

MISHPACHAH B' RAMAH

*Physically-Distanced Family Getaways
at Ramah Darom*

Sample Schedule

What a day might look like for your family at *Mishpachah B'Ramah*

Time	Event/Program
8:00-9:30am	Health Screening & Breakfast
9:30-11:00am	Boating on the Lake
11:00-11:45am	Family Art Project
11:45am-12:30pm	Tennis Match
1:00pm	Lunch
2:00-2:45pm	Relax by the Lake/Family Mahjong Game
2:45-3:30pm	Archery Lesson
3:30-4:30pm	Mountain Biking
4:30-5:30pm	Reserved Family Pool Time
5:30-6:15pm	Power Yoga with Certified Instructor
6:30pm	Dinner
7:30pm	Family Campfire & S'mores
9:00pm	Movie Under the Stars



Questions? Please contact us at retreats@ramahdarom.org