706.782.9300.

There are landlines in the Welcome Center office, at the pool, in the kitchen and in all living spaces. Note that the hospital in Clayton is about 25 minutes away.

7. Phone Service: Cell phone signals on campus can be spotty, so we suggest enabling Wi-Fi calling on your phone. All hotel rooms and cabin buildings also have a landline phone, and you can make free calls to anywhere in the US and most of Canada from these phones. To call another location on campus, dial the four-digit extension for the room or location you are trying to reach; each location has the extension number posted next to the phone. If someone off-campus wants to reach your room or cabin, they can call 706.782.9300 and enter your room's four-digit extension when prompted.

8. Smoking, Illegal Substances & Firearms: Firearms, illegal substances and related paraphernalia are not permitted on campus. Smoking is not allowed inside any building. There is a designated smoking area outside on the back porch of the Chadar Ochel (Dining Hall) and in the Welcome Center parking lot. A fee will be assessed for rooms or areas showing evidence of smoking or smoke damage.

9. Wireless Internet Service: You can access WiFi throughout the facility via "Ramah Darom Wi-Fi" (no password). If you have any issues connecting to the internet, try turning your device's Wi-Fi off and back on, then try reconnecting. If you still have connectivity issues, contact the Bridge Communications Help Desk: 866-632-2717, hit 1 (for after-hours emergency support, hit 5), email support@bridge-comm.net, or inform a member of the Ramah Darom staff.

10. Tefillot (Prayers): We will begin each morning with offerings for a spiritual practice. Tefillot (prayers) will be part of this spiritual time. Everyone is encouraged to wear kippot, tallit or tefillin if it is their practice.

11. Valuables: Ramah Darom is not responsible for any missing or lost items. If you are staying in a hotel room and are uncomfortable leaving valuables in your room, keys are available with a refundable deposit.

12. Vehicles: The speed limit on campus is 5mph. Please only park in the approved parking locations near your accommodation. We ask that you leave your vehicle parked for the retreat duration. Guests are not permitted to drive through campus at any time.

JWG Daily Schedule

Sunday, November 5, 2023

TIME	ACTIVITY	LOCATION
3:00-5:00pm	Check-In After you check in, stop by the Chadar Ochel (Dining Hall) to sign up for various activities with limited space.	Welcome Center
3:30-5:00pm	Pop-Up Art Session: Enhance Your Journal with Judy Robkin Personalize your retreat journal with beautiful handmade papers and collage. Make sure to bring the journal in your welcome bag.	Mountainside Dining Hall
	Tie-Dye Palooza with Robyn Diamond & Elana Yoels Stop by to tie-dye anything and everything! Bring your socks, pillowcases or t-shirts (as long as they are 50-100% cotton!).	Kikar (Activity Field)
4:00-4:45pm	Tour Ramah Darom	Meet at Welcome Center
5:00-6:15pm	Welcome & Opening Mixer	Lakeside Dining Hall
6:30-7:15pm	Aruchat Erev (Dinner)	Chadar Ochel (Dining Hall)
7:20-7:30pm	Simcha (Joy): An Intro to Our Theme	
7:45-9:00pm	Kavanot (Tracks)	
	Multimedia Art with Judy Robkin	Omanut (Arts & Crafts Center)
	Music & Voice with Naomi Less	Beit Knesset (Synagogue)
	Outdoor & Nature Experience with Amy Price	Lakeside Dining Hall
	Sculpture Art with McKenzie Wren	Omanut (Arts & Crafts Center)
	Writing & Thought with Sarah Klegman	Mountainside Dining Hall
9:15-10:30pm	Peulat Erev (Evening Activity): Bonfire & S'mores Find delight by the warmth of the fire! Enjoy beverages, music and schmoozing opportunities as all of the Kavanot (Tracks) come together for a laid back first night.	Beit Am (Covered Basketball Court)

Monday, November 6, 2023

TIME	ACTIVITY	LOCATION
7:15-8:00am	Total Conditioning with Megan-Marlene Moran Join a pumped-up class! Complete with a cardio warm up, strength training, core work and mobility cool down, you will leave this class stronger and more confident. All levels welcome!	Moadon (Multipurpose Room)
8:00-8:45am	Morning Spiritual Space led by Naomi Less Woke up today simply to say "Thanks, Wow!, Oops. Please." Meet the morning with a ritual frame utilized by Naomi's community, Lab/Shul. Through gratitude, awe, introspection, music, stretching and silence, experience how you might set your intention for the day.	Beit Knesset (Synagogue)
8:30-9:30am	Aruchat Boker (Breakfast)	Chadar Ochel (Dining Hall)
9:30-10:30am	Community Sicha (Conversation): Personal Simcha (Joy) led by Rabbi Penina Alexander Explore our theme of simcha through text study, conversation and self-discovery.	Lakeside Dining Hall

Monday, November 6, 2023

TIME	ACTIVITY	LOCATION
10:45am-12:45pm	Kavanot (Tracks)	
	Multimedia Art with Judy Robkin <i>Open studio available in the afternoon if you want more time to work on your project.</i>	Omanut (Arts & Crafts Center)
	Music & Voice with Naomi Less	Beit Knesset (Synagogue)
	Outdoor & Nature Experience with Amy Price	Meet in Lakeside Dining Hall
	Sculpture Art with McKenzie Wren	Omanut (Arts & Crafts Center)
	Writing & Thought with Sarah Klegman	Mountainside Dining Hall
1:00-2:00pm	Aruchat Tzoharaim (Lunch)	Chadar Ochel (Dining Hall)
2:00-4:00pm	Boating Available (Weather Permitting)	Agam (Lake)
	Copper, Nickel & Brass Jewelry Work with Vivian Gold* Design and create a unique mixed metal pendant, charm or earrings. Learn to connect contrasting metals with the decorative yet functional technique of riveting. Metal work can be a noisy process so please be prepared to work in a loud environment.	Omanut (Arts & Crafts Center)
	Odyssey Course* Sign up for the high ropes course to test your limits and enjoy some teamwork up in the sky! Closed-toe shoes required.	Odyssey Course
2:00-2:45pm	Mah Jongg 101 with Laurie Reiskind Come learn all about Mah Jongg. Become familiar with the tiles, the card and play a few hands to learn. To get the most out of Mah Jongg 101, come back tomorrow for more!	Tent next to Chadar Ochel (Dining Hall)
3:00-4:00pm	Functional Mobility with Megan-Marlene Moran This class focuses on fundamental movements, including strength activation as well as range of motion to encourage and facilitate a healthy foundation of movement. Expect a series of neck, shoulder and chest openers, psoas stretches, hip and spine mobility and squats, lateral mobility, hamstring lengthening and more. All levels welcome!	Moadon (Multipurpose Room)
	Is Food Enough? Food, Culture, Identity & Jewish Connections with Chef Susan Barocas & Rabbi Penina Alexander Many Jews today identify through cultural experiences and food is often at the top of this list with restaurants, bakeries, websites, blogs, social media, classes, cookbooks and more as part of a contemporary Jewish food renaissance. Join us for a lively conversation about the role of food in building Jewish identity, community and connections to family, history, traditions, rituals and religious observance. Ultimately, is food alone enough to maintain connections to Judaism and pass it on to future generations?	Lakeside Dining Hall
	Simcha (Joy) Collage with McKenzie Wren Let's use collage to explore various aspects of joy. What images or quotes inspire you? Create a multimedia collage that speaks to some aspect of your relationship to joy or drop in to "the sanctuary of glue therapy" for free collage time.	Omanut (Arts & Crafts Center)
4:00-4:15pm	Nosh Time Replenish your energy by stopping by the "Nosh Nook" for an extra special snack.	Mercaz Aryeh (Library)
4:15-6:15pm	Metal Piercing: Lovely Letters with Vivian Gold* Letters from any alphabet are wonderful design elements. Learn the art of piercing metal and saw out your personally styled letter. Craft a pendant, earrings or dog tag that expresses your letter. <i>Metal work can be a noisy process so please be prepared to work in a loud environment.</i>	Omanut (Arts & Crafts Center)
	Odyssey Course* Sign up for the high ropes course to test your limits and enjoy some teamwork up in the sky! Closed-toe shoes required.	Odyssey Course

*Indicates advance sign-up is required. The sign-up board can be found in the Chadar Ochel (Dining Hall).

Monday, November 6, 2023

TIME	ACTIVITY	LOCATION
4:15-5:15pm	Archery with Rabbi Shira Rosenblum*	Archery Range
	Music Helps Heal: A Soulful Song Circle with Naomi Less Music is energizing, soulful and oftentimes healing. Join this music circle to experience joy, beauty and peace of mind. Bring your voices and hearts. No musical experience required, but we will have musical instruments available for use.	Pizza Patio
	More Core! with Megan-Marlene Moran Our core is the primary point of power in our bodies. While not limited to our abs, our core has the ability to preserve our lower back aiding with sacroiliac function and stability. This class will begin with a general warm up, and then focus on all things core, including abdominals, glutes, low back stability and mobility. All levels welcome!	Moadon (Multipurpose Room)
	Pickleball 101 & Play Time with Robyn Diamond Learn how to play this fun sport that involves elements from tennis, badminton and ping-pong. The nets will be set up throughout the retreat, so you'll be able to get extra play time in if you want.	Tennis Courts
5:30-6:30pm	Archery with Rabbi Shira Rosenblum*	Archery Range
	Crochet 101 with Eliana Leader You will learn the standard patterns of double and single stitching to start the initial stitches for a kippah, hat or blanket. Participants will be welcome to take their needle and yarn home with them to keep practicing!	Mercaz Aryeh (Library)
	Eco-Spa with Amy Price Come relax at the eco-spa where you'll make lip balm, body scrub and a cooling mist.	Mountainside Dining Hall
	Hatha Yoga (Moderate-Low Impact) Encompassing Radiant Joy with Megan-Marlene Moran This practice incorporates gentle sun/moon salutations to create warmth and facilitate mobility, strength and balance. Heart and chest openers, elements of kundalini, and breathwork help us elevate our states to receive, create and embrace radiant joy. All levels welcome!	Moadon (Multipurpose Room)
7:00-8:00pm	Aruchat Erev (Dinner)	Chadar Ochel (Dining Hall)
8:15-10:00pm	Peulat Erev (Evening Activity): 90s Trivia Night Dress up in your favorite 90s gear for a wickedly rad trivia night. Prizes will be awarded!	Lakeside Dining Hall

Tuesday, November 7, 2023

TIME	ACTIVITY	LOCATION
7:15-8:00am	Functional Mobility with Megan-Marlene Mobility This class focuses on fundamental movements, including strength activation as well as range of motion to encourage and facilitate a healthy foundation of movement. Expect a series of neck, shoulder and chest openers, psoas stretches, hip and spine mobility and squats, lateral mobility, hamstring lengthening and more. <i>All levels welcome!</i>	Moadon (Multipurpose Room)
8:00-8:45am	Morning Spiritual Space led by Naomi Less A balance and equanimity morning meditation using music and free-writing practices to start your day with intention.	Beit Knesset (Synagogue)
8:30-9:30am	Aruchat Boker (Breakfast)	Chadar Ochel (Dining Hall)
9:30-10:30am	Community Sicha (Conversation): Communal Simcha (Joy) led by Rabbi Penina Alexander Continue to discover simcha and dive deeper into the theme through its relevance to community.	Mountainside Dining Hall

Tuesday, November 7, 2023

TIME	ACTIVITY	LOCATION
10:45am-12:45pm	Kavanot (Tracks)	
	Multimedia Art with Judy Robkin <i>Open studio available in the afternoon if you want more time to work on your project.</i>	Omanut (Arts & Crafts Center)
	Music & Voice with Naomi Less	Beit Knesset (Synagogue)
	Outdoor & Nature Experience with Amy Price	Meet in Lakeside Dining Hall
	Sculpture Art with McKenzie Wren	Omanut (Arts & Crafts Center)
	Writing & Thought with Sarah Klegman	Mountainside Dining Hall
1:00-2:00pm	Aruchat Tzoharaim (Lunch)	Chadar Ochel (Dining Hall)
2:00-6:30pm	Climbing & Giant Swing*	Alpine Tower
2:00-4:00pm	Boating Available (Weather Permitting)	Agam (Lake)
	Metal Piercing: Lovely Letters with Vivian Gold* Letters from any alphabet are wonderful design elements. Learn the art of piercing metal and saw out your personally styled letter. Craft a pendant, earrings or dog tag that expresses your letter. <i>Metal work can be a noisy process so please be prepared to work in a loud environment.</i>	Omanut (Arts & Crafts Center)
2:00-2:45pm	Tie-Dye Palooza with Robyn Diamond & Elana Yoels Stop by to tie-dye anything and everything! Bring your socks, pillowcases or t-shirts (as long as they are 50-100% cotton!).	Kikar (Activity Field)
3:00-4:00pm	Archery with Rabbi Shira Rosenblum*	Archery Range
	Hatha Yoga (Moderate-Low Impact) Encompassing Radiant Joy with Megan-Marlene Moran This practice incorporates gentle sun/moon salutations to create warmth and facilitate mobility, strength and balance. Heart and chest openers, elements of kundalini, and breathwork help us elevate our states to receive, create and embrace radiant joy. <i>All levels welcome!</i>	Moadon (Multipurpose Room)
	Hatikva: A Hopeful Text Study with Rabbi Penina Alexandar Join Rabbi Penina Alexander for a meaningful reading of Hatikva, Israel's national anthem, and foster a deeper understanding of the words that were written by Naftali Herz Imber in 1878.	Beit Knesset (Synagogue)
	Spiritual Walk with Amy Price & McKenzie Wren Through movement and song, we'll deepen our connection to our natural surroundings as we immerse ourselves in an embodied and reflective hike/walk. <i>The walk includes an easy creek crossing.</i>	Meet at Levine Center Portico
4:00-4:15pm	Nosh Time Replenish your energy by stopping by the "Nosh Nook" for an extra special snack.	Mercaz Aryeh (Library)
4:15-6:15pm	Copper, Nickel & Brass Jewelry Work with Vivian Gold* Design and create a unique mixed metal pendant, charm or earrings. Learn to connect contrasting metals with the decorative yet functional technique of riveting. <i>Metal work can be a noisy process so please be prepared to work in a loud environment.</i>	Omanut (Arts & Crafts Center)
	Paper Tapestry Creation with Judy Robkin Do you need a relaxing and meditative, yet creative, art practice? Let's gather as a community to create a colorful paper tapestry of thoughts and hopes using ink and watercolors. <i>You don't need to be artistic to contribute and enjoy this meaningful project.</i>	Mountainside Dining Hall
4:15-5:15pm	Archery with Rabbi Shira Rosenblum*	Archery Range

*Indicates advance sign-up is required. The sign-up board can be found in the Chadar Ochel (Dining Hall).

Tuesday, November 7, 2023

TIME	ACTIVITY	LOCATION
4:15-5:15pm	Income - Now, How, WOW! with Susan Glickman Join a fun, engaging and interactive session about various investment types and ways to access the market. Learn some of the basics, challenge your preconceived notions and get ideas on how to work toward your personal financial goals in a more conscious and deliberate manner.	Lakeside Dining Hall
	Line Dancing with Julie Goodrow Learn a classics and favorites like the Electric Slide, Cha Cha Slide, Wobble and the Cupid Shuffle. Tap your boots to country line dances and join in on a Celtic Reel group dance! This will be a great way to get your exercise while smiling your way through a fun line dance class.	Margam (Lakeside Pavilion)
	Total Conditioning with Megan-Marlene Moran Join a pumped-up class! Complete with a cardio warm up, strength training, core work and mobility cool down, you will leave this class stronger and more confident. <i>All levels welcome!</i>	Moadon (Multipurpose Room)
5:30-6:30pm	Challah Braiding 101 with Sarah Klegman Learn to knead and braid your own challah! Come along on a not-so-traditional challah adventure with challah maven and shameless carb-lover, @SarahKleg. <i>There will be gluten.</i>	Chadar Ochel (Dining Hall)
	Mah Jongg 101 with Laurie Reiskind Come learn all about Mah Jongg or keep building off of the basics you learned in Monday's Mah Jongg 101 session.	Tent next to Chadar Ochel (Dining Hall)
	More Core! with Megan-Marlene Moran This class will begin with a general warm up, and then focus on all things core, including abdominals, glutes, low back stability and mobility. <i>All levels welcome!</i>	Moadon (Multipurpose Room)
6:45-7:45pm	Barbie Party Prep Change for the evening and then join us for a pre-BarBieQ bash with drinks, desserts and DIY activities including accessory making.	Chadar Ochel (Dining Hall)
8:00-10:00pm	Peulat Erev (Evening Activity): BarBieQ Bash All Barbie World alter egos are invited! Enjoy a BBQ dinner, karaoke, sock hop beach party extravaganza with dancing!	Lakeside Dining Hall

Wednesday, November 8, 2023

TIME	ACTIVITY	LOCATION
7:30-8:15am	Warming Gentle Yoga Flow with Lisa Rosen With a focus on alignment and breath, enjoy this extra slow flow that will include an outdoor mountain air meditation (weather permitting). <i>All levels welcome!</i>	Moadon (Multipurpose Room)
8:15-8:45am	Morning Spiritual Space led by Rachel Herman Experience a traditional tefillah (prayer) to begin your morning with gratitude and intention.	Beit Knesset (Synagogue)
8:30-9:30am	Aruchat Boker (Breakfast)	Chadar Ochel (Dining Hall)
9:45-10:15am	Kavanot (Tracks)	
	Multimedia Art with Judy Robkin	Omanut (Arts & Crafts Center)
	Music & Voice with Naomi Less	Beit Knesset (Synagogue)
	Outdoor & Nature Experience with Amy Price	Meet in Lakeside Dining Hall
	Sculpture Art with McKenzie Wren	Omanut (Arts & Crafts Center)
	Writing & Thought with Sarah Klegman	Mountainside Dining Hall
10:30-11:30am	Kavanot (Immersive) Tracks Presentations and Closing Circle	Lakeside Dining Hall
11:30am	L'hitraot (Goodbye) - See You Next Year! Make sure to grab packout lunch for the road from the center Chadar Ochel (Dining Hall).	

Spiritual Leader & Track Facilitators



Rabbi Penina Alexander is a rabbi and educator in the DC area. She has been involved in Jewish women's learning for many years and was part of the original creative team behind Camp Ramah in California's Ruach Nashim women's weekend. She has taught women's Torah study groups

in DC and loves connecting Torah to what feels relevant, challenging and useful in our everyday lives. She's so excited to be attending her first-ever women's getaway at Ramah Darom, a place that has been so special to her as a regular at Darom's Pesach retreat.



Sarah Klegman is a writer, speaker and Chief Happiness Officer for a tech startup. She began her career in the comedy space, then went on to collect a plethora of diverse professional experiences, including co-founding the challah bread company Challah Hub and writing for the Jewish women's

wellness organization, At The Well. Her international speaking tour, passion for creativity, and a surprising turn of events led to her current position, where she fosters happiness and spirited company culture for 300+ employees. Her unique background inspires her leadership, guiding others to express their creativity and discover joy in all facets of life.



Naomi Less is a Brooklyn-based, internationally celebrated singer/songwriter, ritualist and educator. Beloved for her warm smile and inviting presence, communities celebrate her imagination and innovation, tenderness and pizzazz!

Her original music is sung in worship communities worldwide. Naomi serves as Co-Founder, Ritual Leader and Associate Director of Lab/Shul, a Rising Song Institute Fellow and Core Educator at Songleader Boot Camp. She amplifies the voices of women and non-binary folks on her Jewish Women Rock show on Jewish Rock Radio. Naomi also advocates for people struggling with fertility journeys as a performance artist and speaker for Uprooted: A Jewish Response to Fertility Challenges.



Amy Price lives in Chamblee, GA, with her husband, son and growing numbers of chickens and beehives. Professionally, she supports people to find employment opportunities and dream big for their lives. Amy has been working with Adamah ATL and Ilan Katan Nature Tots program, 2 new

Atlanta outdoor/environmental Jewish programs. She spent time at Isabella Friedman working for The Teva Learning Center doing outdoor Jewish environmental education and farming at a youth village in Rwanda. Amy loves all things outdoors and has been fully engaged in turning her home into a homestead and garden oasis.



Judy Robkin is a professional studio potter. Her work is shown in numerous juried shows and galleries. In addition to her time at Ramah Darom, she teaches Pottery to adults at the John C. Campbell Folk School in Murphy, North Carolina, and enjoys sharing her love of art with her students. At Ramah

Darom, whether teaching drawing, painting, clay or fabric arts, she encourages creativity and individuality to seasoned artists as well as to beginners. Judy's work can be found on her website and on Instagram.



McKenzie Wren (she/her/hers) is a facilitator who works in multiple arenas to support connection and growth. As Wren Consulting, she works with businesses and non-profits to support inclusion and belonging. As Ma'ayan Spiritual Arts, she facilitates art, ritual and connection through Earth-based,

embodied Jewish practices uplifting the Divine Feminine. At the heart of everything she does is the belief in the power of relationship, community and connection to nature. Whether facilitating art experiences, ritual or ceremony, workshops or classes, McKenzie creates a space where each person is seen, heard and valued and has an authentic experience.



Session Facilitators

Susan Barocas is a writer, chef and cooking instructor who is passionate about healthy, reduced-waste cooking and Jewish food, especially Sephardic history, cultures and cuisines. She is co-founder/co-director with Sarah Aroeste of Savor: A Sephardic Music & Food Experience, created in 2022 to preserve and present Sephardic history and culture. Founding Director of the innovative Jewish Food Experience, Susan served as guest chef for three of President Obama's White House Seders. Her writing has appeared in the Washington Post, Lilith, Moment, The Nosh and syndicated newspapers across the country among other outlets. She has presented classes, given talks and cooked across the U.S., internationally and on broadcast media.

Robyn Diamond fell in love with Jewish Women's Getaway in 2016 as a facilitator and participant. Shortly after, she moved to Atlanta and began her role as Marketing & Communications Director at Ramah Darom, and she hasn't missed a JWG. Robyn loves all things creative and collaborative, pickleball, her husband, two kids and two dogs (not in that order).

Susan Glickman was just a middle-aged woman, who realized that in spite of having a professional job, decent income, and comfortable lifestyle, she had little financial security. After working for over twenty-five years and blindly following conventional wisdom, her nest egg was worth little more than the face-value of the initial contributions. In 2010, shaken out of her dutiful savings coma, she began her path to becoming a "Bondtrepreneur". While still working toward attaining financial independence, she now has regular "paychecks". She'd like to share some perspectives on this often overlooked and underestimated component of investing. She sleeps a little better and you can too!

Vivian Gold began working in metal in high school and has never stopped. She earned her MFA from Boston University in Metalsmithing and Jewelry Design and worked as a custom goldsmith in New Hampshire, California and Colorado. She has taught at the Portland School of Art in Maine and Chastain Arts Center in Atlanta. She and her husband live in Decatur, GA where they share their home with a dog and cats.

Julie Goodrow has been unable to sit still when she hears music since she heard her first song as an infant. She graduated from the University of Georgia with a degree in Education as a specialist in Therapeutic Recreation. She has a love of entertaining others and bringing them joy in all areas of her life, especially as the Ramah Darom Events Manager. Julie lives at Ramah with her husband, 4 kids and pups.

Megan-Marlene Moran is a native of Sandy Springs, GA. She attended college outside of Asheville, NC where she was exposed to the natural beauty in the Southern Appalachians. This experience instilled in her a deep sense of connection, stewardship and gratitude for the outdoors. Megan's expertise emerged from finding she could empower and soothe herself through yoga, personal fitness and a holistic approach to wellness. She studied at Asheville Yoga Center and has a NESTA certificate in personal training.

Laurie Slomka Reiskind is a mom of 2 Camp Ramah Darom 8 year campers who also spent time on staff. She is an Occupational Therapist by training and has become a professional volunteer focusing on the Jewish community. Her hobbies include watching and talking sports and playing Mah Jongg.

Lisa Rosen found her way to her yoga mat in 2005, at The Florida State University, while nursing a water polo shoulder injury to health. Moved by the physical and mental healing of the practice, she quit competitive sport (and competitive living). Lisa holds a BS in English Education, approximately 700 hours in Yoga Teacher Training (YTT) from various yoga schools in Washington, DC and Philadelphia, PA, spanning from 2008-2016, has been a practicing LMT in Florida, since 2014, with a specialty in Traditional Thai Massage, and is a newly minted 2023, Seminole County Master Gardener. When not zenning out, Lisa can be found forcing her children, Ezra and Maya, to stay outside, and whipping up tasty treats for her hubby, David, and friends and family visiting her garden. In her free time, Lisa can be found volunteering in a school garden or hiding under a tree with a good book or podcast, or just taking a nap.

Rabbi Shira M.T. Rosenblum is the Associate Rabbi at the Jacksonville Jewish Center where she is also the Director of the Bernard & Alice Selevan Religious School. She was ordained and received an MA in Jewish Education from the Jewish Theological Seminary in 2017. In addition to working in multiple synagogues and schools, she spent several summers on staff at Camp Ramah Darom and Ramah in the Rockies. She is a competitive archer and Level II Archery Instructor Trainer who combines her passion for archery with her love of Judaism. While she enjoys practicing archery herself, she also loves teaching it to others.

Elana Yoels has been a regular at the Jewish Women's Getaway since its inception. It is where she celebrates her birthday almost every year! When she is not nurturing her 4 children (Bailee, Molly, Camille and Brandon), husband Matt or rescue pup, Finn, she remains very busy volunteering. She is currently a non practicing Physician Assistant who expresses her creativity through her event decor business.



Discover Ramah Darom

Adventure, connection, friendship, fun and joyful Jewish programs all year long!



Year-Round Retreats at Ramah Darom

Machzor Gimel	Ramah Darom's new annual retreat for 21+ Camp alumni	Dec 15-17, 2023
Winter Break Family Camp	Fun for the whole family with counselor-led adventures, a magical Shabbat and a rockin' New Year's celebration	Dec 27, 2023-Jan 1, 2024
Southern Schmooze	Celebrating and connecting small southern Jewish communities	Feb 2-4, 2024
B'teavon	An adult-only culinary exploration of all things Jewish food	Feb 16-19, 2024
Book It To Shabbat	A fun-filled weekend designed in partnership with PJ Library Atlanta for families with children ages 2-8	Mar 8-10, 2024
Passover Retreat	A family-friendly, meaningful vacation with a diverse mix of scholars and educators, delicious kosher for Passover food and tons of fun	Apr 21-May 1, 2024

Kayitz (Summer) 2024

Sessions Aleph/Bet	4-week sessions for rising 4 th -10 th graders	Aleph: June 5-30 / Bet: July 3-28
Ta'am	5-night "taste" for rising 2 nd graders	Aleph: June 5-10 / Bet: July 3-8
Garinim	11-night program for rising 3 rd graders	Aleph: June 19-30 / Bet: July 17-28
Nitzanim & Sollelim K'tzara	18-night session option for rising 4 th & 5 th graders	July 3-21
Gesher Leadership Program	8-week program for rising 11 th graders	June 5-July 28
Ramah Bamah	2-week musical theater program for rising 8 th & 9 th graders	July 3-16
Tikvah Vocational Education Program	Provides 17-21 year-olds who require extra support the opportunity to learn vocational skills at Camp	June 5-30
Through the Henry and Annette Gibson Tikvah Support Program , Ramah Darom supports campers with neurodevelopmental disorders such as autism spectrum disorder, Down syndrome, intellectual disabilities, ADHD and other disabilities		
Camp Yofi	5-day program for families with children age 6-13 with ASD	July 31-Aug 4

For more information about Ramah Darom programs or renting our facility, please visit us online and call 404.531.0801

ramahdarom.org



RECREATION

- A** Tennis Courts
- B** Hockey Court
- C** Basketball Courts
- D** Farm
- E** Breicha (Swimming Pool)
- F** Sand Volleyball Courts
- G** Beit Am (Covered Basketball Court)
- H** Odyssey Course
- I** Kikar (Activity Field)
- J** Alpine Tower, Climbing Wall & Swing
- K** Timber Challenge Course
- L** Medura (Lakeside Fire Pit)
- M** Archery Range
- N** Omanut (Arts & Crafts Center)
- O** Gan (Nursery)
- P** Agam (Lake) & Boat Dock
- PP** Softball Field
- QQ** Menkowitz Trail

MEETING SPACES

- Q** Mountaintop Pavilion
- R** Future Home of The Staff Center
- S** Beit Am (Covered Basketball Court)
- T** Mirpeset Tefillah (Lower Roads Pavilion)
- U** Pizza Oven & Fireplace Patio
- V** **Levine Center**
- W** Chadar Ochel (Dining Hall)
- X** Mountainside Chadar Ochel
- Y** Lakeside Chadar Ochel
- Z** Moadon (Multipurpose Room)
- AA** Beit Kneset (Spiritual Center)
- BB** Mercaz Aryeh (Library)
- CC** Fitness Center
- DD** Margam (Lakeside Pavilion)
- EE** Treehouse

LODGING

- Y** Welcome Center
- Z** Cottages (Z1- Z5)
- AA** Marcus Lodge
- BB** Mountainside Hotel
- CC** Deluxe Cabin (1-4)
- DD** Mountainside Cabins (1-12)
- EE** Lower Roads Cabins (13-20)
- FF** Lakeside Cabins (21- 32)
- GG** Lakeside Hotel

