Exploring the role *areyvut* (mutual responsibility) plays in our lives

Shalom JWGers,

Welcome to Jewish Women's Getaway (JWG) 2022!

We are ecstatic to gather on our beautiful North Georgia mountain campus. This retreat offers an opportunity for us to step away from our daily routines—to learn, explore, create, have fun, relax and enjoy the community-building experience that defines JWG.

Each year we take great thought and care to identify a theme for Jewish Women's Getaway. When discussing what we wanted the theme of this year's retreat to be, we found ourselves thinking at length about current successes and challenges women are experiencing.

Areyvut, meaning mutual responsibility in Hebrew, is a concept derived from Talmud Tractate Shavuot 39a where it states, *"kol yisrael areyvim zeh b'zeh",* all Jews must support one another and take accountability for the collective. Support can manifest in many forms, and this year's Jewish Women's Getaway is an opportunity for each woman to hold space for others, personalize this responsibility, and explore new ways to live this value.

Each of our *Kavanot* (Immersive) Tracks will explore our theme of *areyvut* using unique forms of expression. Each day, we will spend time with our track leaders—who are professionals in their expressive fields—and fellow track participants, learning and applying aspects of these artistic formats to explore *areyvut* in our lives. In addition, there are a plethora of other programmatic offerings for you to enjoy while you take some time to be "selfish," unplug, refresh and connect with others. Whether in a *Kavanah*, climbing on the alpine tower, taking a yoga class, exploring your spiritual side or relaxing by the lake in an Adirondack chair, we hope this JWG is a meaningful and unforgettable experience!

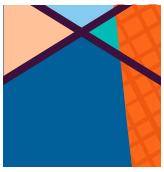
B'Shalom,

Eliana & Rachel

Eliana Leader
Director,
Kaplan Mitchell
Retreat Center

Rachel Herman
Senior Program Manager,
Kaplan Mitchell
Retreat Center

TOP 10 THINGS TO KNOW



1. **Check-In :** All guests must check in at the Welcome Center upon arrival. At this time guests will also receive a Program Guide and any additional welcome materials. During check-in, guests will present negative PCR and rapid test results.

2. **Cell Phones & Land Lines:** Cell phone signals on campus can be spotty, so we suggest enabling WiFi calling if your phone has this feature. If you find a good spot, stay put! All hotel rooms and cabin buildings also have a landline phone, and you can make free calls to anywhere in the US and most of Canada from these phones. To call another location on campus, dial the four-digit extension for the room or location you are trying to reach; each location has the extension number posted next to the phone. If someone off-campus wants to reach your room or cabin, they can call 706.782.9300 and enter your room's four-digit extension when prompted.

3. **Meals, Snacks & Beverages:** All your meals, snacks and beverages are provided. We are an AKC-Certified kosher campus. Please help us maintain our kashrut. Outside food is not allowed in the *Chadar Ochel* (Dining Hall). There are always Food & Beverage staff around to answer your questions, but here are a few guidelines for mealtimes:

   - All guests must wash their hands immediately when they enter the *Chadar Ochel* (Dining Hall).
   - Please wait until we have said a communal blessing before entering the buffet line. The meal will conclude with announcements and blessings.
   - All special dietary food needs will be served from just inside the prep area of the kitchen.
   - If you wish to eat outdoors, you can ask a Food & Beverage staff person for paper goods at the buffet line.

4. **Medical Care:** For minor medical issues, first aid kits are available at the Welcome Center, the Main Dining Hall, the *Beit Am* (Covered Basketball Court), Boathouse and Pool. We have a medical professional on site who is on-call over the course of the retreat. If you need medical attention, please see a Ramah Darom staff member. Please also notify a Ramah Darom staff person of the situation by calling 706.782.9300.

5. **Daily Sessions:** We encourage you to join in as much as you are able, but particularly to be present for all Community *Sicha* (Conversation) and *Kavanah* (Immersive) Track times. We have four distinct types of sessions that you will experience throughout the retreat:

   - ***Kavanot* (Immersive) Tracks:** Immersive tracks in art, culinary, music and outdoors led by professional artists and educators to help us explore our theme.
   - ***Chugim* (Electives):** Outdoor adventures and fitness, arts & crafts, discussion opportunities and participant-led sessions.
   - **Community *Sicha* (Conversation):** Meaningful sessions that dig deeper into this year's theme, *areyvut* (mutual responsibility).
   - ***Z'man Keyf* (Social or Fun Time):** Meals, afternoon wellness hour and evening activities provide an opportunity for YOU time. Connect with friends, new and old, take a walk or just relax on the porch and take in the beautiful fall weather.

6. **Smoking, Illegal Substances & Firearms:** Firearms, illegal substances and related paraphernalia are not permitted on campus. Smoking is not allowed inside any building. There is a designated smoking area on the back porch outside of the *Chadar Ochel* (Dining Hall) and in the Welcome Center parking lot. A fee will be assessed to rooms or areas showing evidence of smoking or smoke damage.

7. ***Tefillot* (Prayers):** We will begin each morning with offerings for a spiritual practice. *Tefillot* (prayers) will be part of this spiritual time. Everyone is encouraged to wear *kippot*, *tallit* or *tefillin* if it is their practice.

8. **Valuables:** Ramah Darom is not responsible for any missing or lost items. If you are uncomfortable leaving valuables in your room, we recommend locking them in your car (at your own risk).

9. **Vehicles:** The speed limit on campus is 5 mph. Please park only in the approved parking locations near your accommodations. We ask that you leave your vehicle parked for the duration of the retreat. Guests are not permitted to drive through campus at any time.

10. **Wifi:** Wireless internet service is available throughout the facility via "Ramah Darom WiFi" (no password). If you have any issues connecting to the internet, try turning your device's WiFi off and back on, then try reconnecting. If you still have connectivity issues, contact the Bridge Communications Help Desk: 866-632-2717, hit 1 (for after-hours emergency support, hit 5), email support@bridge-comm.net, or inform a member of the Ramah Darom staff.

DAILY SCHEDULE

Sunday, November 6, 2022

TIME	ACTIVITY	LOCATION
3:00-5:00pm	**Check-in**	Welcome Center
4:00-4:45pm	**Ramah Darom Tour**	Meet at Welcome Center
	Pop-up Art Session: Enhance Your Journal with Judy Robkin Personalize your retreat journal with beautiful handmade papers and collage. Bring yourself and the journal will be there waiting for you!	Mountainside Dining Hall
5:00-6:15pm	**Welcome, Schmooze & Opening Circle**	
6:30-7:15pm	***Aruchat Erev* (Dinner)**	*Chadar Ochel* (Dining Hall)
7:20-7:30pm	***Areyvut* (Mutual Responsibility): An Intro to Our Theme**	
7:45-9:00pm	***Kavanot* (Immersive) Tracks**	
	Culinary Arts with Sonya Sanford	Lakeside Dining Hall
	Kabbalage (Collage Making) with McKenzie Wren	*Omanut* (Art) Building
	Handmade Bookmaking with Judy Robkin	
	Music with Naomi Less	*Beit Knesset* (Synagogue)
	Outdoor & Nature Experience with Amy Price	Mounstainside Dining Hall
9:15-10:30pm	**Opening Night: Bonfire & S'mores** Enjoy fireside beverages and snacks, camp-fire songs and schmoozing as all of the *Kavanot* (immersive) Tracks come together for a laid back evening of fun.	*Beit Am* (Covered Basketball Court)

Monday, November 7, 2022

TIME	ACTIVITY	LOCATION
8:00-8:45am	**Morning Spiritual Space with Naomi Less** Woke up today simply to say "Thanks, Wow!, Oops. Please." Meet the Morning with a ritual frame utilized by Naomis community Lab/Shul. Through gratitude, awe, introspection, music, stretching and silence, experience how you might set your intention for the day.	*Beit Knesset* (Synagogue)
8:30-9:30am	***Aruchat Boker* (Breakfast)**	*Chadar Ochel* (Dining Hall)
9:45-10:30am	**Community *Sicha* (Conversation) led by Eliana Leader & Rachel Herman**	Mountainside Dining Hall

Monday, November 7, 2022

TIME	ACTIVITY	LOCATION
10:45am-12:45pm	***Kavanot* (Immersive) Tracks**	
	Culinary Arts with Sonya Sanford	Lakeside Dining Hall
	Kabbalage (Collage Making) with McKenzie Wren	*Omanut* (Art) Building
	Handmade Bookmaking with Judy Robkin	
	Music with Naomi Less	*Beit Knesset* (Synagogue)
	Outdoor & Nature Experience with Amy Price	Meet at Levine Center Portico
1:00-2:00pm	***Aruchat Tzoharaim* (Lunch)**	*Chadar Ochel* (Dining Hall)
2:00-2:45pm	**Rest Time**	
	Mahjong 101 & Game Hour Hangout and schmooze as you enjoy playing board & lawn games with friends.	Tent Next to Levine Center
2:45-4:15pm	**Drawing 101 with Judy Robkin*** So you think you can't draw? I'll prove you wrong in this interactive exercise that will surprise you while training your eye to see and teaching your brain to draw.	*Omanut* (Art) Building
	Boating Available (Weather Permitting)	*Agam* (Lake)
	Odyssey Course* Sign up for the high ropes course to test your limits and enjoy some teamwork up in the sky! Closed-toe shoes required.	Odyssey Course
3:00-4:00pm	**Archery with Jessica Kullock***	Archery Range
	Kippah Crochet 101 with Eliana Leader You will learn the standard patterns of double and single stitching to start the initial circles of a single-colored kippah.	*Mercaz Aryeh* (Library)
	Jewish Food & A Kosher Deli During the Pandemic with Sonya Sanford Engage in an interactive conversation about the role Jewish food, recipe sharing and the ancient Jewish practice of *shmita* play in building community. Participants will also hear all about Sonya's experiences opening, operating and ultimately having to close a Pacific Northwest Jewish Deli during the pandemic.	Lakeside Dining Hall
	Spiritual Walk with Amy Price & McKenzie Wren Through movement and song, we'll deepen our connection to our natural surroundings as we immerse ourselves in an embodied and reflective hike/walk. The walk includes an easy creek crossing.	Meet at Levine Center Portico
4:00-4:30pm	**Afternoon Tea Time** Replenish your energy with drinks and fresh snacks at any time during afternoon tea.	Mountainside Dining Hall
4:30-5:30pm	**Archery with Jessica Kullock***	Archery Range
	Hike to the Waterfall Enjoy a beautiful hike to Ramah Darom's very own waterfall. Note: This hike is not challenging, but the ground is bumpy.	Meet at Levine Center Portico

***Indicates advance sign-up is required. The sign-up board can be found in the Mountainside Dining Hall.**

Monday, November 7, 2022

TIME	ACTIVITY	LOCATION
4:30-5:30pm	**Mikvah in Our Modern World: Using Art to Explore Uses of Mikvah for Self-Reflection, Renewal and Transformation with Beth Tieman Feldstein** The ancient tradition of immersing in "living waters" has been re-imagined and expanded to include using mikvah for rituals of healing and gratitude. Join Beth, an active volunteer at MACoM (Metro Atlanta Community Mikvah) since its inception, for an art project and interactive discussion that explores the modern uses of mikvah.	Mountainside Dining Hall
	Tie-Dye Fun Enjoy this ultimate camp activity. Bring t-shirts, socks, pillow cases oranything else you want to tie-dye.	*Kikar* (Activity Field)
4:30-6:30pm	**Copper, Nickel & Brass with Vivian Gold*** Design and create a unique mixed metal pendant, charm or earrings. Learn to connect contrasting metals with the decorative yet functional technique of riveting.	*Omanut* (Art) Building
5:45-6:45pm	**Wellness Hour** Take a nap, read a book, engage in relaxing activities or join us for some light movement!	
	Climbing Wall* Climb up Ramah Darom's vertical wall as you challenge yourself to reach new heights. Closed-toe shoes required.	Climbing Wall
	DIY Essential Oil Blending Stop by this do-it-yourself station to experiment with blending your own essential oils.	Mountainside Dining Hall
	Jewish Themed Mandala Coloring There is nothing more relaxing than coloring in (or out) of the lines!	
	Vinyasa Flow with Rachel Herman A style of yoga characterized by stringing postures together, allowing you to move from one to another using breath to match each movement. This hour will move at a moderate pace and include a range of motions. Mats provided.	*Moadon* (Multipurpose Room)
7:00-8:00pm	***Aruchat Erev* (Dinner)**	*Chadar Ochel* (Dining Hall)
8:15-10:00pm	***Peulat Erev* (Evening Activity): Musical Bingo** Enjoy a night of fun and games! This exciting take on the classic game of bingo will have you laughing, reminiscing and singing along.	Mountainside Dining Hall

Tuesday, November 8, 2022

TIME	ACTIVITY	LOCATION
8:00-8:45am	**Morning Spiritual Space with Naomi Less** *Shviti*: A balance and equanimity morning meditation using music and free-writing practices to start your day with intention.	*Beit Knesset* (Synagogue)
8:30-9:30am	***Aruchat Boker* (Breakfast)**	*Chadar Ochel* (Dining Hall)
9:45-10:30am	**Community *Sicha* (Conversation) led by Eliana Leader & Rachel Herman**	Mountainside Dining Hall

***Indicates advance sign-up is required. The sign-up board can be found in the Mountainside Dining Hall.**

Tuesday, November 8, 2022

TIME	ACTIVITY	LOCATION
10:45am-12:45pm	***Kavanot* (Immersive) Tracks**	
	Culinary Arts with Sonya Sanford	Lakeside Dining Hall
	Kabbalage (Collage Making) with McKenzie Wren	*Omanut* (Art) Building
	Handmade Bookmaking with Judy Robkin	
	Music with Naomi Less	*Beit Knesset* (Synagogue)
	Outdoor & Nature Experience with Amy Price	Meet at Levine Center Portico
1:00-2:00pm	***Aruchat Tzoharaim* (Lunch)**	*Chadar Ochel* (Dining Hall)
2:00-2:45pm	**Rest Time**	
	Bunco 101 & Game Hour Hangout and schmooze as you enjoy playing board & lawn games with friends.	Tent Next to Levine Center
2:45-4:15pm	**Boating Available (Weather Permitting)**	*Agam* (Lake)
3:00-4:00pm	**Alpine Tower & Giant Swing*** Closed-toe shoes required.	Alpine Tower
	Archery with Jessica Kullock*	Archery Range
	Garments of My Soul: Exploring a *Ba'alat Tshuvah's* Journey with Ginny Adams Kafka What's under her *tichel* (head covering)? And why would a feminist become Orthodox? Hear one feminist's journey to Jewish Orthodoxy and bring all the questions you have wanted to ask about the Orthodox lifestyle for a Q&A.	*Mercaz Aryeh* (Library)
	Tie-Dye Fun Enjoy this ultimate camp activity. Bring t-shirts, socks, pillow cases oranything else you want to tie-dye.	*Kikar* (Activity Field)
	Yin Yoga with Rachel Herman An approach that stretches and targets both the deep connective tissues between the muscles and the fascia throughout the body to increase circulation in the joints and improve flexibility. Appropriate for all levels. Mats Provided.	*Moadon* (Multipurpose Room)
4:00-4:30pm	**Afternoon Tea Time** Replenish your energy with drinks and fresh snacks at any time during afternoon tea.	Mountainside Dining Hall
4:30-5:30pm	**Alpine Tower & Giant Swing*** Closed-toe shoes required.	Alpine Tower
	Archery with Jessica Kullock*	Archery Range
	Line Dancing with Julie Goodrow Join this class to learn a classic like the Electric Slide. Get groovy with some of the new favorites like Cha Cha Slide, Wobble and the Cupid Shuffle. Tap your boots to some country line dances and join in on a Celtic Reel group dance! This will be a fun way to get your exercise while smiling your way through a fun line dance class with Ramah Darom's Hospitality & Logistics Manager.	*Moadon* (Multipurpose Room)
	Hagar Through an Artistic Lens with Nancy Gorod Hagar, Sarah's servant, is an often overlooked personality in the Torah. She and her son, Ishmael, were thrown out into the wilderness after Sarah gave birth to Isaac. Let's bring her to our consciousness through text study and artistic expression (torn paper collages and Bibliodrama). Together we will explore what Hagar, Sarah and Abraham might have been thinking and feeling during this time. *No art or drama experience is needed for this!	Mountainside Dining Hall
	Kilby Mill Waterfall Hike Enjoy an intermediate-level hike to the beautiful waterfall just outside of camp.	Meet at Levine Center Portico

Tuesday, November 8, 2022

TIME	ACTIVITY	LOCATION
4:30-6:30pm	**Copper, Nickel and Brass with Vivian Gold*** Design and create a unique mixed metal pendant, charm or earrings. Learn to connect contrasting metals with the decorative yet functional technique of riveting.	*Omanut* (Art) Building
5:45-6:45pm	**Wellness Hour** Take a nap, read a book, engage in relaxing activities or join us for some light movement!	
	Alpine Tower* Closed-toe shoes required.	Alpine Tower
	DIY Essential Oil Blending Stop by this do-it-yourself station to experiment with blending your own essential oils.	Mountainside Dining Hall
	Jewish Themed Mandala Coloring There is nothing more relaxing than coloring in (or out) of the lines!	
	Torah Cocktails & Mocktails Join summer camp assistant director, Ayala Wasser, as you get creative and make fun cocktails and mocktails inspired by women of the Torah and *Parshat Vayera*.	
7:00-10:00pm	**Murder Mystery Dinner: 80s Edition** Come dressed to impress in your best 80s gear as we enjoy an evening of teamwork and laughter during this fun murder mystery dinner party.	*Chadar Ochel* (Dining Hall)

Wednesday, November 9, 2022

TIME	ACTIVITY	LOCATION
8:00-8:45am	**Morning Spiritual Space with Naomi Less** Morning Altars: Based off a practice crafted by ritualist Day Shildkret, open your awareness and intention through nature, art and ritual. We will be going into the woods to collect materials.	*Beit Knesset* (Synagogue)
8:30-9:30am	***Aruchat Boker* (Breakfast)**	*Chadar Ochel* (Dining Hall)
9:45-10:15am	***Kavanot* (Immersive) Tracks: Final Gathering**	
	Culinary Arts with Sonya Sanford	Lakeside Dining Hall
	Kabbalage (Collage Making) with McKenzie Wren	*Omanut* (Art) Building
	Handmade Bookmaking with Judy Robkin	
	Music with Naomi Less	*Beit Knesset* (Synagogue)
	Outdoor & Nature Experience with Amy Price	Mountainside Dining Hall
10:30-11:30am	***Kavanot* (Immersive) Tracks Presentations & Closing Circle**	
11:30am	***L'hitraot* (Goodbye)–See You Next Year!** Make sure to grab a packout lunch for the road from the *Chadar Ochel* (Dining Hall).	

***Indicates advance sign-up is required. The sign-up board can be found in the Mountainside Dining Hall.**

KAVANOT

Track Facilitators & Spiritual Leader

Naomi Less

Spiritual Leader &
Music Track Leader

Naomi Less is a Brooklyn-based, internationally celebrated singer/songwriter, ritualist and educator. Beloved for her warm smile and inviting presence, communities celebrate her imagination, innovation, tenderness and pizzazz! Her original music is sung in worship communities worldwide. Naomi serves as Co-Founder, Ritual Leader and Associate Director of Lab/Shul, a Rising Song Institute Fellow and Core Educator at Songleader Boot Camp. She amplifies the voices of women and non-binary folks on her Jewish Women Rock show on Jewish Rock Radio. Naomi also advocates on behalf of Uprooted: A Jewish Response to Fertility Challenges, an organization for people struggling with fertility journeys.

Amy Price

Outdoor & Nature Experience
Track Leader

Amy Price lives in Chamblee, Georgia, with her husband, son and growing numbers of chickens and beehives. Professionally, she supports people to find employment opportunities and dream big for their lives. Amy also works with Repair the World as the faculty coordinator and at Camp Ramah Darom planting their garden. She spent time at Isabella Friedman working for The Teva Learning Center doing outdoor Jewish environmental education and farming at a youth village in Rwanda. Amy loves all things outdoors and has been fully engaged in turning her home into a homestead and garden oasis.

Judy Robkin

Handmade Bookmaking
Track Leader

A native Atlantan, Judy is a professional studio potter. Her work is shown in numerous juried shows and galleries. In addition to her time at Ramah Darom, she teaches Clay Handbuilding to adults at the John C. Campbell Folk School in Murphy, North Carolina, and enjoys sharing her love of art with her students. At Ramah Darom, whether teaching drawing, painting, clay or fabric arts, she encourages creativity and individuality to seasoned artists as well as to beginners. Judy's work can be found on her website and her Etsy store.

Sonya Sanford

Culinary Track Leader

Sonya Sanford is a chef, writer, and cooking instructor based out of Portland, Oregon. Born and raised in Seattle to Soviet Jewish immigrants, Sonya specializes in diasporic modern Jewish food, seasonal and sustainable cooking, and Ukrainian cuisine. Her culinary background includes working as a personal chef in Hollywood, food styling for television and the web, and founding and operating a Pacific Northwest Jewish deli. Sonya regularly teaches classes in person and on Zoom, and she loves sharing the tips and tricks she's learned professionally cooking for over a decade. She is a regular contributor to The Nosher, and you can find her recipes there or on her website: www.sonyasanford.com.

McKenzie Wren

Kabbalage (Collage Making)
Track Leader

McKenzie Wren (she/her/hers) is a facilitator who works in multiple arenas to support connection and growth. As Wren Consulting, she works with businesses and non-profits to support inclusion and belonging. As Ma'ayan Spiritual Arts, she facilitates art, ritual and connection through Earth-based, embodied Jewish practices uplifting the Divine Feminine. She is also the program manager for the Southern Jewish Network for Gender and Sexual Diversity (SOJOURN). At the heart of everything she does is the belief in the power of relationship, community and connection to nature. Whether facilitating art experiences, ritual or ceremony, workshops or classes, McKenzie creates a space where each person is seen, heard and valued and has an authentic experience.

Thank you to participants who led sessions:

Ginny Adam Kafka
Beth Feldstein
Vivian Gold
Nancy Gorod
Jessica Kullock

COMING UP AT RAMAH DAROM

Year-Round Retreats • Family Camps • Summer Camp

Retreats at Ramah Darom		
Winter Break Family Camp	Camp fun for the whole family with counselor-led adventures, family and adult-only time, a magical Shabbat and a rockin' New Year's celebration.	Dec 27, 2022- Jan 1, 2023
PJ's Grand Getaway	A special weekend designed for grandparents & grandkids (ages 6-12). Parents are also welcome to join the fun!	Jan 27-29, 2023
Southern Schmooze	Celebrate and connect with other small southern Jewish communities.	Feb 3-5, 2023
B'teavon *NEW*	A culinary exploration of all things Jewish food, developed in partnership with the Gefilteria (co)LABS.	Feb 17-20, 2023
Passover Retreat	A family-friendly, kosher for Passover vacation with meaningful programs, incredible scholars, delicous food and tons of fun.	Apr 4–14, 2023

To learn more about Ramah Darom Retreats please visit ramahdarom.org/retreats and email retreats@ramahdarom.org.

Camp Ramah Darom *Kayitz* (Summer) 2023		
Sessions Aleph / Bet	4-week programs for rising 4th-10th grade campers. (6th-10th graders may choose a full summer experience)	**Aleph:** June 7-July 2 **Bet:** July 5-30
Gesher Leadership Program	8-week program for rising 11th grade campers.	June 7-July 30
Nitzanim K'tzara	18-night modified session option for rising 4th grade campers.	July 5-23
Garinim	11-night program for rising 3rd grade campers.	June 21-July 2 July 12-23
Ta'am	5-night taste program for rising 2nd grade campers.	June 5-12 July 5-10
Ramah Bamah *NEW*	2-week specialty camp for rising 8th-10th grade campers interested in musical theater.	July 5-19
Tikvah Camper Support	A range of support for summer campers with disabilities.	
Tikvah Vocational Educational Program	Designed to provide 17 to 21 year-olds who require extra support the opportunity to learn vocational skills at Camp.	June 7-July 2
Camp Yofi	A 5-day program for families with children with ASD.	Aug 2-6

To learn more about Camp Ramah Darom, please visit ramahdarom.org/camp and reach out to camp@ramahdarom.org.

ramahdarom.org

SAFETY & SECURITY

Ramah Darom has developed comprehensive safety and security protocols in consultation with the the Security Committee of our Board of Directors, the Secure Community Network and the Rabun County Sheriff's department. Highlighted below are key elements of our protocols. We ask all guests to review this document with your family at the beginning of your stay.

Every building has an emergency exit plan posted and is equipped with fire extinguishers.
PLEASE MAKE NOTE OF EMERGENCY EXITS WHENEVER YOU ENTER A BUILDING.

The Sheriff's department has an on-site officer guarding our Clayton campus 24 hours/day throughout this retreat.

MEDICAL EMERGENCY

First aid kits and AEDs are available at the Welcome Center reception desk, the Marcus Lodge Hotel community room (ground floor), the Mountainside Retreat Hotel kitchenette (lower level), the Lakeside Hotel sitting room (bottom floor) and in the Main Dining Room.

In the Event of a Medical Emergency:

- IMMEDIATELY DIAL 911. Give location, sex and approximate age of victim and if possible, the type of emergency. Then dial 706.782.9300 from your cell phone or any campus phone and follow the prompts to alert a Ramah Darom staff person of your emergency.
- Stay with the injured person until help arrives. Try to calm, reassure and stabilize the person. Never move an injured person with a suspected neck or back injury.
- When medical staff arrives at the scene, summarize the situation and answer questions.

SEVERE WEATHER

Thunder and/or Lightning:

- Gather your family/group and move to a safe area (large indoor facility, bunk porch or common room) until the weather has passed.

Tornado Warning:

- Head immediately to one of the following designated emergency locations: Welcome Center Hotel lower level hallway, Marcus Lodge lower level community room, Mountainside Hotel lower level hallway, Levine Center lower level hallway and lower level common space of bunks 1/2 or 29/30.
- When at location, stay away from windows.
- Stay at designated emergency location until the "all clear" signal has been given over the emergency speakers.

FIRE

If You Spot a Fire:

- Leave the building and do not re-enter to remove personal property.
- IMMEDIATELY DIAL 911. Give location, and if possible, type of fire (grease, electrical, paper, etc.). Then dial 706.782.9300 from your cell phone or any campus phone and follow the prompts to alert a Ramah Darom staff person of your emergency. The office will sound the fire alarm throughout the campus.
- If a phone is not accessible, sound the closest fire alarm.
- If a campus-wide fire alarm is sounded, all guests should proceed immediately to the *kikar* (field in front of the Levine Center/Dining Hall) and remain there until the "all clear" signal has been given over the emergency speakers.
- If the fire occurs on or near the *kikar*, all guests should proceed to the *Beit Am* (covered basketball court).

ACTIVE SHOOTER

- EVACUATE if at all possible, leaving the area by the quickest route available. If necessary, leave the campus grounds. Leave your belongings behind.
- Call 911 as soon as it is safe to do so.
- If you are not able to evacuate, HIDE OUT in an area out of the active shooter's view. Block entry to your hiding place. If possible, lock the door. Silence your cell phone (including vibrate mode) and remain quiet.
- TAKE ACTION only as a last resort and only when your life is in imminent danger. Attempt to incapacitate the shooter. Act with physical aggression and throw items at the active shooter.
- When law enforcement arrives, remain calm and follow the officers' instructions. Immediately raise hands and spread fingers. Keep your hands visible at all times. Avoid quick movements toward officers whenever possible.

RECREATION

- **A** Tennis Courts
- **B** Hockey Court
- **C** Basketball Courts
- **D** Farm
- **E** *Breicha* (Swimming Pool)
- **F** Sand Volleyball Courts
- **G** *Beit Am* (Covered Basketball Court)
  Ramah Garden
- **H** Odyssey Course
- **I** *Kikar* (Activity Field)
- **J** Alpine Tower, Climbing Wall & Swing
- **K** Timber Challenge Course
- **L** *Medura* (Lakeside Fire Pit)
- **M** Archery Range
- **N** *Omanut* (Arts & Crafts Center)
- **O** *Gan* (Nursery)
- **P** *Agam* (Lake) & Boat Dock
- **PP** Softball Field
- **QQ** Menkowitz Trail

MEETING SPACES

- **Q** Mountaintop Pavilion
- **R** Future Home of The Staff Center
- **S** *Beit Am* (Covered Basketball Court)
  Amphitheater
  Ramah Garden
- **T** *Mirpeset Tefillah*
  (Mountainside Pavilion)
- **U** Pizza Oven & Fireplace Patio
- **V** **Levine Center**
  Chadar Ochel (Dining Hall)
  Mountainside *Chadar Ochel*
  Lakeside *Chadar Ochel*
  Moadon (Multipurpose Room)
  Beit Knesset (Spiritual Center)
  Mercaz Aryeh (Library)
  Fitness Center
- **W** *Margam* (Lakeside Pavilion)
- **X** Treehouse

LODGING

- **Y** Welcome Center
- **Z** Cottages (Z1- Z5)
- **AA** Marcus Lodge
- **BB** Mountainside Hotel
- **CC** Deluxe Cabin (1-4)
- **DD** Mountainside Cabins (1-12)
- **EE** Lower Roads Cabins (13-20)
- **FF** Lakeside Cabins (21–32)
- **GG** Lakeside Hotel

NAME:

ROOM:

RAMAH DAROM
רמה דרום