Medication & CampMeds

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Ramah Darom uses CampMeds, a dispensing and packaging company that helps us safely administer medications during the summer. Camp Ramah Darom requires ALL campers who take medications (prescription and non-prescription), including vitamins and supplements, to use the services provided by CampMeds. Using CampMeds ensures that all medication arrives at Camp before the start of each session, minimizes the potential for medication errors, reduces waiting times for children during medication call and assures that daily and “as needed” medications are dosed accurately and administered in a timely and safe manner. The CampMeds program also allows more time for our nursing staff to devote to our campers’ other healthcare needs.

CampMeds Policies

To avoid late fees, register with CampMeds and send your campers prescriptions to CampMeds at least 30 days before your camper’s session start date.

Pill medication taken on a routine basis will be individually packaged, sealed and sorted according to the date and time of administration by CampMeds’ affiliated, licensed pharmacy.

Medication that is taken on an “as needed” basis will be packaged separately.

Non-pill medication (drops, sprays, liquids, creams, chewable or dissolvable pills) will be obtained from the CampMeds Pharmacy.

NOTE: By law, all prescriptions must be filled, packaged and administered according to the written prescription from your camper’s physician. Please confirm the correct medication, dose and exactly how and when your camper takes the medication is on the prescription before it is sent to CampMeds.

Registering with CampMeds

CampMeds charges a medication administration fee of $55 per camper for one session or $65 per camper for the full summer; a $25 late fee is added for anyone not signing up one month before the start of the Camp session in which the camper is registered. To register, visit campmeds.com. You may contact them directly at info@campmeds.com or 954.577.0025. We ask for your cooperation in complying with this essential requirement and assisting us in our primary goal of maintaining the health, well-being and safety of your child. We expect 100% compliance.

Exceptions to Using CampMeds (Note New Exceptions)

Injectable Medications, Inhalers, Epi-pens, Insulin, Accutane, Birth Control Pills and Growth Hormone Injections.

If your child uses any of the medications listed above or if CampMeds tells you they are unable to fill your prescription, email the Ramah Darom Nurse Manager at medical@ramahdarom.org no later than April 15, 2021.

If the CampMeds pharmacy does not accept your insurance, we ask that you use the CampMeds repackaging service, which will prepare the medications/supplements appropriately, for an additional $10 per medication/supplement/vitamin. CampMeds will notify you, and work with you to make sure your prescriptions are filled and packaged correctly.
Over the Counter Medications

The MARP stocks most over-the-counter items such as Tylenol, Advil, Benadryl and Lactaid pills. Unless your child takes these medications daily, there is no need to send these items to Camp or through CampMeds. Please contact the Nurse Manager at medical@ramahdarom.org if you have questions about which medications the MARP stocks in its formulary.

Medication FAQs

What if my child’s medication/dosage changes?

If your child’s medication dosage or medication schedule should change after you have submitted the Health History and the Physician Examination forms to us, you must notify us in writing at medical@ramahdarom.org with a letter signed by the prescribing physician identifying the specific changes.

Where at Camp are medications kept?

All medications are kept in the MARP and/or medication dispensing office. All medication dispensing area at Camp are equipped with refrigerators. Medicines may NOT be kept in the bunk with the exceptions of inhalers, epi-pens, birth control, creams/ointments and insulin.

What happens with any extra medication at the end of the summer?

All unused or extra medications will be sent home with your child, packed safely in their luggage, except epi-pens and items that require refrigeration.

What if I get my child’s medication filled in a 3-month supply?

The 90-day supply must be broken down to 30-day increments. To be able to send CampMeds a script for one month, please fill your prescriptions one month at a time starting two months before your child’s arrival to Camp. Speak to your physician or insurance company about specific details.

Noncompliance Policy for Medications/Supplements

Unless you have prior consent from the medical team at Camp (see the CampMeds exemptions above), campers or camper families who arrive at Camp with camper medication in their luggage or on their person will be assessed a $200 fee for each medication to be processed and prepared for disbursement at Camp. These camper families will then also be required to order medication through CampMeds for the remainder of the child’s time at Camp.

You will have three days from the start of Camp to make arrangements with CampMeds. Your child will not miss any medication dosage while waiting for Camp meds to ship medications.

Medication Prescribed During Camp

If your child becomes sick while at Camp and the Camp doctor needs to prescribe medication, or if there is any change in your child’s medical regimen, you will be contacted by a doctor or nurse. Once we receive your permission for the prescription, we will send the prescription to our local pharmacy and provide the insurance information we have on file for your child. We will also give you the pharmacy phone number and ask that you contact them to confirm insurance coverage and arrange payment for any insurance co-pay or medication costs.

You may send us a copy of your FSA Debit card if you prefer the MARP to utilize your FSA account for such charges; please email the Nurse Manager at medical@ramahdarom.org authorizing permission to do so and your signature. The FSA Debit card can be provided as an attachment to your Insurance Info & Authorization Form; please make sure the front and back of the card are both visible.
Medication “Vacations”

Camp is often assumed to be a less structured, stress-free environment. As a result, parents are sometimes encouraged by prescribing physicians to allow their campers to take a “vacation” from their regular, school-year dose of medication during the summer. Although Camp provides an environment for relaxed fun, it is not always stress free.

There are many different challenges campers face: new social situations, changes in routine, very structured experiences and less structured experiences. For these reasons, we strongly encourage you to maintain your child’s routine medication regimen.

If you are considering a “vacation” from medication for your child, please communicate with us so that we can adequately prepare to work with your child in the most positive way. Please contact medical@ramahdarom.org to discuss any medication vacations.

Campers with Asthma & Allergies

During the summer sessions, Camp Ramah Darom’s dining room is completely peanut and tree nut free.

Guidelines for Campers Who Use an Inhaler

If your child uses an inhaler, they must have two inhalers at Camp. One inhaler will remain with your child and the second one will be kept in the MARP.

Please pack the inhalers in your child’s carry on, not in their duffel.

Campers must be aware that they have an inhaler in their carry-on bag for emergencies and should be instructed to inform the MARP that they have inhalers in their possession when they go through the Health Check-in on the first day of Camp.

Campers will be expected to carry one inhaler on their person or in their backpack throughout the day at Camp.

Campers with Allergies

Make sure that all allergies are listed in your camper’s information on your family dashboard. Let us know if your child carries an Epi-Pen for emergency treatment of a life-threatening allergic reaction and whether or not they understand and know how to use it.

If your child does carry an Epi-Pen, they must have two Epi-Pens at Camp. One Epi-Pen will remain with your child and the second one will be kept in the Infirmary. Campers will be expected to carry their Epi-Pen on their person or in their backpack throughout the day at Camp.

Please pack the Epi-Pens in your child’s carry on not in their duffel.

Campers must be aware that there is an Epi-Pen in their carry-on bag for emergencies, and should be instructed to inform the MARP that they two Epi-Pens in their possession, when they go through the Health Check-in on the first day of Camp.