Welcome to Camp Ramah Darom!

We are thrilled you are sending your child to our 25th summer at Camp Ramah Darom! We look forward to sharing an incredible kayitz (summer).

Camp Ramah Darom is a community of approximately 1000 people. Our policies and procedures, which reflect the values and mission of Ramah Darom, are designed to ensure a safe, healthy and exciting experience for all our campers. We ask for your cooperation in adhering to the regulations in this handbook.

Please read this handbook carefully and review the policies with your camper(s).

Atlanta Office
6400 Powers Ferry Rd Suite 215, Atlanta, GA 30339 • 404.531.0801

Summer Camp Office
70 Darom Lane, Clayton, GA 30525 • 706.782.9300

camp@ramahdarom.org
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General Information

COVID-19 Planning

We recognize that our world is significantly different this year, and we will be transparent about how we’re proceeding on the path towards a safe and successful summer 2021. We are planning for a joyful Camp summer, and we will continue to review local and Federal guidelines and the recommendations of the Ramah Darom Medical Committee and of the American Camp Association. We will keep you informed about our plans via regular updates through email, our COVID-19 FAQ page and virtual Town Hall meetings.

Eligibility, Application, Education

Eligibility

Children who have completed 2nd or 3rd grade are eligible for our 2-week “Taste of Ramah” program, designed for first-time campers. Children who have completed at least 3rd grade are eligible to attend a single 4-week summer session. Children who have completed at least 5th grade are eligible to attend a Full Summer (8-week session). Returning campers entering 11th grade may apply for the Gesher Leadership Development Institute and are required to attend Camp for 8 weeks.

Through the Henry and Annette Gibson Tikvah Support Program, Ramah Darom supports campers with physical disabilities, autism spectrum disorder, Down syndrome, intellectual disabilities, communication disorders, ADHD, and anxiety disorders. Support is offered at no additional fee and is available to campers of all ages during 2, 4 and 8-week sessions. Learn more about Tikvah Support.

Application for Enrollment

By submitting your camper’s application, you are accepting responsibility for payment of the full tuition for your camper’s enrollment. Campers will be considered enrolled once their completed application and Camper Profile has been received and reviewed by our Camper Care team. Occasionally, it is determined that Ramah Darom is not the right fit for a child. If this should happen, the family will receive a full refund of any fees paid.

Jewish Education

Ramah Darom campers are immersed in Jewish living in a way that impacts their life outside of Camp. Connecting campers’ experiences at Camp with their life outside of Camp will help to deepen and strengthen their Jewish identity. Participation in a program of supervised, formal Jewish learning to complement the summer is a critical component (day school, synagogue school, Hebrew High, online courses, etc). Therefore, we require that our campers commit to Jewish learning outside of the home beyond the summer.
2021 Camp Session Dates

<table>
<thead>
<tr>
<th>Session</th>
<th>Duration</th>
<th>Start</th>
<th>End</th>
</tr>
</thead>
<tbody>
<tr>
<td>Taste of Ramah Aleph (A)</td>
<td>2 Weeks</td>
<td>Wed., June 16</td>
<td>Sun., June 27</td>
</tr>
<tr>
<td>Taste of Ramah Bet (B)</td>
<td>2 Weeks</td>
<td>Wed., July 14</td>
<td>Sun., July 25</td>
</tr>
<tr>
<td>Aleph (A)</td>
<td>4 Weeks</td>
<td>Wed., June 16</td>
<td>Mon., July 12</td>
</tr>
<tr>
<td>Bet (B)</td>
<td>4 Weeks</td>
<td>Wed., July 14</td>
<td>Sun., Aug. 8</td>
</tr>
<tr>
<td>Full Summer (F) &amp; Gesher (G)</td>
<td>8 Weeks</td>
<td>Wed., June 16</td>
<td>Sun., Aug. 8</td>
</tr>
<tr>
<td>Intersession (F/G)</td>
<td>2 Days</td>
<td>Mon., July 12</td>
<td>Wed., July 14</td>
</tr>
</tbody>
</table>

*Tikvah inclusion support for campers* with disabilities is available during all sessions.

Changes & Cancellations

All cancellations or changes to enrollment status must be submitted on your family dashboard. Requests for changes made by phone or email will not be honored.

Requests for changes from one 4-week Session to another may be made without penalty pending available space. Changes from Full Summer to a single 4-week Session, a 4-week Session to “Taste of Ramah” or full cancellation, will be subject to the non-refundable, non-transferable fees indicated in this chart.

<table>
<thead>
<tr>
<th>Cancellation Date</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>On or before Jan. 15, 2021</td>
<td>No Fee</td>
</tr>
<tr>
<td>Jan. 15 - Mar. 31, 2021</td>
<td>$400 (2 weeks)</td>
</tr>
<tr>
<td></td>
<td>$600 (4 weeks)</td>
</tr>
<tr>
<td></td>
<td>$900 (8 weeks)</td>
</tr>
<tr>
<td>Apr. 1 – May 1, 2021</td>
<td>50% of Tuition</td>
</tr>
<tr>
<td>After May 1, 2021</td>
<td>Full Tuition</td>
</tr>
</tbody>
</table>

**Changes or cancellations due to COVID-19:** We are planning for a full return to Camp in summer 2021. Should we be required to limit summer attendance, or in the event the Ramah Darom Medical Committee or the Georgia Department of Health determine we are not able to operate Camp in 2021 due to COVID-related issues, we will offer full refunds to all affected families. However, if a family chooses to voluntarily withdraw prior to any cancellation announcement, or if a family chooses to voluntarily withdraw even if it has been determined we can safely operate Camp, they will be subject to the standard cancellation policy above. In these cases, we will address each situation individually and make exceptions only where there would be a clear medical risk to the camper as determined by the Chair of our Medical Committee. We appreciate your understanding and will communicate any changes, if required, as early as possible.
Refunds & Insurance

Refund Policy

There is no tuition refund for voluntary withdrawals after May 1, 2021. Each camper must arrive in good health and all campers must agree to Camp Ramah Darom’s rules of behavior including those outlined in the Camp Brit (Covenant) found below.

If a camper is dismissed for a behavioral infraction, there will be no refund. In the event any camper is dismissed involuntarily from Camp as a result of a parent/guardian’s failure to provide accurate or complete behavioral and or medical information, there will be no refund. There is no pro-rating of tuition for campers who need to arrive late or who depart Camp before the end of the session.

Campers who withdraw prior to a session for documented health emergencies will be eligible for a full refund, less a $300 administrative fee. Campers withdrawn during a session for medical reasons will have a pro-rated portion of tuition refunded, after a $900 withdrawal fee.

Peace of Mind Coverage

We are fortunate to be able to offer our families Peace of Mind coverage through AMSkier Insurance. This policy will enable you to recoup your lost investment for the unused, non-refundable Camp tuition if your camper cannot attend Camp or must leave Camp early for reasons such as illness/injury to the camper or an immediate family member or the death of a family member, and more. Learn more.
Immunization Policy

2021 Ramah Darom Vaccine Policy Statement for Campers, Staff, Visitors and Guests

Among our most cherished Jewish values is the importance of preserving life and maintaining health. Reducing the risk of vaccine-preventable illnesses from entering any of our programs is the single most effective strategy we can take to protect public health. This goal can only be accomplished through the appropriate vaccination of all those in residence at Ramah Darom. While we respect that individual families may choose to defer vaccinations, we cannot and will not defer the safety of our community as a whole.

Vaccination Requirements

We require all children, staff and families planning to attend a program at Ramah Darom adhere to the recommendations of the Advisory Committee on Immunizations Practices (ACIP) and the American Academy of Pediatrics (AAP) or the Canadian Pediatric Society (CPS) as outlined in 2020 US Centers for Disease Control & Prevention’s (CDC) Recommended Immunization Schedules:

2020 CDC Recommended Immunization Schedule for Age 18 Years and Younger

2020 CDC Recommended Adult Immunization Schedule for Age 19 Years and Older

If you are not sure which vaccines you or your child(ren) have received, please ask your health care provider.

Note: Not all states have the same requirements, but ALL CDC recommended immunizations are required at Ramah Darom.

Vaccination Exceptions

There are exceptions to the Ramah Darom vaccination policy, but they are extremely rare. We recognize that individuals who have had a documented allergy or severe adverse reaction to a particular vaccine may not be able to complete the immunization schedule outlined by the AAP and the CDC. Additionally, individuals with medical conditions such as congenital immunodeficiency or HIV, cancer and who are receiving chemotherapy, transplant patients, and persons receiving immunosuppressive drugs and chronic steroids also may not be able to receive certain vaccines. In these extremely rare circumstances, current documentation from a Physician (MD or DO), or a Pediatric/Family Practice Advanced Practice Nurse (ARNP or PNP), describing the reason for exemption from immunization must be furnished to Ramah Darom. We are happy to discuss case by case management of these extremely rare circumstances of medical contraindication to partial or complete vaccination.

All requests for exemption will be reviewed by our Medical Chair, in consultation with the National Ramah medical committee. Please email medical@ramahdarom.org if you would like to discuss an exemption.
Due to increased health and safety protocols, there are many changes to our travel protocols for Summer 2021. Below is general information. Please check our COVID-19 FAQ page for more details and updates.

Travel Registration

It is vitally important that we know exactly how your camper will be traveling to and returning home from Camp this summer. We ask you to provide this information in your family dashboard by March 15, 2021 and to keep us informed of any changes to your travel itinerary. It is your responsibility to ensure that we have the most accurate information regarding your travel arrangements.

Arrival & Departure

Flying to Camp

We work with the airlines and airport authorities and do our best to update our procedures. We will provide information regarding travel and a list of recommended flights in a detailed travel letter in February. Many of these flights will have Ramah Darom chaperones. NOTE: This year all flights and campers must have a community chaperone. Please check our COVID-19 FAQ page for more details.

While specific guidelines for travel will be outlined in the travel letter, plan to have your flight arrive at Atlanta Hartsfield-Jackson Airport between 10:00-11:30am on the first day of the session. Schedule return home flights to depart from the Atlanta Airport between 1:30-3:00pm.

Arriving by Bus or by Car

There are buses available to and from Camp in select cities. You will be notified in the travel letter if there is a bus option for your location. Note that there will be an additional fee for the bus to and from Camp.

NOTE: Ramah Darom will be a closed campus this summer. No family members will be permitted to enter Camp. Parents/Guardians who choose to drive, will drop off their camper(s) at a designated location outside of Camp. Detailed arrival day and departure procedures and instructions will be communicated before the start and end of Camp. Please check our COVID-19 FAQ page for more details.

Any variations to these times must have prior approval from the Camp office. To schedule alternative pick up or drop off times, please call the Atlanta office at 404.531.0801, or email travel@ramahdarom.org. If a camper has approval to be picked up at Camp prior to the end of the session, the established pick-up times are as follows: after breakfast, at 10:30am, or after lunch at 2:30pm (Eastern Daylight Savings Time).
Baggage

Each camper is allowed two soft trunks or duffel bags, not to exceed a total of 60 inches (L + W + H) and a weight of 45 lbs per bag.

*These are not airline regulations, but our own guidelines related to our ability to move and store luggage. It is your responsibility to double check both the airline’s baggage and unaccompanied minor policies. Application of these policies varies from airline to airline. Please ask your airline to give you its specific guidelines.*

You may ship your camper’s bags to camp via Fed Ex, UPS or other postal carrier.

Families are responsible for the cost of shipping in both directions. If you plan to ship baggage: Schedule the delivery for at least four days prior to the beginning of the session, mark bags clearly by labeling them with the camper’s name and division and obtain return shipping labels. Please send copies of the labels to travel@ramahdarom.org, so that we can attach the shipping tags at the end of the session.

Intersession, Places to Stay & Canteen

Intersession

Intersession is the time between session Aleph and session Bet. If your camper is staying for Full session or Gesher, we will provide Intersession options via email and ask you to submit your Intersession plan before Camp begins.

Intersession might look different this year due to increased health and safety protocols. Please check our COVID-19 FAQ page for updates on intersession.

Places to Stay

Dropping off at Camp or picking up from Camp and looking for a place to stay? Go to visitclaytonga.org.

Extra Money & Canteen

Camp tuition includes canteen snacks, with each aidah (division) having several scheduled visits to the canteen per week.

*Please Note: Campers will not need cash for any reason while they are on campus, and Ramah Darom cannot be responsible for money or other valuables kept in the cabin.*
Medical Information

The Health Center (Mirpa‘ah or MARP) is staffed 24 hours a day with medical, nursing and support staff. In case of an emergency, the Mountain Lakes Medical Center is minutes away. To make sure that the MARP staff is well prepared to care for all campers, it is imperative that you complete and submit all medical and health information for your camper by March 15, 2021.

You will find the 2021 health forms on your family dashboard. All medical forms must be submitted in order for your child to attend Camp. We require an up-to-date health history and documentation of your child’s physical examination, by their Health Care Provider. The physical examination must be completed within 12 months of your child’s arrival at Camp.

Failure to comply or withholding medical information may result in your child’s inability to attend or remain in Camp. If you have any questions or concerns, please email medical@ramahdarom.org.

Insurance, Emergencies & CampMeds

Medical & Pharmacy Insurance Coverage

Campers are required to have valid health insurance coverage.

If you do not have insurance coverage for your camper, a short-term policy may be purchased through AMSkier (800.245.2666).

Please provide evidence of your camper’s coverage where indicated in the family dashboard. If there are any changes to your insurance coverage or updates before the start of Camp, please inform us and submit the updated information.

Ramah Darom maintains a secondary source of accident/medical insurance which is available to all campers. This policy provides insurance for those medical expenses incurred at Camp which are not covered by the camper’s own primary health insurance coverage, excludes any pre-existing conditions, and is limited to $1,000 for sickness and $3,500 for accident per person per incident. The deadline for filing of any claims for secondary coverage under this policy is September 30, 2021.

Medical Emergencies: When We Will Contact Parents

We do not contact parents for routine camper visits to the MARP, including small injuries. Parents are only contacted in the following circumstances:

1. if the Camp doctor prescribes medication or feels there is a significant medical issue
2. if your child is taken out of Camp for consultation or x-ray, or
3. if your child spends the night in the MARP.

Our Camp doctors, at their discretion, may determine other situations where he/she feels parents should be contacted.
Medications

Ramah Darom uses CampMeds, a dispensing and packaging company that helps us safely administer medications during the summer. Camp Ramah Darom requires ALL campers who take medications (prescription and non-prescription), including vitamins and supplements, to use the services provided by CampMeds. Using CampMeds ensures that all medication arrives at Camp before the start of each session, minimizes the potential for medication errors, reduces waiting times for children during medication call and assures that daily and “as needed” medications are dosed accurately and administered in a timely and safe manner. The CampMeds program also allows more time for our nursing staff to devote to our campers’ other healthcare needs.

CampMeds Policies

To avoid late fees, register with CampMeds and send your campers prescriptions to CampMeds at least 30 days before your camper’s session start date.

Pill medication taken on a routine basis will be individually packaged, sealed and sorted according to the date and time of administration by CampMeds’ affiliated, licensed pharmacy.

Medication that is taken on an “as needed” basis will be packaged separately.

Non-pill medication (drops, sprays, liquids, creams, chewable or dissolvable pills) will be obtained from the CampMeds Pharmacy.

NOTE: By law, all prescriptions must be filled, packaged and administered according to the written prescription from your camper’s physician. Please confirm the correct medication, dose and exactly how and when your camper takes the medication is on the prescription before it is sent to CampMeds.

Registering with CampMeds

CampMeds charges a medication administration fee of $55 per camper for one session or $65 per camper for the full summer; a $25 late fee is added for anyone not signing up one month before the start of the Camp session in which the camper is registered. To register, visit campmeds.com. You may contact them directly at info@campmeds.com or 954.577.0025. We ask for your cooperation in complying with this essential requirement and assisting us in our primary goal of maintaining the health, well-being and safety of your child. We expect 100% compliance.

Exceptions to Using CampMeds (Note New Exceptions)

Injectable Medications, Inhalers, Epi-pens, Insulin, Accutane, Birth Control Pills and Growth Hormone Injections.

If your child uses any of the medications listed above or if CampMeds tells you they are unable to fill your prescription, email the Ramah Darom Nurse Manager at medical@ramahdarom.org no later than April 15, 2021.

If the CampMeds pharmacy does not accept your insurance, we ask that you use the CampMeds repackaging service, which will prepare the medications/supplements appropriately, for an additional $10 per medication/supplement/vitamin. CampMeds will notify you, and work with you to make sure your prescriptions are filled and packaged correctly.

Over the Counter Medications

The MARP stocks most over-the-counter items such as Tylenol, Advil, Benadryl and Lactaid pills. Unless your child takes these medications daily, there is no need to send these items to Camp or through CampMeds. Please contact the Nurse Manager at medical@ramahdarom.org if you have questions about which medications the MARP stocks in its formulary.
Medication FAQs

What if my child’s medication/dosage changes?
If your child’s medication dosage or medication schedule should change after you have submitted the Health History and the Physician Examination forms to us, you must notify us in writing at medical@ramahdarom.org with a letter signed by the prescribing physician identifying the specific changes.

Where at Camp are medications kept?
All medications are kept in the MARP and/or medication dispensing office. All medication dispensing area at Camp are equipped with refrigerators. Medicines may NOT be kept in the bunk with the exceptions of inhalers, epi-pens, birth control, creams/ointments and insulin.

What happens with any extra medication at the end of the summer?
All unused or extra medications will be sent home with your child, packed safely in their luggage, except epi-pens and items that require refrigeration.

What if I get my child’s medication filled in a 3-month supply?
The 90-day supply must be broken down to 30-day increments. To be able to send CampMeds a script for one month, please fill your prescriptions one month at a time starting two months before your child’s arrival to Camp. Speak to your physician or insurance company about specific details.

Noncompliance Policy for Medications/Supplements
Unless you have prior consent from the medical team at Camp (see the CampMeds exemptions above), campers or camper families who arrive at Camp with camper medication in their luggage or on their person will be assessed a $200 fee for each medication to be processed and prepared for disbursement at Camp. These camper families will then also be required to order medication through CampMeds for the remainder of the child’s time at Camp.

You will have three days from the start of Camp to make arrangements with CampMeds. Your child will not miss any medication dosage while waiting for Camp meds to ship medications.

Medication Prescribed During Camp
If your child becomes sick while at Camp and the Camp doctor needs to prescribe medication, or if there is any change in your child’s medical regimen, you will be contacted by a doctor or nurse. Once we receive your permission for the prescription, we will send the prescription to our local pharmacy and provide the insurance information we have on file for your child. We will also give you the pharmacy phone number and ask that you contact them to confirm insurance coverage and arrange payment for any insurance co-pay or medication costs.

You may send us a copy of your FSA Debit card if you prefer the MARP to utilize your FSA account for such charges; please email the Nurse Manager at medical@ramahdarom.org authorizing permission to do so and your signature. The FSA Debit card can be provided as an attachment to your Insurance Info & Authorization Form; please make sure the front and back of the card are both visible.

Medication “Vacations”
Camp is often assumed to be a less structured, stress-free environment. As a result, parents are sometimes encouraged by prescribing physicians to allow their campers to take a “vacation” from their regular, school-year dose of medication during the summer. Although Camp provides an environment for relaxed fun, it is not always stress free.
(Medication “Vacations” continued)

There are many different challenges campers face: new social situations, changes in routine, very structured experiences and less structured experiences. For these reasons, we strongly encourage you to maintain your child's routine medication regimen.

If you are considering a “vacation” from medication for your child, please communicate with us so that we can adequately prepare to work with your child in the most positive way. Please contact medical@ramahdarom.org to discuss any medication vacations.

**Campers with Asthma & Allergies**

During the summer sessions, Camp Ramah Darom's dining room is completely peanut and tree nut free.

**Guidelines for Campers Who Use an Inhaler**

If your child uses an inhaler, they must have two inhalers at Camp. One inhaler will remain with your child and the second one will be kept in the MARP.

Please pack the inhalers in your child's carry on, not in their duffel.

Campers must be aware that they have an inhaler in their carry-on bag for emergencies and should be instructed to inform the MARP that they have inhalers in their possession when they go through the Health Check-in on the first day of Camp.

Campers will be expected to carry one inhaler on their person or in their backpack throughout the day at Camp.

**Campers with Allergies**

Make sure that all allergies are listed in your camper's information on your family dashboard. Let us know if your child carries an Epi-Pen for emergency treatment of a life-threatening allergic reaction and whether or not they understand and know how to use it.

If your child does carry an Epi-Pen, they must have two Epi-Pens at Camp. One Epi-Pen will remain with your child and the second one will be kept in the Infirmary. Campers will be expected to carry their Epi-Pen on their person or in their backpack throughout the day at Camp.

Please pack the Epi-Pens in your child's carry on not in their duffel.

Campers must be aware that there is an Epi-Pen in their carry-on bag for emergencies, and should be instructed to inform the MARP that they two Epi-Pens in their possession, when they go through the Health Check-in on the first day of Camp.

**Head Lice, Health Practices & Updates**

**Head lice**

Help us prevent the spread of head lice by checking your child for lice and nits (lice eggs) before Camp starts. If your child is found to have head lice or nits during the Health Check-In on the first day, he/she must be treated before moving into their bunk. We partner with a professional company to conduct lice checks on arrival day and before departure to help facilitate a more expedited check-in and thorough screening. You will be contacted if your child requires treatment and charged a fee for lice removal and treatment.
Dental & Orthodontic

Please take care of all your child's dental and orthodontic needs before the start of Camp. Camp does not have a dentist or orthodontist on site. In the event your child needs dental treatment, we will contact you and discuss possible options for care. Camp can arrange a visit and transport to a local dentist or orthodontist in Clayton. Remember to label all retainer containers with your child's name.

Eye Care (Glasses and Contact Lenses)

Children who wear glasses or contact lenses should bring an extra pair to Camp. Glasses should have the camper's name marked clearly on the inside of the frames. Camp's secondary health insurance does not cover normal eye care or maintenance. In the event that your child requires the services of an ophthalmologist or optometrist, Camp will make arrangement for the visit, transport and accompany your child to the appointment. You will be billed for all doctor's fees.

Important Health Practices

Before the start of Camp, please have discussions with your children about the following health practices:

- Do not share clothing, anything that touches the head (hats, kippot, scarves, combs, brushes, hair clips/ornaments, pillows, sheets, or towels), drinks, food, water bottles or personal hygiene items such as razors.
- Wash hands before and after meals and after using the restroom.
- Use the hand sanitizers, located throughout Camp, when washing with soap and water is not readily available.
- Showers should be taken daily along with changing into clean underwear and clothing daily.
- Brush teeth at least twice a day.
- Stay hydrated: Drinking plenty of water throughout the day is extremely important. Campers must arrive with two reusable water bottles labeled with their name. A limited number of replacement water bottles will be available for a fee charged to the camper.
- Use sunscreen and bug repellent. Please teach your children how to use these items. Counselors will remind campers to drink and apply sunscreen regularly, but it is important that the campers also take responsibility.
- Eat a healthy, well-balanced diet! This is critical to good health at Camp. We will provide a healthy variety of food choices at every meal including snacks.
- WEAR CLOSED TOE FOOTWEAR. Open toed shoes should have an ankle strap. Even acceptable sandals are not permitted for most Camp activities. Many injuries seen in the MARP are due to improper footwear. One pair of flip flops for use in the shower is permissible.

Last Minute Health Information Updates

If your child's medical condition, medication dosage or medication schedule should change after you have submitted the Health History and the Physician Examination forms to us, you must notify us in writing at medical@ramahdarom.org with a letter signed by the prescribing physician identifying the specific changes. CampMeds will always accommodate campers at any time; all you need to do is contact them regarding a medication change or add-on.
Parent Logistics

Family Emergencies During Camp

If there is a family emergency, please inform the Camp office by calling 706.782.9300.

Please communicate to whomever answers that you are calling regarding an emergency so your call can be directed properly.

Decisions regarding how to handle the specific situation will be made in partnership with our Camp Director, Associate Director and the parent(s) or guardians. Only after Camp is notified are arrangements made for parents and children to talk. This approach prepares Camp to support your children through the difficult situation.

Change of Address

It is important that parents notify the Camp office of any change in their permanent or summer address, telephone number, or email addresses by updating your profile on your family dashboard. You may also contact our Registrar Andrea Cohen at andreacohen@ramahdarom.org to update your contact information.

Parent Vacations

If you will be away from home when your child is at Camp, or if your summer address is different from your address during the rest of the year, please email this information to Andrea Cohen at andreacohen@ramahdarom.org so we can make sure the MARP and Director know how to reach you should the need arise.
Communications

Mail

Prior to Camp, you will receive an email with the guideline for communicating with Camp as well as a list of the names of the Yoetzim (Parent Liaisons) assigned to each aidah (division) for each session.

**Campers are required to write home twice a week.**

Letters sent through the USPS may take some time to arrive home. If this happens, don't worry as “no news is good news”! If you receive a homesick letter from your child, or are just concerned, please call Camp and ask for the Yoetz/et. Your child’s Yoetz/et will check out the situation and get back to you.

**Please write your child often!**

You should send your first letters to Camp one to two weeks prior to the start of the Camp session, as mail service to Clayton can be slow. Please allow at least a week for mail delivery, as there is no mail pickup at Camp between Friday and Monday.

**Address all mail to your camper(s) as follows:**

Camper’s Name  
Bunk #——  
Camp Ramah Darom  
70 Darom Lane  
Clayton, GA 30525

**Flat Package Policy**

Camp Ramah Darom will only accept flat envelopes up to 12”x15” for magazines, photos, or books. Small items such as stickers, pens, and rubber bracelets are permitted as long as they fit inside the flat envelope. **DO NOT SEND FOOD, CANDY or GUM.** Any food contents will be donated.

**Books**

For the avid readers among our Camp community, we will accept boxes mailed from Amazon containing BOOKS ONLY. **Any package that is not flat or contains anything other than books will not be delivered to your camper. If a package arrives that is not pre-approved, it will be returned unopened to the sender at the sender’s expense.**

**Necessary Items**

Should your child forget an item (e.g., sunscreen, water bottle or sandals) please be in touch with your child’s Yoetz/et (Parent Liaison). Often, they are able to obtain these items for your camper avoiding the wait and hassle of shipping something to Camp. If an item still needs to be sent, after obtaining permission, please address the package to: **Camper’s Name, Aidah Name, c/o Yoetz/et Name.**
Email

Campers can receive emails from parents and guardians. *There is a small fee which covers the cost of technology, supplies and staffing so that we can offer this service.* Each morning (except Wednesdays and Saturdays) emails will be printed out and distributed to campers around lunch time that day. Emails sent after the batch is printed, or sent on Wednesdays or Saturdays, will be distributed to campers the next day at mail call.

Parents can also send with their email, a request for handwritten response which will provide the camper with one page to write back to parents. These forms, once filled out by your child and returned to our Camp post office box will be sent electronically via Bunk1 back to the parents. **Even if you have sent an email, please do not expect an immediate reply!** It can sometimes take a few days for your child’s reply as they may be out of Camp on a trip, involved in a day-long camp activity or just busy having fun! Parents can also print out some Handwritten Response forms ahead of time and send them with their camper to be used to send letters home to parents electronically during their session.

Telephone Calls

Unless it is an emergency, campers do not speak to parents on the phone. Please note that cell phones are not permitted at Camp. If a camper brings a cell phone, it will be collected and held in the Camp office safe until the end of the session.

If you are concerned about your child’s well-being, or if you want to find out how your camper is doing, please leave a message for the Yoetz/et (Parent Liaison). Contact information for Yoetzim (Parent Liaisons) will be emailed to you before Camp begins. The Yoetz/et will research the situation and get back to you within 24 hours. Please note that messages left for the Yoetzim on Friday afternoons are not generally returned until Sunday morning.

If the situation is an emergency, please follow the emergency contact procedure as outline under “Parent Logistics.”

News from Camp

In addition to the letters parents will be receiving from their child(ren), our online photo galleries, regular video and pre-Shabbat news updates (Drishat Shalom) will help parents stay connected with all the fun happening at Camp.

Drishat Shalom/Pre-Shabbat News

During the summer, Drishat Shalom will be emailed every Friday before Shabbat. This weekly news update will summarize the week and touch on intangible aspects of the Ramah Experience – the magical parts of Camp that photos and videos cannot capture.

Camper Photos

Each day, our Camp photography staff takes a myriad of photos of campers in action, and we will upload those photos a few times a week. We will share a combination of posed and candid photos at a diversity of Camp locations and activities. You can easily download photos as well as share on social media. You will receive details on how to access photos before Camp begins.
Clothing & More

Rules for Clothing at Camp

At Camp, campers and staff dress in a way that demonstrates respect for the community and our educational environment. Clothing should be tasteful and modest. Camp is not a place to test out the latest extreme fashion trends. Dress at Camp is for comfort and activity, not for show. We reserve the right to determine the appropriateness of a camper's clothing. Campers will be sent back to their Tzrif (cabin) to change, if their clothing is inappropriate.

Swim Wear

All campers and staff must wear swim wear that reflect our modesty standards, such as:

- One-piece or tankini style swim wear that completely covers the midriff
- Board shorts or boxer style swim trunks
- Rash-guard/swim shirts

Shabbat Clothes

Shabbat is a very special time of the week. Our guideline for tasteful dress is not fancy; we discourage elaborate, expensive outfits and encourage simplicity. NOTE: Jeans are not appropriate for Shabbat and all Shabbat tops must have sleeves (short or long).

The following is appropriate for Shabbat:

- Collared shirt (polo or button down)  
- Skirt and blouse or a dress with sleeves
- Khaki pants or similar trousers
- Shorts are acceptable on Saturday, but not on Friday night

Kippot

All males are required, and females are encouraged, to wear a kippah at mealtimes and during t’fillot (prayers). PLEASE MAKE SURE ALL KIPPOt ARE LABELED. We encourage campers to carry a kippah with them in their bag throughout the day.

Tefillin & Tallit

All males of Bar Mitzvah age are required to wear Tefillin; females of Bat Mitzvah age are encouraged to wear Tefillin. If your son or daughter is of Bar/Bat Mitzvah age but does not have Tefillin, please acquire a set before Camp. PLEASE MAKE SURE ALL TALLIT, TALLIT BAGS AND TEFILLIN BAGS ARE LABELED. (A clear plastic zippered pouch labeled with the camper’s name is helpful to keep these items protected and together.)

Face Masks

Please check our COVID-19 FAQ page for details.
Labeling, Loss & Laundry

Labeling Clothes & Belongings
Label everything that comes to Camp with your child’s name. You may choose to purchase labels online, but Sharpies work just fine, too!

Wear & Tear & Loss
Camp clothes will see a lot of wear and tear. Please consider sending clothing that is comfortable and well broken-in for everyday wear.

We do our best to protect your child’s belongings, and we ask that you discuss with your child the importance of being responsible for their belongings.

Ramah Darom assumes no responsibility either for wear and tear, loss or damage to a camper’s clothing or other personal items. We suggest that you arrange with your insurance agent for a floater policy to cover loss or damage.

Note: If your camper accidentally leaves items behind at Camp, please contact our office as soon as possible. We do our best to locate and return lost items, but we are only able to return items on which we can identify the camper’s full name clearly marked on them. Items that are located can be mailed back home at the parent’s expense.

Laundry
Please pre-wash all of your child’s clothing prior to Camp. In addition, be sure that all clothing you send to Camp is colorfast. Laundry will be sent out once a week and will come back one day after it has been sent. Laundry bags will be provided, but we suggest that you also send your child to Camp with two laundry bags. Campers should not plan on washing their own clothes.

At the back of the Handbook, you will find a suggested packing list. Please adjust this list to fit your child’s own particular needs.

What NOT to Wear/Bring
DON’T Wear it!
The following items do NOT reflect our modesty standards and are NOT permitted at Camp:
- Halter-tops
- Low-cut shirts
- Shirts with inappropriate words, phrases or symbols
- Short skirts
- “Low rider” pants
- See-through clothing
- Exposed bra straps
- Exposed underwear
- Bikini or Speedo style swimsuits

DON’T Bring It!
- Any electronic devices that can connect to the Internet including computers, iPads, portable game systems or other similar equipment
- DVD players, televisions, video cameras, walkie-talkies, etc.
- Money (apart from money provided for yetziot/field trips, as outlined above)
- Guns or knives (toy or real) of any kind or laser pointers
- Alcohol or tobacco, e-cigarettes of any kind, including Juul devices
- Illegal substances or related paraphernalia, including but not limited to marijuana in any form
Birthdays, B’nai Mitzvah & Camp Time

Bar/Bat Mitzvah Guided Review

As an educational institution, Ramah Darom is committed to making sure that the hard work your child has put in preparing to become a Bar/Bat Mitzvah, prior to Camp, is not forgotten during an amazing, fun-filled summer. If your child has a Bar/Bat Mitzvah between July and December 31, 2021, Camp will provide some guided scheduled review with a staff member on a weekly basis. Since there is very little “free time” at Camp, the review will usually take place during rest hour. Camp staff will schedule the review times and make every effort to make sure your child attends, but it is ultimately the camper’s responsibility to attend their review sessions!

While we do not offer review sessions for children with Bar/Bat Mitzvah occurring after December 31, 2021, every camper will have the opportunity to learn valuable skills during the summer like leading services, Birkat Hamazon, reading Torah and Haftarah (Camp does have its own melodies though, which may vary from what your congregation sings).

Birthdays

Every camper with a birthday during Camp will receive a birthday cake for a tzrif (cabin) party in the dining hall at mealtime. There is no need to call Camp with a similar request. Campers with birthdays during Camp will be allowed to phone home on their birthday. Calls are generally made between 8-10pm EDT and are facilitated by the Yoetz/et.

Camp Time

During the summer, on the first night of each session, Camp Ramah Darom sets its clocks to Eastern Standard Time. For example, when it is 12:00 noon in Atlanta (which is Eastern Daylight Savings Time-EDT), it is only 11:00am at Camp. On the last evening of each session the clocks are changed back to EDT. “Camp Time” allows younger campers an opportunity for programming on Saturday nights after Shabbat. In addition, the sun has an extra hour each morning to warm the pool and lake for swimming and dry dew off of the playing fields.
Rules & Regulations

Technology & Cell Phones

Camp is a screen-free experience!

Any devices with screens (including phones, iPads, computers, etc.) that are brought to Camp will be collected and held in a safe space in our Camp office for the duration of the session. Campers will receive their screens back at the end of the session, as they arrive at the airport, depart the bus or are picked up by family members. If your child has a phone with them for travel purposes, make sure they understand that it must be turned in for storage upon arrival.

Suggestions to help your children to adapt to this screen-free environment:

- Talk to your children about the benefits of “unplugging.”
- Encourage your children to write you letters.
- Provide your children with address labels of friends and family along with postage.
- Provide a basic (screen-free) MP3 player, including the original iPod, iPod Shuffle or Nano for your child (listening to music and audio books on one of these devices is allowed).

Music & Audio Books

Campers are permitted to bring an original iPod, iPod shuffle or Nano or other screen-less MP3 players to enjoy their personal music at Camp and share with their friends.

Camp Ramah Darom bears no responsibility for lost or damaged personal electronics.

Please review the music that your child wishes to bring to Camp to be certain it is appropriate for the Ramah Darom setting. Do NOT send your child to Camp with music that advocates drug use or violence, which degrades other human beings, that is sexually explicit or that includes swearing, cursing or other inappropriate lyrics.

Your assistance in this matter will help create a comfortable and positive environment for all of our campers and for our entire community and communicate the value of Kedushat Halashon (the sanctity of language) that Camp holds so dear.
Piercings, Graffiti & Privacy

Piercings
At the foundation of Judaism is the idea that each human being is created B’tzelem Elokim (in the Image of God). At Camp, this value is expressed in the way that we dress, in our appearance and personal hygiene and in the way that we speak and act towards one another. Certain norms in secular society challenge the notion that our actions should reflect the idea of being created B’tzelem Elokim. Contemporary social trends like body piercings negate the underlying Jewish value that our bodies are to be viewed as gifts on loan from God, entrusted in our care. While earrings (for both men and women) are acceptable, other body piercings are not acceptable at Camp.

Graffiti
The buildings at Ramah Darom are beautifully maintained and represent the work and dedication of supporters throughout the country. Ramah Darom does not permit writing on walls, tables, benches or any other piece of Camp property. Campers are expected to properly respect the campus and the buildings. Absolutely no graffiti is permitted. A fine of $300 per incident plus any maintenance costs for repairs will be assessed for any defacing of, or damage to, Camp property. Re-enrollment of a camper will not be permitted until the fine is paid in full.

Privacy vs. Protection
While respect for the privacy of individuals at Camp is a value we teach and encourage, the needs of the community sometimes supersede the needs of the individual. If the health or safety of other campers or staff is at risk, campers may be asked to have their belongings searched and inventoried in the presence of two designated members of the senior staff.

Visiting & Gratuities
Visiting
To keep our community safe and healthy, this summer no visitors will be allowed on campus.

Gratuities
Staff members at Ramah Darom are engaged in an important educational enterprise. As professional educators, they may not accept gratuities under any circumstances. If you feel that a staff member has performed exceptionally well during the summer, please bring this to the attention of the Camp Director. If you would like, you can show your appreciation for a staff member by making a contribution in that staff member’s name to the Staff Appreciation Fund. A card will be sent to the staff member in whose name the gift is made. Contributions may be made by calling Sharon Rosenfeld at 404.503.2129 and will be used to enhance staff life at Camp.
In order to best understand expectations and acknowledge commitment to the Ramah Darom community, all campers and Parents/Guardians are required to read, discuss and agree to this Brit and completing Brit Acknowledgment document on your Family Dashboard, before arriving at Camp.

At Ramah Darom we exemplify the qualities of כבוד (respect) and טוב לב (kindness) in interactions with כלם (everyone) both during the summer and during the school year.

- We respect the feelings and emotions of others when in Camp and when at home. We talk with kind words, invite others to join us in play, take care not to exclude, humiliate or show meanness to others and respect other’s bodies.
- We respect the property of others by not taking, defacing, destroying or altering property that does not belong to us.
- We follow the rules of Camp, which include NOT bringing cigarettes, juul equipment, e-cigarettes, drugs, dangerous objects or illegal or dangerous items to Camp.
- We follow Camp rules and behavior expectations on field trips, since we represent Ramah Darom and the Jewish community.
- We respect the requests and directions of staff members whose role is to keep us all safe and ensure an enjoyable time for all.
- We continue to treat members of our community with respect and kindness, including respectful interactions while texting and using social media, all year long.

At Ramah Darom, we view each person as a reflection of God. Our diverse community is an essential part of who we are because every member of the Ramah community is of equal and supreme worth.

- We respect that each of us is a unique individual, offering compassion and help, without teasing or bullying those who may be different from ourselves.
- We each strive to be the best version of ourselves, focusing on our own growth and learning.
- We accept that we each may make mistakes, but that we can all learn from these experiences, and attempt to give each other the benefit of the doubt when there is a disagreement.
- We are part of an inclusive environment, and we do not exclude others or make fun of another’s challenges.
- We come to Camp with a positive attitude and bring our curiosity for exploring our Judaism.
- We commit to be a דוגמה אישה (role model), expressing our profound Jewish joy and love for our קהלה (community).

All campers and Parents/Guardians are encouraged to read discuss and agree to the Brit and consequences as described in this Handbook by completing a Brit Acknowledgment document on your family dashboard.
Noncompliance Policy for Behavior/Breaking Camp Rules

While we do not expect perfection, we do expect all members of our community to strive for growth and being an integral member of Ramah Darom.

First Offense
Counselors will be the first line of intervention with camper behaviors. They will utilize collaborative problem solving to address camper misbehavior.

Second Offense
Rosh Aidah (Unit Head) will meet with the camper and counselor to decide on appropriate logical consequence, such as cleaning an area of Camp or cleaning the dining hall, writing an apology letter or missing an evening activity. Yoetz/et (advisor) will work with the Rosh Aidah in development of the consequence and may also meet with the camper to develop a behavior plan for success with the camper. Parents will be called and informed of the misbehavior and behavioral plan.

Third Offense
Camper and Rosh Aidah will meet with Director of Camper Care or Camp Director. Parents will be called and included in the consequence plan. Dismissal from Camp may occur by the discretion of the Camp Director.

Immediate Dismissal
Behaviors that put your child or others at risk may result in immediate dismissal* from Camp, such as:

- Possession or consumption of alcohol
- Possession or consumption of illegal drugs or tobacco products
- Possession or consumption of non-prescribed legal drugs
- Leaving Camp property without proper authorization
- Purposefully harming others at Camp, emotionally or physically
- Possession or use of e-cigarettes, vape pens or similar devices with or without tobacco or marijuana products
- Possession of use of guns, knives or weapons of any kind

*Campers who are dismissed from Camp due to behaviors or breaking of Camp rules, result in immediate expulsion from Camp with no refund of tuition or fees. Travel costs incurred due to dismissal will be parents'/guardian's responsibility.

The following items will be confiscated and may be returned at the end of Camp

- Cell phones or any electronic devices that can connect to the Internet including computers, iPads and other tablets, eReaders, portable game systems or other similar equipment
- Other electronics, including DVD players, televisions, video cameras, walkie-talkies, etc.
- Flammable materials such as matches, fireworks, lighters, butane, incense, candles and hot pots
- Money, apart from money provided for yitziot (field trips)
- Toy guns, weapons or laser pointers

All campers and Parents/Guardians are encouraged to read discuss and agree to the Brit and consequences as described in this Handbook by completing a Brit Acknowledgment document on your family dashboard.
# Prep for Camp at a Glance

| Jan. | 1. Schedule a doctor’s appointment to get medical forms reviewed and signed  
| | 2. Get comfortable with your family dashboard  
| | 3. Review the Parent/Guardian Handbook (Note our immunization policy)  
| Feb. | 1. Complete all medical forms on your family dashboard  
| | 2. Find a flight  
| | A recommended flights list will be available for you to view or download soon.  
| | 3. Sign up for CampMeds  
| | All campers who will be taking medications, vitamins or supplements while at Camp must sign up to have medication sent to Camp using our pharmacy partner at campmeds.com  
| Mar. | 1. Forms are due March 15th unless otherwise noted  
| | 2. Finalize travel plans & complete the travel information on your family dashboard  
| Apr. | 1. Review and sign the COVID Brit (Agreement)  
| | 2. Start Shopping: To ease the shopping stress, visit packfor camp/ramah-darom, where you will find almost every thing on your packing list and tons of fun Ramah Darom logowear  
| | Note: Camp is not a place for fancy or expensive clothing. Your local thrift store is a great place to find t-shirts and other clothing perfect for Camp  
| | 3. Order labels or Sharpie Pens for labeling all items brought to Camp  
| May | 1. Final tuition payment due (May 1)  
| | 2. Session A: CampMeds registration & prescriptions due one month before Camp  
| | 3. Session A: Receive luggage tags two weeks before Camp  
| Jun. | 1. Session B: CampMeds registration & prescriptions due one month before Camp  
| | 2. Session B: Receive Luggage tags two weeks before Camp  

Grey denotes optional items
# Camp Packing Checklist

## Clothing & Shoes
- 12 T-Shirts (1 White/100% Cotton)
- 2 Long Sleeve Shirts
- 4 Pairs of Pants/Jeans/Sweatpants
- 8 Pairs of Shorts
- 14 Pairs of Underwear
- 3-4 Pairs of PJs (1 Heavy)
- 3 Bathing Suits (No Bikinis or Speedo Style. See Handbook)
- 14 Pairs of Athletic Socks
- 2 Sweatshirts/Pullovers/Jackets
- 1 Hooded Raincoat/Poncho
- 1 Pair Shower Shoes/Flip Flops
- 1 Pair Sturdy Waterproof Shoes/Hiking Boots
- 2 Pairs Athletic Shoes
- 1 Pair Sandals with Back Strap
- 1 Hat/Cap/Sun Visor
- Shabbat Clothes (See Handbook)

## Bedding & Toiletries
- 2 Sets of Sheets (size Twin XL)
- 2 Pillowcases
- 1 Pillow
- 2 Blankets (1 Light, 1 Heavy)
- 4 Wash Cloths
- 4 Bath Towels
- 2 Pool Towels
- 2 Laundry Bags
- 1 Plastic Toiletry Caddy
- 1 Brush/Comb
- 2 Toothbrushes & Toothpaste
- 1 Soap Dish
- 3 Bars of Soap
- Shampoo
- Sunscreen

## Miscellaneous
- 1 Individual Fan (Battery Operated Clip-On)
- 2 Large Water Bottles/Canteens
- 1 Flashlight (with Extra Batteries)
- 1 Pair Sunglasses
- Stationary, Pens, Stamps & Addresses of Family & Friends
- 4 Kippot with Clips (Optional for Girls)
- Tallit & Tefillin for B’ni Mitzvah (Optional for Girls)
- 1 Small Backpack
- 1 Packable Sleeping Bag (Polyester-Filled)

## COVID-Safe Gear
- Face Masks (10-14 reusable & a box of disposable)
- Small Mesh Laundry Bag

## Optional
- Mattress Cover, Hanging Bag/Organizer, Slippers, Small Sewing Kit, Bug Repellent, Pool Goggles, Bathing Cap, Bathrobe, Camera, Musical Instrument, Hebrew Bible, Books, Tikkun, Athletic Equipment (Baseball Mitt, Basketball, Tennis Racket)
- Red, Blue, Green & Yellow Sportswear for Yom Sport (Spirit Day)

## What NOT To Bring
- Electronics, Toy Guns (Any Kind), Flammable Materials, Laser Pointers, Alcohol, Tobacco, E-cigarettes (Any Kind), Illegal Substances or Related Paraphernalia, Knives, Guns, Weapons, Inappropriate Clothing, Bikini or Speedo-Style Swimwear

Check out our Pack for Camp Store at packforcamp.com/ramah-darom. Remember to label everything with your child’s name!
Driving Directions

Please print these directions and bring them with you.
GPS directions are often inaccurate and some shorter routes are dangerous.

To Clayton, GA

**From Atlanta, GA**
- Take I-85 N to I-985 N
- Continue straight on US-365 / 441 N to Clayton
- *Follow directions below starting at #1

**From Asheville, NC**
- *Follow directions below starting at #1

**From Charlotte, NC**
- I-85 S to SC-24 W and US-76 W to Clayton, GA
- *Follow directions below starting at #2

**From Florida**
- Take I-75 N to I-475 N (By-Pass Macon)
- Back onto I-75 N to I-285 E to I-85 N to I-985 N
- Continue straight on US-365/441 N to Clayton
- *Follow directions below starting at #1

**From Nashville, TN**
- Take 24 E to 1-75 N
- Take US-64 Bypass E (Exit 20) toward Cleveland
- Merge onto US-74 to US-64 E
- Turn right onto NC-69
- Take 76 E for 16.6 miles
- Turn Left onto Persimmon Rd.
- *Follow directions below starting at #4

**From Clayton to Ramah Darom**

1. U.S. 441 N to US-76 W (Pass McDonald’s on left.)
2. Turn left onto US 76-W (Savannah Street), (landmarks: Dairy Queen, Citco Gas) and travel 8.03 miles.
3. Turn right onto Persimmon Rd. (It’s about a quarter of a mile after you pass Charlie Mountain Road. If you reach the YMCA Camp High Harbour or Lake Burton, you’ve gone too far.)
4. Continue for 8.5 miles on Persimmon Rd. (Make sure you keep to the left at the fork of Mellie Keener and Persimmon.)
5. Check in at the security booth on your left side.

For assistance, please call the Camp at 706.782.9300