



# Retreats Packing List

We recommend packing layers & your rain gear, so you are always prepared



## Clothing & Shoes

- **Shirts: Short & Long Sleeve**
- **Shorts/Pants/Jeans/Sweatpants**
- **Sweatshirt/Pullover/Jacket**
- **Shabbat/Yom Tov Attire**
- **Underwear, Socks & PJs**
- **Hooded Raincoat/Poncho**
- **Waterproof Shoes/Hiking Boots**
- **Athletic Shoes/Comfortable Walking Shoes**



## Miscellaneous

- **Reusable Water Bottle**
- **Travel Coffee Mug**
- **Sunglasses & Hat**
- **Umbrella & Flashlight**
- **Backpack/Bag** (To Carry Around Campus)
- **Plain White Shirt, Socks, Etc.** (For Tie-Dye Activity)



## Toiletries

- **Hair Brush/Comb (Blow Dryer)**
- **Toothbrushes & Toothpaste**
- **Soap & Shampoo/Conditioner**
- **Bug Spray & Sunscreen**
- **Medication**



## Optional

- **Kippot, Siddurim, Tallit & Tefillin**
- **Electronics & Chargers**
- **Sports Equipment** (If You Want to Use Your Own Tennis Racket, Basketball, Soccer Ball, Volleyball, Bicycle & Helmet, Fishing Gear, Yoga Mat etc.)
- **Musical Instruments**
- **Board Games & Puzzles**
- **Shower Shoes** (For Shared Cabins)

**Note:** Please bring any specific items that you feel are necessary for your health, safety and enjoyment

**Remember to label everything!**



## We'll Provide

- **Linens:** Sheets, Blankets, Pillows, Towels, Washcloths (for Rooms/Cabins/Cottages)
- **Keurig Coffee Machine** (In Every Hotel Room and Cottage with Coffee & Tea)



## What NOT To Bring

**Toy Guns, Flammable Materials, Laser Pointers, Illegal Substances, Knives, Guns or Weapons**